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Dear Members :

Namaskaru,

Ganapati bappa bid adieu to us; the ongoing solemn month of pitrupaksha is a time when we remember and pay tribute to our beloved ones who are now at His lotus feet. Very shortly we would be worshipping the different forms of “Shakti” during the month of Navaratri. Diwali, the festival of lights is the next on the list of our celebrations. All in all, this quarter is all about fun and frolic.

We are delighted to inform you that the repairs and renovation of our Kreedha Mandir is done and the new look air-conditioned hall is now available for us to utilize for our events (please see a separate announcement in this edition). We performed the Vastu shanti, Navagraha Homa and Ganahoma as per the guidance of our vaidiks, this was done on the 4th day of the Ganapati festival. Thereafter the Trustees and the Managing Committee members collectively sought blessings from our Maha Ganapati and were blessed to have received His prasadam.

You are aware that the repairs and renovation cost us a big sum of money. However, we are sure that with your philanthropy and magnanimity, we would be able to recoup the money spent from the Sabha's own funds. We make an earnest appeal for donations from you, any amount as per your will would be gratefully accepted.

Our patrons like the Rao family of Evergreen have been supportive by providing light fixtures at discounted rates, the security surveillance system was a donation made by Shri Pramoud Rao, Managing Director of Zicom Security. We are always indebted to them. We expect many more well-wishers to come forward and assist us.

Voice of GSB is our connect with you, the look and feel and the content of which is ever evolving. Each page is available for sponsorship under any given mast head for Rs. 1,000/- only, a line will be inserted on the bottom of such pages indicating your name.

The Bhakti Natya Tarang and Foundation day events were a huge success. There are many events planned in the coming quarter, we request you to participate in large numbers.

Kerala, “God's own Country”, was ravaged by floods earlier this August. So devastating was the impact that 370 people were reported dead and over 700,000 people have been displaced in the wake of this catastrophe. The focus is now shifted to the settle the displaced population. The Sabha made a humble contribution of Rs.50,000/- to HH Sudhindra Thirtha Swamiji Chartiabale Trust, Ambalamedu, Kerala.

We are deeply saddened to report several obituaries in this issue of people closely connected with the Sabha. Among the ones departed, Smt. Sanjivi Bhat, the past President of the Sabha and its Mahila Shaka, was the mainstay of the Sabha for decades. Shri Madhav Kamath, ex Vice President of the Sabha, served in the Managing Committee for more than two decades. We pray for strength to the families to bear with the loss.

The Sabha is for the welfare and well being of the members of our community. We have to look at new and contemporary initiatives which will enable us keep the members interested in the Sabha's activities, hence invite your suggestions.

We are committed to the task entrusted on us and assure that we will continuously strive to deliver better results.

Solicit your support and cooperation.

Thanks and regards,

Laxmikant Prabhu
President

Encourage the artist in your child. Get their talent appreciated by publishing it in VoG's Kid's Zone page. Submit your child's drawing to gsbsabha@gmail.com

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REPORT ON BHAKTI NATYA TARANG PROGRAMME ORGANISED

BY G.S.B.SABHA, MUMBAI

Abhang and Natya sangeet, the cultural flavor of Maharashtra, has travelled far beyond its boundaries. Adoring Pandurang, the deity of Pandarpur, abhangs are sung by varkari sampradaya during their pilgrimage to the temple town.

The third edition of “Bhakti Natya Tarang” organized by the GSB Sabha Mumbai was held on Saturday, 11th August 2018 at the Pracharya B.N.Vaidya Sabhagriha, Dadar, Mumbai.

The event featured two well-known artists from the community, Balchandra Prabhu from Mumbai and Aarti Nayak from Goa. They enthralled the audience with some soul searching bhakti sangeet with a perfect blend of Natya sangeet. The accompanists contributed significantly to the evening's success. Shushant Mallya on tabla and Digambar Sonawane on Pakhavaj excelled in show-casing the rhythms ranging from soothing to exhilarating. Their excellent rapport with harmonium



player, Prasad Kamath, added color to the performance. Ravindra Shenoy brilliantly co-ordinated with the singers with his taal. The audience were captivated by the deep study of the Sants, their abhangs and the meaning explained lucidly in Konkani by comperes, Uday and Bina. Like in the past, Shri Sudhir Nayak helped us with his creative inputs and curated the program.

Saraswat Co-op. Bank sponsored the program; SMS Financial Services, NKGSB Co-op. Bank were the support sponsors. We received support for the venue from Indian Education Society. The refreshing snack was sponsored by

Smt. and Shri Satish Nayak. The program was also financially supported by the members and well wishers of the Sabha. The performance of singers, accompanying artist and the anchors still lingers on.

G.S.B. SABHA, MUMBAI CELEBRATES ITS 84th FOUNDATION DAY

The GSB Sabha, Mumbai was founded on 26th August 1934 with the divine grace and blessings of Parama Pujya Guru Srimad Sukriteendra Tirtha Swamiji of Shree Kashi Math Samsthan, with the vision of being a socio-cultural organization to enhance community well-being. We remain indebted to all those

who started the organization and have carried the mantle of the Sabha's Agenda through these years.

The 84th Foundation day of the Sabha was celebrated on Sunday, 19th August, 2018 at G.S.B. Seva Mandal's Shree Guru Ganesh Prasad, Sion. The Chief Guest for the evening was Mr. Satish Lotlikar, Director, Saraswat Co-op. Bank and Trustee, Indian Education Society.

After the auspicious beginning by the lighting of the lamp, a record no of 109 meritorious students who had excelled in academic studies from S.S.C. onwards were awarded silver medals and certificates, sponsored by Smt. Jayashree Ramesh Shenoy. This was the second year in which the accompanying cash awards were replaced by motivational/self-development books, selected considering the age of the awardee receiving the awards. These felicitations were done from the various endowments received by the Sabha over the years for this purpose.

The V. R. Shenoy Memorial Vidyanidhi Merit Awards were awarded to the toppers from Class I to Class IX from the beneficiaries of the Sabha's Vidyanidhi Fund. From its inception, these awards have been sponsored by Sabha

Trustee, Shri B.T.Mallya,

To encourage and boost the kids who contributed their drawings in the last year to Voice of GSB, the quarterly newsletter of the Sabha, they were felicitated with the GSB Promising Talent Award. Again, these awards have been sponsored by Shri B.T.Mallya since inception.

The Chief Guest in his address put forward the message “It is never too late to learn. Learning is continuous process, but it should be channelized properly. Try to make best out of life.” giving various examples.

In his address the Sabha President, Shri Laxmikant Prabhu, said it is very important to connect with our culture. And he advised the students present there to have right Attitude in their career, growth and life.

The Program concluded with an interactive session by motivational speaker, Shri Yogesh Kamath, which left a lasting impression on all.

Sabha is grateful to G.S.B.Seva Mandal for providing the venue for the program. Mouth watering refreshments were sponsored by Nagesh Rama Nayak's 'Café Mysore'.



REPORT ON G.S.B. SABHA'S MAHILA SHAKHA PROGRAMMES HELD IN THE RECENT PAST

Our Bhajan group participated in Bhajan seva at various places as follows

16-08-2018 and 21-08-2018 : Sri Walkeshwar Kashi Math during Bhajan saptha

17-09-2018 : G.S.B. Seva Mandal at King's Circle on the occasion of Ganesh festival



21-09- 2018 : At Sri Ram Mandir, Wadala Math on the occasion of Ganesh festival



13-08-2018 :

Mahila Shakha organized Shravan Haldi Kum kum on Monday, 13th August at Dwarkanath Bhavan Hall, Sri Wadala Math.

The programme was sponsored by Smt. Sharada Kamath.

A competition was held on 'Best out of Waste'.

The participants exhibited their talent of how best use can be made out of waste materials generated during daily use.

Three prizes were awarded. The first prize was bagged by Smt. Anuradha Kamath. Second prize was bagged by Smt. Surekha Shenoy and the Third prize went to Smt. Chitra Kamath.

The highlight of the programme was a talk by Dr. Sangeeta Pikle, Gynaecologist, Obstetrician.

She addressed to the audience on Common urogynaecological health concerns in senior women.



Dr. Pikle explained the importance of hygiene in women of all ages, the importance of regular health checkups after menopause, importance of mammography after 40 years of age and she also recommended this test to be done once in 5 years. The members present were very much interactive.

The members present were impressed by Dr. Pikle's talk and requested for more sessions by her. The event ended with vote of thanks to Dr. Pikle, judges Smt. Shyamala Acharya and Smt. Aruna Joshi, sponsor Smt. Sharada Kamath and the members present. Light refreshments was provided to the attendees.



G.S.B.SABHA'S MAHILA SHAKHA PRESENTS



Pravachan on 'Devi Mahatme'

By

**Shrimad Bhagavatha Pravachana Samartha
SMT. BHAVANA PRABHU**

Date : 5th and 6th January 2019

(Saturday and Sunday)

Time : 5.30 p.m. to 8 p.m.

**Venue : I.M.Pai Hall, Sujir Gopal Nayak Memorial Kreedha Mandir,
Entrance next to SNT Women's College,
R.A. Kidwai Road, King's Circle, Mumbai 400 019**

All are invited for the Divine experience of Pravachana.

The Mahila Shakha solicits voluntary support from sevadars for the above programme.

Sevadar Amount is Rs. 1000/- per day

Contact : Amita Kini - 9870062476



**G.S.B.SABHA, MUMBAI AND IT'S MAHILA SHAKHA
PRESENTS**

Open to all.....

HASTHILP DIWALI WORKSHOP

Unlock the artist in your child

Friendly environment that encourages learning and creativity

*Hurry up!!!
Join now!!!*



AKASH KANDIL



TORAN



FLOATING DIYA

Age group: 4 to 14 years. Accompanying parents allowed

Fees Rs. 200/- inclusive of materials

Only 30 seats on first come basis

Date: Sunday, 4th November 2018

Time: 2 p.m. - 6.30 p.m.

**Venue: I.M.Pai Hall, Sujir Gopal Nayak Memorial Kreedha Mandir,
Entrance next to SNTD Women's College, R.A.Kidwai Road,
King's Circle, Mumbai-400 019**

Registration for workshop is a must.

Registration open - 15th - 27th October 2018 (Mon to Sat) at Sabha office (4 -7p.m.). Please call on 2408 1499 to register.

For more details contact : Durga Shenoy- M: 97730 52199



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ADHYATMIK PROGRAMME IN ENGLISH ON SUNDAY, 2nd DECEMBER, 2018



Founder Sponsor of this Programme
Late Smt. Sanjivi Bhat, Ex-President of the Sabha

The Programme has been co-sponsored by generous
well-wishers of the Sabha

This year the programme is also supported by the following Sevadars :

Smt. Ranjana & Shri Raghuvveer Prabhu

Smt. Rupa & Shri K. R. Bhakta

Smt. Suman & Shri S. D. Shenoy

Smt. Geeta & Shri Dinesh Bhandarkar

G. S. B. Sabha, Mumbai, is pleased to announce that its Annual Adhyakmik Programme will be held on **Sunday, 2nd December, 2018**, at **I. M. Pai Hall of Sujir Gopal Nayak Memorial Kreedha Mandir, Entrance Next to SNDT Womens College R.A. Kidwai Road, King's Circle, Mumbai 400019.**

Spirituality is the search for a higher experience of ourselves. Experience is the source from which real knowledge begins. Heartfulness is a path to experiencing your inner self.

We have learned so much from so many, both ancient and modern. Yet, upon closing their books or turning off their lectures, we remain the same as we were before. Experience is the gold that backs the currency of knowledge. Without experience, all knowledge stays abstract and hollow. It is not yet OURS.

Heartfulness Meditation is a practical technique that you can use in parallel to any other spiritual approach.

Shri Tushar Pradhan, CIO, HSBC Asset Management Company and Zonal Coordinator, Heartfulness will address the audience on the subject "**Need for Spirituality in Modern Day Life**"

The programme schedule is as under :

- | | | |
|-------------------|---|------------------------------------|
| 6.00 to 6.30 p.m. | - | Bhajans by Mahila Shakha Members |
| 6.30 p.m. onwards | - | a. Welcome |
| | | b. Introduction of Speaker |
| | | c. Address by Shri Tushar Pradhan. |
| | | d. Question & Answer Session |
| | | e. Prasad Vitarana |

Please come with your family and friends to experience the beneficial BLISS of this programme. There is no prior registration. All are cordially invited.

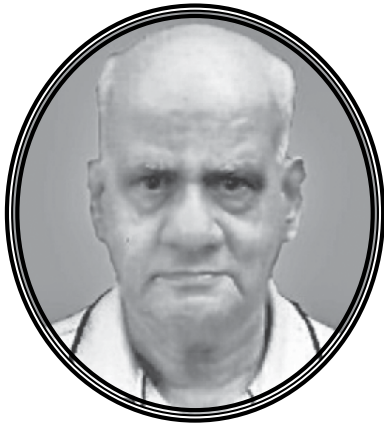
Mumbai
21.09.2018

Laxmikant T Prabhu
President
9820316495

Ajita Kini
Programme Convenor
9819599412

You too can help the Sabha by becoming a Sevardar for this programme

V. R. SHENOY MEMORIAL INTER G.S.B. CRICKET TOURNAMENT



The Sports Club of G.S.B. Sabha, Mumbai, is pleased to announce the 9th edition of its “**V. R. Shenoy Memorial Inter G.S.B. Cricket Tournament**”. The tournament will be held on Sunday, 16th December, 2018 at GSB Sabha’s Sports Club Grounds, Entrance next to SNTD Women’s College, R.A. Kidwai Road, King’s Circle, Mumbai – 400 019

The Sabha conducts this annual tournament in memory of its ex-Vice President, **Shri V. R. Shenoy**, who had served in the Managing Committee of the Sabha in several capacities from the 90’s till his demise in 2010.

The Sabha is grateful to Smt. Sadhana and Shri Sunil Shenoy, s/o Late Shri V. R. Shenoy, for the financial support received for this activity.

G.S.B. Organizations are requested to send the confirmation of their participation by sending an e-mail to gsbsabha@gmail.com or contacting Sabha’s Sports Convenor, Shri Bharat Kini (93222 51244). The cricket team has to be nominated by a GSB organization. Participation fees Rs. 500/- per team.

Inauguration will be at 9.00 a.m. There will be a prize distribution function in the evening.

Mumbai
27th September, 2018

Shri Bharat Kini
93222 51244
Sports Convenor

G.S.B. SABHA, Mumbai Organises

Mumbai Fort Heritage walk

It is said that every stone has a story.. come let’s hear what they have to say



Although the Gateway of India is the symbol of Mumbai the Victoria Terminus station building (now CST) is one of the most photographed buildings in Mumbai Why are stars painted on the ceiling of the ticket booking counter of the CST station?

Which was the first building to be lit externally by electrical bulbs and what was the occasion?

How does the Rajabai tower differ from any clock tower build by the British?

What foresight did F W Stevens and other town planners have when they designed Primis Urbs ?

Many more facts stories and myths are associated with this neo classical European part of Mumbai Join us on a cool Sunday morning walk down the Heritage mile

And listen to the stories narrated by the stones of these magnificent buildings

When : Sunday, 13th January, 2019
Duration : 7.10. A.M to 9.10. A.M
Meeting Time and Point : 7 A.M. at CST Station Entrance

❖ **Recommended gear:**
Comfortable sneakers, Cap, Water bottle, A packet of biscuits, A small packet of Glucose

❖ **Eligibility : Open to all.**
Participants : 10 years and above. Physically fit and should be able to walk 3-4 km
All participants are requested to have a light breakfast before joining at the meeting point.

❖ **Prior registration for Heritage walk is compulsory**
For registration call GSB Sabha office, contact: 022 24081499, (Mon-Sat, Between 5-7 pm)
Or mail subhasrao@gmail.com
Registration closes on 11th January 2019 (7 pm)

**GSB Sabha, Mumbai In Collaboration With Scrabble Association Of India
Organising A**

SCRABBLE WORKSHOP

(age group 8 to 13 years)

Only 20 seats !!!!

Workshop Will Be Conducted by

Shri. Ashok Bhandarkar
President, Scrabble Association of India

On Sunday, 09th Dec 2018

From 11am To 1 pm. (Reporting time 10.45 am)

At I.M.Pai Hall Of Sujir Gopal Nayak Memorial Kreedha Mandir, Entrance next to
SNDT Women's College, R.A.Kidwai Road, King's Circle, Mumbai 400019.

Let us reduce Screen Addiction and Help Develop Hobbies for Young Minds. Scrabble not only increases Vocabulary and Word Power but also helps improve Analytical Skills and Sharpens Mathematical Ability. Workshop for Children from Age **Group 8 To 13 Years**. Basics of The Game Will Be Explained Along with Rules of Tournaments.

Children Have to Be Accompanied by at Least One Parent.

Scrabble Kits for The Workshop Will Be Provided by The Scrabble Association.

(If you have Scrabble boards and tiles you can get them along)

Refreshments will be served at the end of the event.

Workshop Is Free but Registration Is Compulsory.

Last Date for Registration Is 02 Dec 2018. Only 20 Seats Available, So Hurry!!!!!!

Kindly Call Bina Shenoy On 98205 07690 and Book you Seat Now.

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G.S.B. SABHA'S MAHILA SHAKHA FUTURE PROGRAMMES

Date	Programme	Time	Venue
Friday 12/10/2018	Navratri Haldi Kumkum Sponsored by Smt. Varsha Rao Light music by Kum. Shivani Gaitonde	4:00 PM	I. M. Pai Hall, Kreedha Mandir
Sunday 28/10/2018	PARICHAY' - 71st get together of eligible Boys & Girls with their parents Sponsored by Shri Ramesh Kamath	3.30 PM	Dahisar Sri Kashi Math 317-B Sri Sudhindra Nagar, Dahisar (E),
Sunday 04/11/2018	"HASTSHILP" Diwali workshop for children age 4 to 14yrs For more details see the circular printed on pg. no. 4	2 to 6.30 PM	I. M. Pai Hall, Kreedha Mandir
Sunday 25/11/2018	Bhajan Competition	4:00 PM	I. M. Pai Hall, Kreedha Mandir
Friday 07/12/2018	Annual Get together Sponsored by Smt. Kripa Kamath in memory of her Mother, Late Smt. Vatsala Shenoy, past President of Mahila Shakha. Cookery Competition Cash Prizes, sponsored by Smt. Bina Shenoy, in memory of her Mother, Late Smt. Kishori T. Prabhu Any type of savoury with main ingredient as BREAD (any bread) Entry should reach hall by 3.30 PM Variety Entertainment	4:00 PM	I. M. Pai Hall, Kreedha Mandir
Sat & Sun 05/01/2019 06/01/2019	Devi Mahatme Pravachan By Smt. Bhavana Prabhu For more details see the circular printed on pg no. 3	5.30 PM	I. M. Pai Hall, Kreedha Mandir

All are invited for the programmes.

Bhajan classes are held at the Sabha office. Please contact Sabha office for details

Marriage Information meetings are held at Sabha's office on 2nd and 4th Saturday of every month between 4:00 pm and 6:00 p.m.

Mahila Shakha gives marriage assistance to the needy. We need your assistance to help them better

Donations are gratefully accepted

Smt. Durga C. Shenoy
President

Smt. Bina Shenoy & Smt. Amita Kini
Jt. Hon Secretaries




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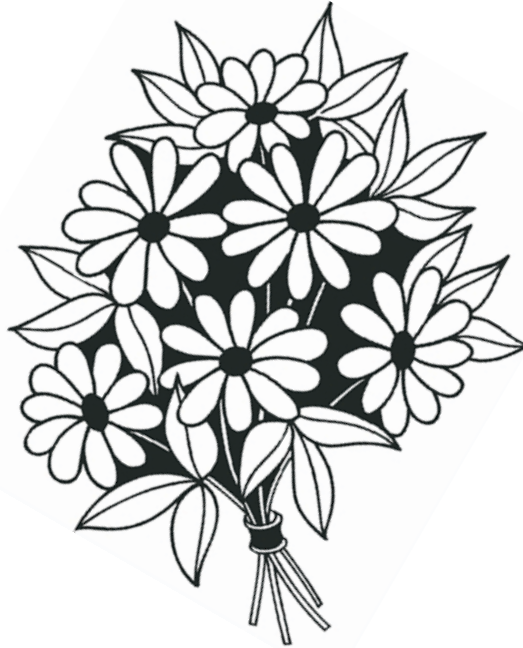
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Common Platform for all GSB Institutions.	Matrimonial Page – A place for Marriage Alliances
Single source of Community information	Job Portal – Post Resumes & Career Opportunities
	Online Seva Booking for poojas, sevas, donations etc across Sabhas / Institution

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A Dream Come True - Badri Yatra

Badri yatra was always an attraction and we were delighted to be a part of this spiritual yatra. The credit for this yatra goes to our ever active G.S.B Seva Mandal, Sion.

Our Yatra took off on 18th of June with a mighty 750 pilgrims accommodated in AC Coaches of one train from LTT. Train journey of 30 hours flew with blink of an eye as we were engrossed in groups conducting vyasopasana & Bhajans throughout. Variety of food and snacks were served during the journey .

On 19th afternoon we reached Haridwar. 22 buses took us to the Kachhi Ashram where our stay arrangements were made. All yatris visited the divine Shri Ved Vyasa Mandir and also offered prayers to Samadhi Mandir of HH Srimad Sudhindra Teerth Swamij. Though it was a rest day some of us went to witness Grand Ganga Aarti in the evening. What a beautiful sight! Starry sky casting a reflection on our pure and pristine Ganga Maiyya. Amidst the chaos created by Taals and Damrus all of us found peace.

On the 20th at 3 a.m all of us gathered at the gate waiting for the bus with our luggage and enthusiasm to start our Badrinath Yatra. The travel of around 12 hours was spent playing anthakshari and singing bhajans to avoid checking out dreadful curves and narrow roads. We could see much improvement in roads under the government's CHAR DHAM Project. This made us think how difficult it would have been for HH Sudhindra Teerth Swamiji when the Badri Kashi Math was being built. The entire journey was comfortable as packed food and water was provided. Just when we crossed Joshi Math most of us found the chill unbearable. The temperature dipped and out came the soft sweaters, colourful shawls and monkey caps. On reaching our destination each of us were allocated rooms on sharing basis. What impeccable arrangements by GSB Seva Mandal!

From our rooms we had fabulous view of Badrinath Mandir and a snow clad mountain which turned golden at sun rise. We had opportunity to bathe in Taptakund near the temple .

In Kashi math precincts, Bhagwat Saphaha was arranged every morning followed by Upasana and Madhyana Pooja. We were blessed to listen to pravachan of our HH Samyameendra Thirtha Swamiji in the evening .

The Next day evening procession of our HH Swamiji with devotees was taken to Shri Badrinath Temple. The roads were full of GSB Yatris waving our flag and chanting "JAI JAI GURU MAHARAJ" and "JAI BADRI VISHAL". In the evening at Bhagwat saphah Lord Krishna was rocked in a decorated cradle and Shree Krishna Janmashtami was held with religious fervour and enthusiasm. Bhajans were sung in praise of LORD KRISHNA.

On the following day again a procession with nagar bhajan was carried to Badrinath Temple.

All of us were blessed to witness SWAMI and DEV together in the temple premise during these two days.

Only two more days were left to explore and enjoy the scenic beauty of town of Badri. Few of us hiked to Charan Paduka, a rock having foot impression of Lord Vishnu – referred in Bhagwat Puran.

Also visited India's Last village – MANA village and had a refreshing cup of tea at India's Last Tea Shop. Further we offered prayers at Ganesh temple and Ved Vyas Gufa, the place where Ved Vyas had composed Mahabharata epic with Lord Ganesh's help. He also composed 18 puranas , Brahma sutras and four Vedas. Further down we walked towards Bhim Pul to experience a spectacular and breath-taking sight of the Saraswati River gushing elegantly to confluence with River Alaknanda. On returning to our math the Bhagwat saphah concluded and devotees were blessed with Phalmantrakshad and Badri Yatra Momento from HH Srimad Samyameendra Thirtha Swamiji.

The following morning with heavy heart and contended minds we left Badri for Haridwar to further proceed to our karma bhumi Mumbai. The way our bus captains manoeuvred the vehicle so deftly around the bends and sharp curves was really creditworthy.

On the last day of our yatra we went for a dip at the Holy Ganga flowing behind our Haridwar Kashi math and were delighted and happy. We also offered Pooja to Ved Vyasa temple and Samadhi Mandir of our HH Sudhindra Thirth Swamiji and prayed for safe return of all the yatris to Mumbai. Repacking our bags for return was indeed the most difficult part of this yatra.

We relished our return train journey with sweet memories of days spent at Badrinath and Haridwar .

I shall fail in my duty if I do not thank those who cooked variety of food round the clock, the Gadis and volunteers who ensured that there was no chaos despite the number rising to a mammoth 1500, Delhi Kashi Math for providing meal for train journey. All the Yatris enjoyed every minute of their stay as GSB Seva Mandal left no stone unturned in their arrangements.

To commemorate our Yatra, Hari Seva of Badri Yatris was held on 8th July at Shri Guru Ganesh Prasad, Sion to seek Hari Guru's blessings. This was a fitting finale to the most fascinating and spiritual yaatra that we ever had.



By Shradha Acharya

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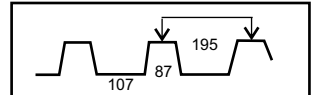
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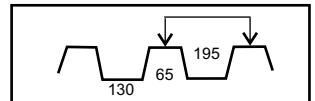
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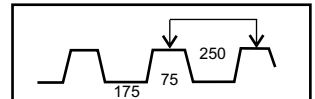
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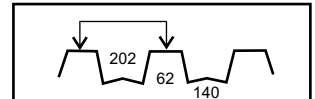
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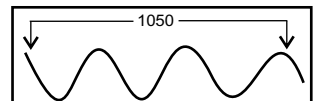
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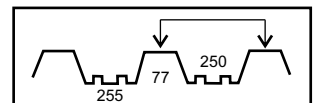
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SHRI VENKATARAMANA TEMPLE, MULKI

Reconstruction & Reinstallation Programmes

Report by K.G.Mallya



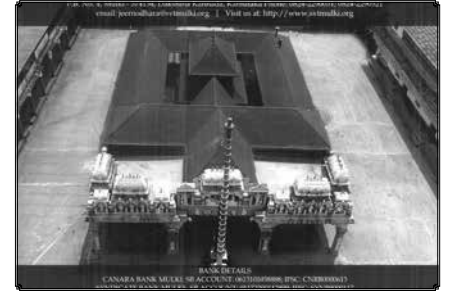
With great pleasure, we learn that the centuries old Shri Venkataramana Temple Mulki, which has two Principal Deities—Lord Shri Venkataramana and Lord Shri Narasimha and also the Procession

Deity, Lord Shri Bindu Madhava besides Lord Shri Vithal, the first deity of the Temple, has decided to reconstruct the temple and also to have the Reinstallation Ceremony on a grand scale in the near future. The temple has two major festivals 1. Annual Chariot Festival on Shri Rama Navami Day and 2. Pratishtha Poornima in the month of Margasheersa, the day on which Lord Narasimha was installed in Mulki in the year 1569 A.D. by H.H.Shrimat Vijayendra Tirth Swamiji, the founder of Shri Kashi Math. This Poornima Festival is a great annual event with the ‘abhishekam’ of tender-coconuts in hundreds to Lord Narasimha. Year after year around 40,000 devotees participate in the 24 hours programme—during the day time ‘abhishekam’, and the whole night car-festival with other sevas like music, dance and playing musical instruments sending out auspicious tunes and also Vedic Chants. Besides these, Shri Kashi Math Swamijis in the pontifical lineage of Shri Kashi Math from time to time, actively participate in the programme and bless all. The reigning pontiff is Shrimat Samyameendra Tirth Swamiji who has kindly blessed the Temple Administration to go ahead with the twin programmes of Renovation and Reinstallation.

The Temple has recently brought out a beautiful book-let giving in nut-shell history of Mulki Township also known as ‘Vola Lanka’ dating back to Ramayana especially the Battle of Lanka when Hanuman carried from the Himalayan Mountain, the peak with the ‘Sanjivini herb’—the rare medicine to bring back to life (especially Laxman).

The book-let also gives in brief meritorious and unique ‘sevas’ rendered by Shri Kashi Math Swamijis from time to time from

the beginning of the Temple. As per the records as stated in the book-let during the reign of H.H.Shrimat Vibhudendra Tirth Swamiji (14th in the pontifical lineage) in the year 1833 and H.H.Shrimat Sukrateendra Tirth Swamiji (19th Swamiji), in the year 1936, the renovation of the Temple had taken place. Then all the holy idols in the Temple being worshipped three times a day have their own back-ground and interesting legends connected with their choosing Mulki Temple in particular as their abode. Mulki temple is also noted for divine oracle, which is otherwise known as ‘darshan’, weekly thrice when devotees can tell their problems and difficulties and seek solution and guidance. The oracle is in existence for more than 200 years (And it is Kalabhairava, the Guardian Deity of Kashi but revealed in Tirupati to one of the devotees from Mulki).



The Temple is running an English Medium High School by the name, Shri Vyasa Maharshi Vidya Peetha and also Shri Vyasa Maharshi Veda Patha Shaala with a grand library of books. There is also every day free meals scheme for the students and devotees visiting the Temple. We also observe from the book-let that various committees have been constituted to look after every aspect of Renovation and Reconstruction and also Reinstallation Ceremony. The Temple also seeks guidance and benedictions from their Preceptor, H.H.Shrimat Samyameendra Tirth Swamiji from time to time.

Now let us wait for the day of commencement of Reconstruction Work and so also the day and date of Reinstallation which will be a great and rare occasion for the devotees to remember forever and also to win the grace of the deities.

Address of the Temple: Shri Venkataramana Temple, PB No.4, Mulki-574154,
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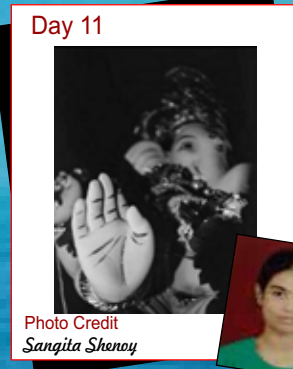
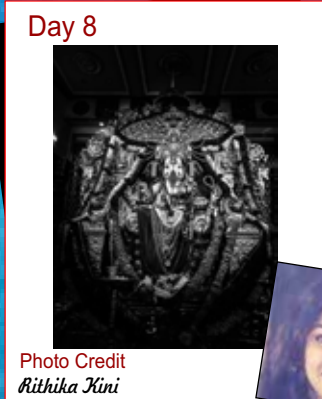
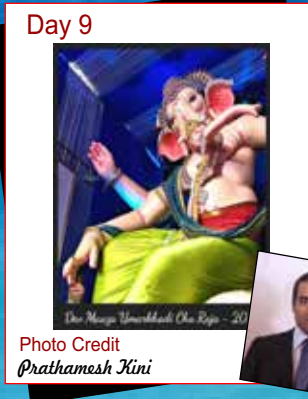
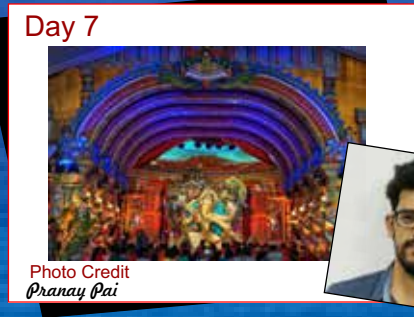
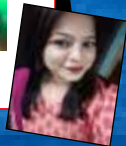


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Are you ready for MCL ?



The stage is all set for an exhilarating and most exciting event everyone has been waiting for - The 1st edition of Natural's Mumbai Champion's League (MCL). MCL is expected to be by far the highest honour in GSB cricket.

We are proud to announce the event with Title sponsor by our very own Shri. Raghunandan Kamath - Natural's Ice-creams.

This massive tournament would see 8 men's team battling it out for the coveted title. In addition, there would be Ladies Team participating.

Teams have registered not only from India but from around the globe. NRI GSBs will be seen padding up and taking guard at the Natural's Mumbai Champion's League.

No event is successful without the home support and the MCL would see 250+ volunteers making the event a significant one. The tournament would be played similar to IPL format. The build-up to this exciting and interesting league started with the team registration that closed on the 30th of September 2018. Next will come the players auction that is expected see 250+ players from around the globe go under the hammer on 11th November, 2018. Further build-up includes the Jersey launch of all the eight men's teams that is expected to be witnessed by many guests, players and franchise owners.

The MCL is all set to go on floors coming 19th and 20th January, 2019 at the Rajiv Gandhi Stadium, CBD Belapur, Navi Mumbai.

We appeal to one and all to come on board and be a part of this special and high-octane league called the Mumbai Champion's League.

WE ARE READY FOR MCL. ARE YOU ?

A True Friend Indeed - BOOKS

A tranquil afternoon, a coffee mug in hand and a masterpiece by a great author brings immense joy and delight. Books have always been a part of my childhood. I would spend most of my time relishing Uncle Pai's Amar Chitra Katha and Tinkle comics. Reading ACK's wonderful tales left an indelible mark on my life. Our English teacher would always encourage us to read books which would enrich our knowledge and gift us with eloquence in writing. From PRIDE AND PREJUDICE by Jane Austen to HEIDI by Johanna Spyri, I was intrigued by such marvellous novels. Oh! What joy it brings to read classics by Hans Christian Andersen on fairies, gypsies, giants, swans, princesses and an imaginary world never seen before. And do not forget to fall down the rabbit's hole to see the dreamer's paradise in ALICE IN WONDERLAND or wander through the Arabian deserts in search of the treasure in THE ALCHEMIST. A book in hand would take you around the globe with your imagination. The words of wisdom written centuries ago in our own motherland made me realise how rich our country's culture as well as literature was. Arthashastra written by Chanakya (Kautilya) still inspires modern day economists. Abhangs written by the transcendental Sanths like Jnaneshwar, Tukaram and Tulsidas still make devotees of the Lord fill with extreme devotion and love. Reading ancient scriptures such as Puranas and The Bhagvada Gita instilled in me a profound respect for our heritage, the land of Bharatha, named after the son of Shakuntala. Books are oceans of knowledge so deep, their depth is immeasurable. So I advise you to get acquainted with one of the greatest friends, our dear books.

***By Mridula Bhat,
STD X***



(This article is in continuation of the series by school going young minds. If your child is a writer , kindly send his/her article on our email address. We shall be proud to print it.Sabha's decision to print will be final.)

They make us proud - The GSB Legends Series

May They Live On—P. Ramanath Nayak and Saraswati Nayak

by Lakshmi Nayak

“I have thought about your life, and you have never bent your back to anybody. You have always held your head high.” So spoke a friend about Mr. P.R. Nayak near the end of his life, a compliment he appreciated and repeated to me, his granddaughter. I was lucky enough to get to know him and my grandmother as a person as well as grandparents when I spent my 16th year listening to stories told by Ajja and Anamma. Years later, thinking about them brings back those stories and refreshes them again.

Ajja, Pungal Ramanath Nayak, was born on 29 March, 1911 during British-era India. He died in 1988 at the age of 78 years. He lived through the Independence movement, World War Two, Partition, and the work of managing a new India after the excitement and turmoil of its creation. He had an interesting perspective on all of this being in the Indian Civil Service, rising to positions of great responsibility.

Anamma, Saraswati Rao, lived from 3 July, 1915 to 1991. She was an amazing woman with a keen mind, a sense of humor, a love of cultivating both gardens and family and deep strength. She met Ramanath Nayak, her older brother's best friend; the two men had studied together and sat for the Civil Service exam at the same time in Great Britain. Anamma met the challenges of living through the same momentous times while managing government households in different cities, raising three strong children and nurturing their interests, maintaining strong connections to family all over the country and welcoming and interacting with people from different cultures and religions. She planted something in each new place they lived. When once asked why, since she wouldn't be there long enough to see it flower, replied that her successors would benefit. She was fluent in several languages. Despite all this she always felt her lack of formal schooling, for she had been tutored at home as a child.

During his career, Ajja was Municipal Commissioner of Bombay (as it was known then), the first Municipal Commissioner of New Delhi and Secretary for the Ministry of Petroleum. He played a huge role in creating a modern petrochemical industry in India, including establishing

refineries at Guwahati, Barauni, Cochin, Gujarat, Madras and Haldia, as well as many fertilizer and chemicals factories.

He worked in Sind before it became Pakistan, and later with Partition refugees, both Hindu and Muslim. One night in Delhi, during the height of the troubles, he heard that an ICS colleague and friend, who was Muslim, might be attacked in his house that night. So he went to see the Defence Minister, managed to get a couple of armed soldiers, and went to spend the night at his friend's house. The friend remained safe.

In Bombay, he modernized the water supply by connecting the city to Lake Vaitarna through a new pipeline, making running tap water widely available. He commissioned the creation of Kamala Nehru Park on Malabar Hill. He came up with innovative schemes for fighting the bubonic plague, started departments of Neurosurgery at the G.S. Medical College and the K.E.M. Hospital and supported creation of the first Occupational Therapy center in India.

One of his proudest accomplishments was supporting development of a municipal resettlement camp into a township with streets, electricity, schools, health services, water and sanitary services. Over time, its citizens built bigger and better houses, hospitals, and schools. It grew into a township of about 30,000 people, called Mankhurd. He was devastated when, 20 years later, the Supreme Court decided that the Atomic Energy Commission had more of a right to the land than the people who had lived and worked there. He fought for them in court, but to no avail.

In a speech made to the Udipi Rotary Club in 1984, Ajja said, “I have found in my life that, however blessed one may be, there are always sunlight and shadow, mountains and valleys, honour and dishonour, praise and discredit, friend and foe. ... There have been for me, moments of great elation and equally great dejection. ... The test of an individual is in the way he reacts to dishonour, discredit, enmity, rejection.” He knew that he had always acted with honour, and that his actions matched his words. To those who knew him – his family, community, and esteemed colleagues – he was “a man of great integrity,”



as one of his younger brothers said of him. All three of his younger brothers followed him into the Indian Civil Service or Indian Administrative Service. One of his sisters married an ICS officer and all had a reputation for honesty and incorruptibility.

When he retired from the ICS, Ajja helped the Gokarn Parthagali Mutt to sort out its finances and find land in Mumbai for the Dwarakanath Bhavan in Wadala. He also organised the building of Dwarakanath Bhavan in Basavanagudi, Bangalore. He and Anamma were both firm believers in education and so the family established endowment at the GSB Scholarship League, "In revered memory of Late Shri. Pangal Ramanath Nayak and Late Smt. Saraswati Nayak".

To my modern eyes he was sometimes patriarchal and autocratic, caught in the behavioral patterns of his times, but I could see that Ajja respected his wife and believed in his children, Narayan Nayak, Ranganath Nayak, and Maya Kamath. He was a supportive brother and uncle to his eight siblings, nieces and nephews and loved his grandchildren. As a parent and an ICS officer he always demanded the best performance in school and at work from his children and from himself. After retirement; with his grandchildren, he

was able to let his sense of humor come out to play. He had long conversations with us in made-up languages, listened to music, told stories, and to our delight, waggled his dentures on his tongue as a special treat. He liked when I occasionally made scones for tea, calling them one of the only good items of British cooking.

P. Ramanath Nayak and Saraswati Nayak are no longer with us, yet the values they lived by live on through us. Perhaps we can follow their example by standing up for local citizens who take pride in the civic infrastructure of their neighborhood and by supporting their efforts to stand up to richer or more powerful interests. We can encourage conversations and friendships between peoples of different religious and economic backgrounds. We can nurture our families, communities and the physical environment around us. We can be proud of children when they work hard, and believe in the power of education and learning, both in and out of school. We can plant a tree for those who will come after us.

Through it all, we can strive to be people of integrity and service to others.

Ajja and Anamma, I miss you. May your memories and legacies live on.

Editors Note : Shri P. R. Nayak, then Municipal Commissioner of Greater Bombay, was the President of the inauguration function of our original Sports Club held on 27-05-1956

Our Achiever - Veena Adige

Dr Veena Adige, wife of Mohandas Adige and daughter of late Sushila Mallya, presented a paper at the United Nations in March 2018 during the two week long seminar on CSW (Commission on the Status of Women). About five thousand women from all over the world attended the conference.

On her return, the Zoroastrian College felicitated her in the presence of Industrialist Sir Ratan Tata on April 21 at the Russian Centre for Science and Culture at Peddar Road in Mumbai. Dr Veena Adige then presented Sir Ratan Tata her book, 'The Legacy of Baba Amte'.



Her paper was on "Challenges and Opportunities in achieving gender equality and empowerment of rural women and girls" based on girl students of Ram Krishnaa Academy run by Vidhyadhiraj Charitable Trust at Panvel. During the seminar she interacted with many interesting women like the Queen Mother Dr. Delois N. Blakely of African origin, mayor of Harlem in New York, who had come to the United Nations seminars for the forty ninth time and many others.



By Uday V. Malya

Noted theatre artiste, recipient of Sabha's GSB Talent Recognition Award in 2012 and doctorate in cancer research, Dr. Chandrashekhhar N. Shenoy, was in conversation with our Uday V. Malya. Excerpts are reproduced below.

Q : Where were you born ? Please share with us some childhood memories ?

A : I was born in 1946 at Mangalore. Our house was located in Wagh Compound located near Flower Market opp. Venkataramana Temple. There is an interesting anecdote connected to the name of this compound. It is said that a tiger had once come and sat in the compound and a child of the family owning the property was happily playing with it. The family members got concerned and offered prayers to Sri Venkataramana after which the tiger went away and the family decided to name the compound as Wagh Compound which name has stayed since then.

I was the youngest sibling among the three sons and one daughter of my parents. We migrated to Mumbai when I was 3 ½ years old and started staying at Ghatkopar. My schooling happened in a Marathi medium school. I remember that in those days, I used to attend the Kirtan performances during Ram Navami. I used to imitate the Kirtankar the next day to a rapt audience of my family and neighbours. The acting bug had bit at a young age.

At Ghatkopar, one of our neighbours was working in theatre and, during our vacations, we used to accompany him to his drama rehearsals. This gave me an opportunity to watch plays in those days.

Q : Please tell us something about your college education ?

A : I took up Science at Somaiya College. After two years, I shifted to St. Xaviers College as they were offering microbiology which I wanted to take up. I remember Vice Principal Pereira, who used to talk to me in Konkani.

After graduating, I did my doctoral degree from Cancer Research Institute, Tata Memorial Centre in Mumbai.

Q : How did the interaction with theatre begin ?

A : My friend and myself used to travel by train together from home to college and back. This friend landed a role in a Marathi play being staged in the college, "Dinuchya Sasubai – Radhabai", a slapstick comedy written by Baban Prabhu. I used to sit through the rehearsals, waiting for my friend to get free. It so happened that they were still looking out for one actor. The director, Shri Mukund Kothare, thought he will try me out and recited some dialogues which he asked me to repeat. I must have done a pretty good job, thanks to my "kirtankar" imitations at childhood. I was selected for the part. And my theatre life began.

Q : How were you introduced to Theatre Unit ? How was the experience?

A : I had begun to regularly take part in college plays. Chitra Palekar was part of our group and she was also part of Theatre

Unit, the modern theatre group founded by Padmashree Ebrahim Alkazi and which was under the leadership of veteran theatre personality and doyen of modern theatre, Pandit Satyadev Dubey, at that time. Once, Pandit Satyadev Dubey came to one of our performances at the inter collegiate competitions and after watching me perform, called me over. In Theatre Unit, I worked with noted theatre personalities like Pandit Satyadev Dubey, Amrish Puri, Amol Palekar, Naseeruddin Shah, Sulabha Deshpande, Sunila Pradhan, Dr. Shreeram Lagu, Deepa Shreeram, Chitra Palekar, Mohan Bhandari, Rohini Hattangadi, Nina and Dilip Kulkarni, Anant Nag and many others.

I also used the opportunity to learn various techniques associated with theatre. I used to work as assistant to experts of various fields such as sound, lighting etc. so that I could also learn that aspect.



Theatre Unit used to present plays in English, Hindi and Marathi. Interacting with these personalities was an amazing and great learning experience.

Q : You worked on several memorable projects. Can you give details of some of them?

A : Theatre Unit production, Vallhabhpurchi Dantakatha, in which I acted was adjudged the best play in Maharashtra State Competition in 1970. Samagra Manthan, a play directed by me for India Cultural League, topped the zone and entered finals of in Maharashtra state competition in 1979.

I had the privilege to associate in plays like Hayavadan written by Girish Karnad, perform in plays like Evum Indrajit written by Badal Sarkar and Andha Yug written by Dharmavir Bharati.

We presented a path-breaking innovative play Anusthan, which was a complete physical play in the sense that there were no props on the stage and everything had to be conveyed to the audience through physical movements and formations only. We staged 18 shows and this play, which I co-directed with Pt. Satyadev Dubey was critically acclaimed as one of the best plays of that time.

Q : Any unforgettable memories of that time ?

In the 70's, we went to Delhi to present Andha Yug, a verse play in Hindi based on the last few days of the Mahabharata war written by Dharmavir Bharati and directed by Satyadev Dubey. I was acting as Dhritarashtra in this play along with noted actors such as Amrish Puri, Naseeruddin Shah, Mohan Bhandari and others. There was tremendous interest for this play, but only two shows were to be staged. I remember that even the rehearsal was in front of a large audience.

On the date of staging, there was a pandemonium outside the auditorium as a huge crowd had gathered which wanted to watch the play. The show was already houseful. The curtains opened and I had to deliver the first lines with which the play began. And before I could begin, there was a huge sound of audience gate crashing and coming in through the doors and occupying the aisle and whatever place they could get. There was complete chaos. We were all stunned. As Dhritarashtra,

I was seeing (but not supposed to see) all this disarray and had to decide on what to do. I made a split second decision and started delivering my opening lines in a loud voice. This had an effect on the audience which settled down and the play was staged without any glitches.

Q : How did the association with Konkani theatre begin ?

Kasargod Gopinath Kamath (Gopi-maam) used to come and watch my plays. He used to always meet me and suggest that I should work for Konkani theatre. During the Digvijay procession of H H Shrimad Sudhindra Tirtha Swamiji, it was suggested that a Konkani drama should be staged. I wrote the play, Dharmakshetre Kurukshetre. I remember H H sitting through the entire play and speaking about it at the end and suggesting that more shows of the play should be staged. I was also approached by Ulhas Kamat of Konkani Triveni Kala Sangam, Mumbai, to work in this direction for the propagation of the mother tongue. After careful thought, I decided to take up Konkani theatre.

Q : Among other Konkani theatre personalities, you have worked closely with Late Shri K G Kamath, who was closely associated with the Sabha and was also its ex-President. Can you share some memories?

A : Gopi-maam was soft-spoken, humble and modest. He wrote plays across various themes and all the songs in his play were also written and sung by him. One play which



I can mention about is “Vanchu Ki Moru ?”, an experimental play on inferiority complex.

After his demise, we staged two of his plays as a homage to him, “Satyam Vada

Dharmam Chara”, with the theme of power struggles in temples and “Vilayati Vharetu”, with the theme of how family ego can destroy a young talented girls life.

I have been privileged to receive the scripts of all his plays which have been given to me by his family.

Q : You once told me about unknown personalities like Shri R D Kamath who also contributed to Konkani theatre ?

A : Shri R D Kamath was the canteen contractor of NKES Kannada School at Wadala. He used to write scripts of plays on the batata vada wrapping paper and used to show it to the artistes who used to visit his school for rehearsals. Once he watched the play, “Saturn Never Sleeps”, based on the book of the same name written by Pearl S. Buck. He translated it into Konkani as “Saitanaka needa na”. He was an extremely talented script writer, but unfortunately his scripts were not preserved and are not available now. I happened to come across one of his scripts and staged the play “Bukul Sanyasi” based on the same.

Q : You have directed several Konkani plays. Which are the ones which stand out as notable in your perspective and why?

A : “Nandadeep”, a Konkani play directed by me based on the very popular Marathi play, “Diva Jalu De Saari Raat”, written by Madhusudan Kalelkar, entered the Limca Book of Records on staging 50 shows. The play emphasized the importance of personal bonds in this technology age.

Another of my plays which is dear to me is “Kanchanmrug Kanchanmrug” written by Vasant Nadkarni. This was a Sangeet Natak with Sanskritized and ornamental Konkani on the theme of women empowerment with Ramayana as the background.

Q : You have recently started a cultural initiative at Dahisar Sri Kashi Math called Guru Krupa Kala Rang. Can you tell us something about the same?

A : Blessed and named by H.H. Shrimad Samyamindra Thirtha Swamiji, Mathadipati of Shree Kashi Math Samsthan, and with the whole-hearted support of Dahisar Sri Kashi Math (DSKM), this Culture Centre has been started as the 10th project of DSKM. We are presenting 4 art forms, Yakshagana, Music, Dance and theatre and intend to present performances, conduct workshops and hold lecture demonstrations. We want to give opportunities to our talent, especially residing in the Western Suburbs from Andheri to Dahisar.

Q : In your perspective, what is the present status of Konkani theatre ? What more needs to be done?

A : I feel that quality of the plays being presented in Konkani theatre needs to be improved. Most of the plays are in the slapstick comedy genre, other genres need to be experimented with. I strongly recommend that the people associated with theatre attend workshops to hone their various talents. We don't have archival records of our plays. All plays need to be archived, recorded or documented. I have approached Vishwa Konkani Kendra with this proposal and hopefully, we will get this done.

Q : You have been very passionate about preservation and propagation of the Konkani language. What more can be done in this direction?

A : Learning to speak in the mother tongue is very important for a child's overall development. Being fluent in the mother tongue, which is also known as the native language, benefits the child in many ways. It connects him to his culture, ensures better cognitive development, and aids in the learning of other languages.

There are several virtues of Konkani language. It is older than Marathi. It is a misconception to emphasize the lack of a script as a drawback of the Konkani language. We should remember that language is an expression and languages adapt scripts. Even Hindi and Marathi languages use the Devanagari script, English uses the Latin script. Konkani language is expressed in both the Kannada and Devanagari scripts. There are several books written in the Konkani language using the Devanagari or Kannada scripts. These are important mediums available for the propagation of the language, and should be catalogued and preserved for posterity.

Theatre is a medium from which a maximum set of people (audience) can be exposed to a language at the same point of time.

Q : Any message for the youth?

A : I would encourage the youth to have association with any art form. It is proven that association with arts enriches our hearts and souls to help us be better creative problem solvers in the issues we face in our daily lives.

And please maintain the touch with Konkani, our mother tongue.



(7-9-1930 - 18-9-2018)

A Tribute to Shri Madhav Venkatraman Kamath

Popularly known as Madhav Maam. He served 30 years for Duke's company in Chembur and lived in Shree Saraswati Society. He was the President of the Saraswati Society's Ganesh Utsav Committee. He was a strict disciplinarian and was actively associated with Janapriya Yakshgana Samiti and played the roles of Hanuman, Karna, Dronacharya, Laxman etc.

He was famous for his role as Shiva, Garuda, Ishwar, Parshuram and Varaha Avatar. He was also proficeint in make-up and hair styling and loved dressing up the artists. Madhav maam was felicitated in the year 2013 with GSB Talent Recognition Award during the Gudi Padva Sneha Milan held in that year for his association with Yakshagana.

Madhav Maam was a Member of the GSB Sabha's Managing Committee for over two decades

Madhav Maam was very good in cooking tasty Amchigele dishes. He was married to Smt Snehalata Kamath who passed away 18 years ago. He is survived by his children Smt Shobha Mallya, Shri Satish Kamath, Dr Meena Prabhu, Shri Manohar Kamath, Shri Murlidhar Kamath and Smt Nandini Telang..

Madhav Maam breathed his last on 18th September 2018. The Sabha mourns this very noble soul.

MAY HIS SOUL ATTAIN MOKSHA.

Anuradha Kamath - A Tribute

She had a childlike exuberance and curiosity which made the simplest of things in life so wonderful and exciting around her. There was never a dull moment for her as she could envelop you in her excitement and joy as easily as she revelled in it.

She worked for 37 years with Canara Bank and single handedly raised her two daughters after her husband's early and untimely demise.

She was super enthusiastic and participated in various stage plays, fancy dress competitions, cooking competitions, variety competitions like best out of waste competitions conducted by GSB community as well as other places and won prizes and accolades with her talent and creativity. She was a regular participants and first prize winner in almost every competitions held by G.S.B.Sabha, Mumbai. She had an amazing enthusiasm to learn about new technologies and was quite a wiz at new gadgets, phones and was very active, extremely popular and well-known on social media.

She was an inspiration and guide for a clothing brand "Anuradha" started by her daughters in her name.

She will always be remembered for her radiant smile, zest for life, cheerfulness. She faced life with an indomitable spirit, never despairing in spite of many struggles that life sent her way. Always young at heart, twinkling eyes and undiminished charisma.

She will remain in the hearts of all those who loved her and on whom she has showered so much love.

Heaven will be a much brighter place, now that she is there!



(04-11-1948 - 20-08-2018)

Sanjeevmai – A Tribute

Mrs Sanjeevi Bhat – only the most formal notices referred to her in that way. To our GSB Community, she was Sanjeevmai, and to her extended family and friends, she was Amma. From her daughters to the watchman at the gate, she was Amma. Mail addressed simply to Amma Bhat, Malabar Hill, Mumbai would get duly delivered to her

Sanjeevmai was born on April 4, 1921. As a young student, Venkatesh Bhat stayed as a paying guest in Sanjeevmai's father's house and she secretly developed a crush on him. A few years later, when Sanjeevmai's father started looking for an alliance for her, she confided in him and Sanjeevmai's father got her married to him.

After his demise in 1965, one of the condolers told Sanjeevmai – you should participate in some community development activity and avoid brooding and getting depressed. She told him – the only activity I'm interested in, is the GSB Sabha. And that is how, Sanjeevmai became the first woman to hold an official post in any of the GSB organizations in Mumbai.

She was the President of the GSB Sabha from 1971-72 till 1984-85, and the President of the Mahila Shakha from 1971-72 till 1991-92. Her priority was to bring professionalism and discipline into the Sabha, insisting on proper systems being followed - punctuality, regular meetings, minutes of meetings etc. She soon discovered that the Sabha was debt ridden and the building had fallen into disrepair. A most intelligent lady, she knew her own strengths and weaknesses, and when to involve people who had the strengths that were required for the task at hand. She co-opted Mr M R Pai and Mr K K Kamath, and together, every Sunday, the four of them (Sanjeevmai, Rangamam, Gitamai and Kamathmam) made the rounds of the GSB families in Mumbai to raise funds. Between Sanjeevmai's social connections and Rangamam's eloquence, in barely 8-10 Sundays, they were able to collect enough to pay off the debts and repair the building. The special typical amchigalle phallar she received at every house – bhenda sagle at M D (Bhangra) Prabhutam's house, bibhya upkari at someone else's, undi and some nice tanni khaan at a third – for Sanjeevmai that was the highlight of the visit.

Understanding the strength of each individual and leveraging those strengths for the task at hand was Sanjeevmai's strength. She would enjoin stay-at-home women to get involved in Mahila Shakha activities, identify their strengths, and then delegate tasks suited



to them. Most of the activities for which the Mahila Shakha is known, were started during her tenure. Haldi kumkum, picnics, Anand Bazar, soiree lists, educational talks ... all of these started under her leadership. In the initial years, the events would be catered from her house, or through various members bringing an item each, with Sanjeevmai providing coffee in thermos flasks and anything else that had been missed out

In later years, she became more interested in spiritual activities and started an annual adhyatmik talk. She took keen interest in identifying and arranging for the speaker and would personally reach out to her extended friends circle, urging them to attend.

In her late 80s, Sanjeevmai started reducing her Sabha and Scholarship League related participation, but kept up a lively interest in all their activities. She continued to play the role of elder statesman with great grace, sharing her views and experience, but never condescending to the new office bearers. The Sabha and League in turn never missed inviting her to all their functions and recognising her contributions through the years.

She was past 90 when an attack of viral flu drained her vitality for the first time. Somehow, she never quite got back to her old self after that and slowly she progressively started losing her memory. The visitors dwindled and she lost her ever lively interest in the world around her. The slow gradual slide finally culminated in her demise on July 17, 2018. She died peacefully, with her eyes wide open in wonder at the new beginning ahead of her. Sanjeevmai – may your child-like curiosity and enthusiasm inspire us always.

Based on inputs from Gita R Pai and Ajita Kini

Sujir Gopal Nayak Memorial Kreeda Mandir – Makeover of our Iconic Sports pavilion.....

The iconic sports pavilion building of GSB Sabha, Mumbai, Sujir Gopal Nayak Memorial Kreeda Mandir, popularly known as Kreeda Mandir was recently repaired and renovated by the Managing Committee of the Sabha.

This gives our community members an opportunity to celebrate functions with latest and best amenities.

The ground floor I M Pai Hall is now Air Conditioned, a long standing demand of our Members. Security is now enhanced with the installation of CCTV Security system.

The walls of the First floor M. Venkatesh Bhat Memorial Hall made way for French windows giving it a very different look.

On the 17th of September 2018, the 4th day of the Ganeshchaturthi celebrations, a Vaastu Shanti Pooja and

Ganahoma was performed on the First Floor Hall, under the guidance of the Bhat Maam's. Smt and Shri Bharat Kini performed the Pooja on behalf of the Sabha. Shri B.T.Mallya, Shri N.N.Pal, and Smt Sudha G Pai Trustees of the Sabha attended the pooja, along with Shri Laxmikant Prabhu, President and other Committee Members.



This vastu is blessed to have witnessed the "Chaturmas Vrita" of HH Shrimad Sudhindra Teertha Swamiji on two occasions. The precincts of this vastu is where our Lord Mahaganapati blesses us every year during Seva Mandal's Ganapati utsava.

We undertook this massive renovation project so that the premises could be of better service to the Community. We seek the Blessings of Lord Mahaganapathi and our Swamiji's to be successful in this regard.



(16-10-1932 – 23-7-2018)

Mr. Chandrahas Vasudev Kamath, fondly called CVK and also Krishnanna by his immediate family members, spent his early years in Mangalore. He was ex-student of Canara School and College. After coming to Mumbai he started his own business in the packaging field. He has left a void in the lives of his sons Nikhil and Ashwin, daughters-in-law Maya and Anjana, grand children Kausthub and Prateeksha and near and dear ones. He and his wife late Varada Kamath were a well wishers of our Sabha. He is deeply missed by all of us

Obituary to our mother, Smt. Tara Kamalaksha Nayak.



(04-07-1935 – 26-08-2018)

Smt. Tara Kamalaksha Nayak was born on 4th July, 1935 in Hejmadi, near Mangaluru, Karnataka. She came to Mumbai after marriage to Shri. Kamalaksha G. Nayak. My mother was a strong person and had a liberal view of life. She had a very pleasant disposition even in the face of adversity. Everyone remembers her for her smiling face and good nature. She worked with the Mahila Vibhag of GSB Seva Mandal and was the President of the Mahila Vibhag of the Mandal for one term.

As much as she devoted her time to her social responsibilities and helping out needy, she remained our strongest support system, not only to us siblings, but even our uncles, aunts and their families.

Even as we mourn her passing away on 26th August 2018, we her children and grandchildren are proud of her work during her lifetime and will continue to take inspiration from her wise words and deeds.

Rajgopal Nayak.



Hi friends!

It is time to know Mumbai, our city of dreams. It is one of the entertainment and commercial centre of the world. Mumbai never sleeps and it never stops. Many great personalities accomplished their dreams here. So friends, how well do you know Aamchi Mumbai? Let's find out! Solve these jumbled words of common but famous places in our city.

mumbai meri jaan

1. The fort located at the end of the road adjacent to Hotel Taj Land's End.
2. The place where most of the city's inbound and outbound mails and parcels are handled and situated in the vicinity of Victoria Terminus.
3. The place where the famous August 1942 call for the British Quit India was issued and is situated at the base of Malabar Hills in Mumbai.
4. The year in which 'Bombay' became 'Mumbai'.
5. Famous market, initially known as Mahatma Jyotirao Phule Market, it's structure was built in 1869 and the first ever market to be illuminated by electricity in 1882.
6. A prominent landmark that earns recognition as one of the finest horse racing circuits across the Asian Continent. The grandstand of this race course finds mention in the list of heritage structures of the country.
7. The simple tiffin carriers are famous for their efficiency and has achieved Six Sigma rating by Forbes business magazine. The 2013 Bollywood film, The Lunchbox, is based on this service.
8. A UNESCO World Heritage Site that serves as headquarters of Mumbai's Central Railway is located here.
9. A Mumbai Industrialist, the first Indian, to own a car in 1901.
10. The oldest railway system in Asia and an offshoot of the first passenger railway built by the British in India in 1853.



Please turn to page no. 28



NEWS FROM OTHER GSB ORGANIZATIONS

GURU KRUPA KALA RANG

The Cultural Centre of Dahisar Sri Kashi Math



HOW IT ALL BEGAN

It all began with a thought expressed by noted theatre artiste, Dr. Chandrashekhar N. Shenoy, to Shri Mohandas Mallya, President of Dahisar Sri Kashi Math (DSKM), about establishing a Cultural Centre at Dahisar for the propagation of arts. There was an immediate positive response to the proposal and a framework for the Centre was drawn up. H.H. Shrimad Samyamindra Thirtha Swamiji, Mathadipati of Shree Kashi Math Samsthan, Varanasi, blessed this initiative as the 10th project of DSKM during Rathotsava of 2017 and named it as Guru Krupa Kala Rang.

THE OBJECTIVE

This Cultural Centre aims at providing a platform for the propagation of performing arts among our Samaj bandhavas, especially residing in the Western suburbs. This would be achieved by presenting performances, conducting workshops, lecture-demonstrations and interactive sessions, giving opportunities to our talent, while also elevating audiences' appreciation and understanding of the arts.

THE FOUR ARMS OF GURU KRUPA KALA RANG

The four arms of Guru Krupa Kala Rang are Yakshagana – curated by Shri Vittal Prabhu, Music – curated by Shri Sudhir Nayak, Dance – curated by Ms. Anupama Shenoy and Theatre – curated by Dr. Chandrashekhar Shenoy.

PERFORMANCES PRESENTED DURING ADHIK MAASA OF 2018

Guru Krupa Kala Rang presented performances under each of its arm during Adhik Maasa of 2018 :

Pandharpur Chi Mahima – a Yakshagana in Marathi, written by M. T. Poojary, was presented by Vittal Prabhu and group, was presented as the inaugural presentation of Guru Krupa Kala Rang on 20th May, 2018.



Raghavendra Mallya (pakhavaj), Satish Prabhu and Kiran Shirali (manjira). The programme was compered by Shri Sudhir Nayak.

“Natyapadanchi Swarayatra” – a thematic presentation depicting the journey of Marathi Natya-Sangeet was presented on 9th June, 2018.

“Aaa Vai Jaa Saa” – the first ever Konkani Children movie, directed by Dr. Vastu Yogi Kamath, was telecast on 10th June, 2018. This was followed by dance performances of different genres presented by Anupama Shenoy, Harshitha Pai and Pradnya Nayak.

“PRESENTATION OF KONKANI DRAMA – EK Ashilo Raayu”

On 25th August, 2018, Guru Krupa Kala Rang presented a Konkani drama, “Ek Ashilo Raayu”, written by Badal Sarkar, and translated and directed by Dr. Chandrashekhar Shenoy, with an all new cast of youngsters.

PLANS FOR THE FUTURE

Guru Krupa Kala Rang, in association with Dahisar Sri Kashi Math, has already drawn up its next schedule of performances for the October to December quarter. We hope that in times to come, this Cultural Centre will provide opportunities for our Community youngsters to explore and express their creative talents and also an opportunity for our Community members to participate in interesting cultural events.



Dosas or Pollo are an all time amchigele favourites. They can be had anytime for breakfast, evening snack or just to satisfy your hunger pangs.



by **Smt. Anuradha Prabhu**
anuradhaprabhu49@gmail.com

Rava dosa

A simple and quick to make dish is the rava dosa, easy to make and light on the tummy.

Ingredients

- 1 cup rava(sooji)
- 1 cup rice flour
- 1/2 cup maida/wheat flour
- 2-3 finely chopped chillies
- 1tsp chopped curry leaves
- 1 tbsp chopped coriander leaves
- 1 tsp cumin seeds
- Salt to taste
- Oil as required
- 2-3 cups of water



Method

- a) Mix together rava, rice flour, maida, chillies, curry leaves, coriander leaves, cumin and salt.
- b) Add the water and form a thin batter of pouring consistency. Keep aside for 15 minutes.
- c) Heat a dosa pan, apply oil and pour the batter on the pan, you cannot spread this batter, just have to pour it to cover the pan. Pour a tsp of oil on the sides.
- d) Cover the pan and cook on a medium flame for few minutes, remove the dosa, no need to flip over.
Serve hot with sambar or chutney.

P.S: I have used wheat flour instead of maida as the former is a healthier option, you can use maida, the taste remains the same.

Pejje Polo

An traditional old time recipe.

Ingredients

- 3 cups rice
- 1/2 cup urad dal
- 2 cups cooked rice
- 1 cup grated coconut
- Salt to taste



Method

- a) Soak the rice and urad dal for 4-5 hours.
- b) Drain the water and grind the rice and urad along with grated coconut and cooked rice to a smooth thick batter.
- c) Add salt to taste to the batter, mix well and ferment overnight.
- d) Heat the tava, pour the batter to form a thick dosa, pour a tsp of oil, cover and cook. The dosa is to be cooked on one side, no need to flip it over.
- e) Serve hot with chutney.

Mooga dali pollo

A healthy and nutritious dosa

Ingredients

- 2 cups moong dal
- 1 inch piece ginger
- 2-3 green chillies
- A few curry leaves
- 1 tbsp chopped coriander leaves(optional)
- Oil for roasting
- Salt to taste



Method

- a) Soak moong dal in enough water for 4-5 hours.
- b) Drain the water and grind to a smooth paste along with ginger and green chillies. Remove and add water to get a dosa consistency batter.
- c) Add chopped curry leaves, coriander leaves and salt to taste. Mix well.
- d) Heat a tava, oil it and pour a ladleful of batter and spread into a dosa, pour a tsp of oil and cover.
- e) Flip the dosa and roast it. Serve hot with chutney of your choice.

P.S This dosa does not require fermentation and can be prepared immediately.

LAST BUT NOT THE LEAST

GSB Sabha, Mumbai Calendar October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 12th : Mahila Shakha Navratri Haldi Kumkum at Krida Mandir
 13th : 2nd Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.
 : and Monthly Satsang, Sabha Office, 6.30 p.m.
 27th : 4th Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.
 28th : 'PARICHAY' 71st Eligible boys and girls meet with their parents and release of list at Dahisar Kashi Math, Dahisar.

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- 4th : "Hasthshilp" One day Diwali Workshop, I.M.Pai Hall, Kreedha Mandir, 2 p.m to 6.30 p.m

- 10th : 2nd Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.
 17th : Monthly Satsang, I.M.Pai Hall, Kreedha Mandir, 5.30 p.m.
 24th : 4th Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.
 25th : Bhajan Competition, I.M.Pai Hall, Kreedha Mandir, 3.30 p.m.

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- 2nd : Annual Adhyatmik Program, I.M.Pai Hall, Kreedha Mandir
 7th : Mahila Shakha annual get together, I.M.Pai Hall, Kreedha Mandir
 8th : 2nd Saturday, Marriage Information Service, Sabha Office, 4 to 6 p.m.
 8th : Monthly Satsang, I.M.Pai Hall, Kreedha Mandir, 5.30 p.m.
 9th : Scrabble Workshop, I.M.Pai Hall, Kreedha Mandir, 11 a.m to 1 p.m.
 16th : V.R.Shenoy Memorial Inter GSB Cricket Tournament, Kreedha Mandir Grounds, 9 a.m.
 22nd : 4th Saturday, Marriage Information Service, Sabha Office, 4 to 6 p.m.

List of important dates in the quarter October-December, 2018

Dates	Day	Festival			
2 nd October 2018	Tuesday	Gandhi Jayanti	7 th November 2018	Wednesday	Laxmi Pujan
10 th October 2018	Wednesday	Navratri Ghatasthapana	8 th November 2018	Thursday	Bali Pratipada, Deepavali Padwa
18 th October 2018	Thursday	Dussera (Vijaydashmi)	9 th November 2018	Friday	Bhau Beej
23 rd October 2018	Tuesday	Kojagiri Pournima	19 th November 2018	Monday	Kartik Prabodhini Ekadashi
27 th October 2018	Saturday	Sankastha Chaturthi	20 th November 2018	Tuesday	Tulsi Vivaha (Lagna)
5 th November 2018	Monday	Dhana Trayodashi (Dhanteras)	26 th November 2018	Monday	Sankastha Chaturthi
6 th November 2018	Tuesday	Narak Chaturthi	22 nd December 2018	Saturday	Sri Datta Jayanti
			25 th December 2018	Tuesday	Angarak Sankastha Chaturthi

ANSWERS TO KIDS CORNER - MUMBAI MERI JAAN

- | | | |
|-----------------|----------------------------------|---------------------------|
| 1. BANDRA FORT, | 2. GENERAL POST OFFICE (GPO), | 3. GOWALIA TANK MAIDAN, |
| 4. 1997, | 5. CRAWFORD MARKET, | 6. MAHALAXMI RACE COURSE, |
| 7. DABBAWALAS, | 8. CHHATRAPATI SHIVAJI TERMINUS, | 9. JAMSHEHTJI TATA, |
| | 10. THE MUMBAI SUBARBAN RAILWAY. | |

ANSWERS OF JUMBLED WORDS

- | | | |
|----------------|-----------------|-------------------|
| 1. PYDHONIE, | 2. COLABA, | 3. BHULESHWAR, |
| 4. MANTRALAYA, | 5. DHARAVI, | 6. FLORAFOUNTAIN, |
| 7. CHOWPATTY, | 8. CHOR BAZAAR, | 9. DHOBIGHAT, |
| | 10. CHURCHGATE | |

Articles contributed by various members, published in VoG, do not necessarily reflect the views of G.S.B. Sabha & its editorial team.

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Name: Mridula Bhat, Age: 15 yrs



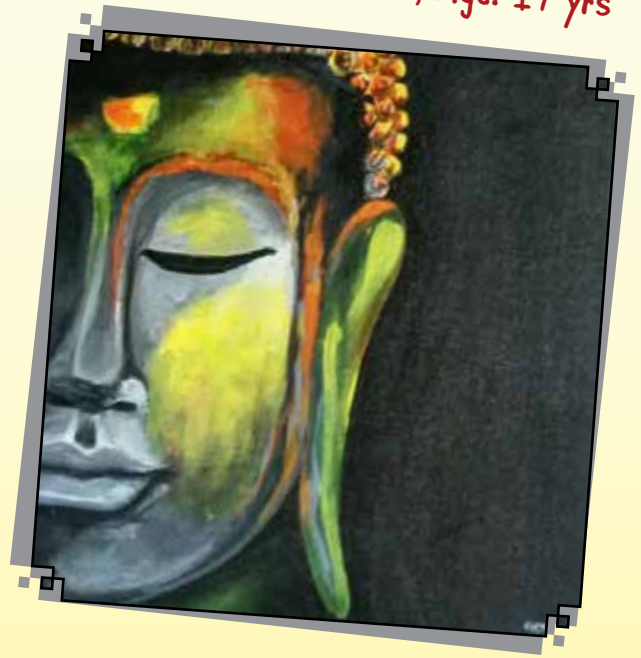
Name: Geetanjali Pai, Age: 13 yrs



Name: Anuradha Pai, Age: 13 yrs



Name: Kirthi Kamath, Age: 17 yrs



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