



# VOICE OF GSB

THE QUARTERLY NEWSLETTER OF G.S.B. SABHA, MUMBAI

July - September 2016

Volume X, Issue 2 Price ₹ 3/-\*

## Karkala Sri Venkataramana Temple Jeernodhara



G.S.B Sabha, Mumbai presents



|| **Bhakti Natya Tarang** ||



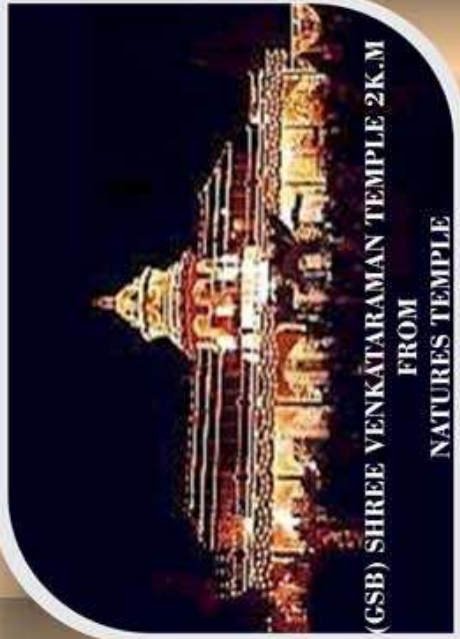
*"Sangam of Abhang and NatyaSangeet"*

on 16th July 2016



*Durga Namaskar*

*5th August 2016*



(GSB) SHREE VENKATARAMAN TEMPLE 2K.M  
FROM  
NATURES TEMPLE

- ★ SPACIOUS 1BHK FLAT  
(AREA-972)
- ★ PREMIUM 2BHK FLAT  
(AREA-1305/1375)



### FACILITIES

- ★ ASSURED REGULAR WATER SUPPLY
- ★ GYMNASIUM
- ★ CAR PARKING
- ★ YOGA
- ★ 24 HOURS RUNNING WATER
- ★ MULTI SPORTS COURT
- ★ MULTI PURPOSE HALL
- ★ OPEN BALCONY
- ★ HI SPEED ELEVATOR
- ★ ROOF TOP SWIMMING POOL

A PROJECT BY M/S. ROYAL ARC INFRA .P. LTD 

FOR MORE DETAILS CONTACT : +91 8197200100 (MANGALORE) +91 9967555000 (MUMBAI) 00971 0528870640 (DUBAI)

SITE ADD : NATURE'S TEMPLE , BEACH ROAD, NR. BAPPANDU TEMPLE, MULKI, MANGALORE, KARNATAKA- 574 154

: [infra@royalarc.in](mailto:infra@royalarc.in)  : [www.royalarc-infra.com](http://www.royalarc-infra.com)



To Our Dear Member friends

The only thing constant in life is change. From this issue of Voice of GSB (VoG), we have attempted to bring in many changes, which we hope give you a more enriching reading experience. We also need your support in this endeavour.

Voice of GSB is not only the mouth-piece of GSB Sabha, Mumbai, but the voice of the entire GSB community. We, at the Sabha, nurture a feeling of camaraderie towards all sister GSB organisations and sincerely hope that we come under one umbrella to achieve larger goals and objectives in serving the community. As a step in the direction of "One GSB", the Sabha has decided to allot some pages in each issue, to sister organizations. You will, in this issue, find articles contributed from various sister organisations. It was indeed our privilege to print the same.

We have profiled some upcoming GSB talent in our section "GSB Talents to Watch". This Section will continue to profile promising GSB talent in arts, sports, business etc. Do send in matter which you feel can make it on this page.

We hope kids like the new Kids Corner page that we have added in this issue (see page 23)

We wish to have some regular features in each issue of VoG such as Travel, Recipes, Book Review, Health, Spirituality and GSB Legends. You will find some of these featured articles in this issue. Members contribution of matter in these areas is solicited.

Voice of GSB is your newsletter. Do tell us what you feel about these changes and send in suggestions and your feedback to this issue on our email [gsbsabha@gmail.com](mailto:gsbsabha@gmail.com), or our postal address.

We wish you enjoy the host of festivities that the Monsoon and Shravan brings along.

Thank you. Happy Reading !!!!!

The entire editorial team of VOG.

## G.S.B. SABHA, MUMBAI, GETS A NEW TRUSTEE AND A NEW PRESIDENT

### A NEW TRUSTEE – SMT. SUDHA G. PAI

At the Special General Body Meeting held on 24<sup>th</sup> April, 2016, members unanimously appointed Smt. Sudha G. Pai as a Trustee of the Sabha, in place of Shri Dinkar A. Kamath, who expired on 13<sup>th</sup> December, 2015.



Smt. Sudha G. Pai had a 13 year successful tenure as President of the Sabha. During these years Sabha saw a considerable growth on the Charitable, Socio-cultural and Financial fronts. Her commitment, passion and dedication took the Sabha to great heights.

Her invaluable experience and loyalty to the Sabha will be a guiding force to her new role as a Trustee. We look forward to her guidance and advice.

### A NEW PRESIDENT – SHRI UDAY V. MALYA

In the Managing Committee meeting which followed the Special General Body Meeting, Shri Uday V. Malya was unanimously selected as the President of the Sabha. A ranker and a successful Chartered Accountant he is the Chief Financial Officer (CFO) with a logistics company of repute. Uday has been serving the Sabha in various capacities since 1990 and brings with him tremendous experience and a fresh outlook. His progressive views, interpersonal relationship and his commitment towards meeting the objectives of the Sabha made him a unanimous choice for the President's role. We congratulate him and wish him great success in every step of the way in taking the Sabha to the next level.



Table of Contents	Page No.
Message from Team VoG	1
G.S.B. Sabha Gets a New Trustee and a New President	1
Report on Programmes/ Activities Conducted by the GSB Sabha in the recent past	2,8
Future Programmes of Sabha :	
Bhakti Natya Tarang, a musical treat, on Saturday, 16th July, 2016	9
Durga Namaskar Pooja and Shravan Haldi Kumkum on Friday, 5th August, 2016	10
Suta Punnav on Wednesday, 17th August, 2016	21
Foundation Day Celebrations on Saturday, 20th August, 2016	4,5,6
Mahila Shakha Future Programmes	19
Cover Story - A Historic Event - Punar Pratishtha Ceremony in Shri Venkataramana Temple, Karkala by Shri K. G. Malya	20-21
News and Information	8
Articles	
a. Stepping towards new beginnings, choosing the right career by Subhas Rao Malya	12-13
b. GSB Talents to watch by Laxmikant Prabhu & Amit Shanbaug	14
c. Achievers	22
d. Phanchadika with Prema Kuloor by Amita Kini	25-26
e. My Holiday in God's Own Country : Kerala Calling by Tanushree Shenoy	27-28
f. Recipes by Anuradha Prabhu	31
Reports from Other Organizations	24, 29, 30
5 Questions Contest of Voice of GSB	22, 26
Kids Corner	23
Last But Not the Least	32
Kids Zone	Inside Cover

## G.S.B. Sabha, Mumbai's Gudi Padva Celebrations on 10<sup>th</sup> April, 2016

The G.S.B. Sabha, Mumbai, celebrated Gudi Padva with a Sneha Milan programme on Sunday, 10<sup>th</sup> April 2016 at its Kreedha Mandir grounds, Kings Circle. Smt. Radhika and



Shri Jayesh Kini, advocate, were the Chief Guests.

The program began with melodious bhajans sung beautifully by our Mahila Shakha Bhajan

Group. This was followed by a Talent competition, in which there was enthusiastic participation from small kids to senior citizens. The Talent Competition was judged by Smt. Laxmi Nayak and Ms. Priyanka Pai.

Shri Ramdas Kamat, renowned singer, was felicitated with the GSB Talent Recognition Award. This award was started by the Sabha in 2006 to honour personalities from our Community who have excelled in



fields of performing arts, fine arts and literature. Shri K. M. Kamath is the founder sponsor of this award.

The Vatsala R. Shenoy Memorial GSB Woman Entrepreneur Award, of which the founder sponsors are Smt. Sadhana and Shri Sunil Shenoy, was presented to Dr. (Smt.) Sandhya



Pai, Managing Editor, Magazines, of Manipal Media Network. Shri Gautham Pai, Managing Director of Manipal Technologies Limited, collected the award on behalf of his mother.

In the cultural program which followed, a dance drama "Sita Swayamwar" was presented by mother-daughter duo of Dr. Pawana Kamath and Ms. Anvitha Kamath, which was appreciated by all.

The program concluded with gastronomical and traditional Konkani dinner.

Banner support for the program was received from Redi Port Ltd and Evergreen Engineering Co Ltd. Smt. Sudha G. Pai sponsored the entertainment program and Smt. Suman Kini sponsored the gift items.

## G.S.B. Sabha's Special General Body Meeting on 24<sup>th</sup> April, 2016

The G.S.B. Sabha, Mumbai, at their Special General Body meeting held on 24<sup>th</sup> April 2016, at Kreedha Mandir, Kings Circle, Mumbai, appointed Smt. Sudha G. Pai as Sabha's Trustee. Smt. Sudha G. Pai has served the Sabha for 15 years and as President for past 13 years. Her dedication and commitment sees her as the second woman Trustee in the 82 year old history of the Sabha.

Shri N.N. Pal, Trustee of the Sabha, has been nominated as a Trustee of the GSBS Medical Trust. He will be a Trustee with GSBS Medical Trust till June 2018.

Both these vacancies arose due to the demise of Shri Dinkar Kamath in December 2015. Shri Dinkar Kamath served as Trustee of the Sabha since 1993-1994 and was Sabha's nominated Trustee at the GSBS Medical Trust.

In the Managing Committee meeting which followed the Special General Body Meeting, Shri Uday Malya, who has been serving the Sabha since 1990, in various positions and with tremendous amount of experience behind him, was the unanimous choice as the President of GSB Sabha, Mumbai.



# IN MEMORIAM



KASARAGOD VENKATESH BHAT ( 1917 – 4.9.1968 )

& VASANTHI VENKATESH BHAT ( 17.12.1927 – 20.5.2014 )

WITH FOND & EVERLASTING MEMORIES OF OUR LOVING AND KINDHEARTED PARENTS

WE MISS YOU AND THINK OF YOU ALWAYS.

YOU WILL LIVE IN OUR HEARTS FOREVER.

CHILDREN: NIRANJAN, PUSHPA AND USHA

SONS-IN-LAW: SURENDRA & SURESH

DAUGHTER-IN-LAW: NAMRATA

GRAND CHILDREN: MAHESH, ASHWIN, SATYA & VINEET

GRAND DAUGHTER-IN-LAW: SAYALI

GREAT GRANDSON: TAKSHEEL

GREAT GRANDDAUGHTER: AADHYA

E-MAIL: [nvbhat@iitbombay.org](mailto:nvbhat@iitbombay.org)



**GOWD SARASWAT BRAHMAN SABHA, MUMBAI**  
**82<sup>nd</sup> Foundation Day Celebrations**

The President and Members of the Managing Committee request the pleasure of your company, with family and friends, on the occasion of the 82<sup>nd</sup> Foundation Day Celebrations of the Sabha. The program will be held on **Saturday, 20<sup>th</sup> August, 2016** at **Dwarkanath Bhavan Hall, Shree Ram Mandir, Katrak Road, Wadala (W), Mumbai - 400 031.**

**Chief Guest: Prof. Sarvottam Rege, M.Com, FCMA(India), C.MA(U.S.A), M.L.Dahanukar College**

The program schedule is as under :

**4 p.m. to 5.30 p.m.**

- a. Lighting of Lamp
- b. Introduction of Chief Guest
- c. Honouring Merit Students from Std X onwards. Please see details below.  
**Silver medals and Certificates are sponsored by Smt. Jayashree Ramesh Shenoy**
- d. Felicitation of meritorious Vidyanidhi beneficiaries, from Std I to IX, with the V.R.Shenoy Memorial Vidyanidhi Merit Award, **sponsored by Shri B. T. Mallya.**
- e. Felicitation of children, contributing drawings to Voice of GSB Kids Zone, with GSB Promising Talent Award, **sponsored by Shri B. T. Mallya.**
- f. Reflections and Aspirations
- g. Speech by the Chief Guest
- h. Address by the President
- i. Vote of Thanks

**Please note change of  
date and venue this year**

**5.30 to 6.30 p.m.**

**"Values led Self Leadership"** – A motivational and interactive session by **Shri Ajit Kamath** from **WizTalks.**

**6.30 p.m.** Light Refreshments Courtesy – **Nagesh Rama Nayak's 'Café Mysore'**

**ANNOUNCEMENT OF EDUCATIONAL AWARDS**

Sabha presents educational merit awards to students of GSB community, residing in Greater Mumbai, on the basis of their performance at the Annual Examinations (Final Year Only) held in 2015-2016 in the following courses of studies : **SSC, HSC, Graduate Courses, Medical, Engineering, Technology, C.A., I.C.W.A., C.S., Law, M.B.A. and/ or any post graduate/ professional examinations conducted on an All India basis.**

All students whose results were announced after 1<sup>st</sup> August, 2015, are eligible to apply for this year awards. In case of SSC/HSC/Graduate students, there is a minimum percentage to qualify for applying as under : **SSC/ICSE/CBSE – 85 %, HSC-Science – 80 %, HSC-Arts 70 %, HSC – Commerce 70 %, Graduate Courses – 70 %.**

**The student himself/herself or one of his/her parents should be a member of this or any other G.S.B. institution based in Mumbai and its suburbs.**

Certificate of merit will be presented to all awardees. In addition, silver medals and cash prizes, from the endowments set up for this purpose and announced on the next page, will be awarded, based on criteria laid down.

The applicants should fill in the application form (published on page 6) and send it along-with a photo-copy of the mark list. The form can also be downloaded from G.S.B.Sabha's web-site, [www.gsbssabhamumbai.org](http://www.gsbssabhamumbai.org). **The completed application forms must reach the Sabha's office on or before Saturday, 6<sup>th</sup> August, 2016.** Applications received late, if any, will be presented with Certificate of Merit and the presentation of silver medals/cash prizes to late applicants will be at the discretion of the committee.

All award winners will be informed by e-mail only. The list of award winners will be displayed on our web-site, [www.gsbssabhamumbai.org](http://www.gsbssabhamumbai.org), and our Sabha's office notice board on Monday, 8<sup>th</sup> August, 2016. Applicants may seek any clarifications in this regard by Wednesday, 10<sup>th</sup> August, 2016.

The decision taken by the Managing Committee will be final and binding on the applicant.

Mumbai Uday V. Malya  
19.06.2016 President  
98206 98756

Smt. Bina N. Shenoy 98205 07690  
Shri S. D. Shenoy 98201 02774  
Smt. Amita A. Kini 98700 62476

# GOWD SARASWAT BRAMHAN SABHA

## EDUCATIONAL MERIT AWARDS TO BE AWARDED ON 20<sup>th</sup> August, 2016.

Cash awards are given to the merit students during the Foundation Day from the following endowments:

1. A. M. KAMATH MEMORIAL AWARDS (4) - Donated by his son, Shri Dinkar Kamath.
2. SRIDHAR BABURAO MAHALE AND SRIDEVI SRIDHAR MAHALE MEMORIAL AWARD - Donated by their children.
3. GOPAL PAI MEMORIAL AWARD - Donated by his wife, Smt. Radhabai Gopal Pai.
4. DR. HARISH R. NAYAK MEMORIAL AWARDS (2) - Donated by his Mother-in-law, Smt. Radhabai Gopal Pai.
5. KAMAKSHI HARISH NAYAK MEMORIAL AWARD - Donated by her mother, Smt. Radhabai Gopal Pai.
6. CHHAYA HARISH NAYAK MEMORIAL AWARD - Donated by her Grand Mother, Smt. Radhabai Gopal Pai.
7. SHRINIVAS MANJUNATH KAMATH AND RADHABAI SHRINIVAS KAMATH MEMORIAL AWARD - Donated by their daughter, Ms. Nalini S. Kamath.
8. DR. B. M. ACHARYA MEMORIAL AWARD - Donated by his wife, Smt. Meera M. Acharya.
9. SMT. SUMATI V. PRABHU AWARD - Donated by her husband, Dr. V. R. Prabhu.
10. KUSUM R. KAMATH MEMORIAL AWARD - Donated by her husband, Shri R. L. Kamath.
11. PRABHAKAR SARVOTTAM KAMATH MEMORIAL AWARD - Donated by his wife, Smt. Poomima Kamath.
12. MOHINI N. RAO MEMORIAL AWARD - Donated by her husband, Shri K. Nagesh Rao.
13. I. M. PAI MEMORIAL AWARD - Donated by Dr. V. R. Prabhu and Smt. Sumati V. Prabhu.
14. BALAKRISHNA G. KAMATH MEMORIAL AWARDS (2) - Donated by his son, Shri Ashesh B. Kamath.
15. BALAKRISHNA G. KAMATH MEMORIAL AWARDS (2) - Donated by his daughter, Dr. Arati B. Kamath.
16. DR. (MRS.) NALINI PANDURANG PAI MEMORIAL AWARD - Donated by her husband, Dr. Pandurang M. Pai.
17. DR. PANDURANG M. PAI MEMORIAL AWARD - Donated by his son, Shri Prashant P. Pai and daughter-in-law, Smt. Vidya P. Pai.
18. SURESH PYE MEMORIAL AWARD - Donated by his wife, Dr. Arati B. Kamath.
19. GULABI R. PAI MEMORIAL AWARD - Donated by her grandchildren, Dr. Anushree & Dr. Ashok G. Pai.
20. KARKALA MEERA & VASUDEVA JOISHY MEMORIAL AWARD - Donated by their daughter, Smt. Sudha G. Pai and son-in-law, Shri K. Govindraya Pai.
21. SMT. VEENA AND SHRI MOOBBIDRI NARAYAN PRABHU AWARD - Donated by their son, Shri Arvind N. Prabhu and daughter-in-law, Smt. Divya Arvind Prabhu.
22. SHRI MOOBBIDRI NARAYAN PRABHU 'Platinum' AWARD - Donated by his wife, Smt. Veena N. Prabhu.
23. SMT. YAMUNABAI AND SHRI KUMBLA MANJUNATH BHAKTA MEMORIAL AWARD - Donated by their son, Shri K. R. Bhakta and daughter-in-law, Smt. Roopa R. Bhakta.
24. DR. V. M. KINI MEMORIAL AWARD - Donated by his wife, Smt. Sudha V. Kini.
25. SMT. NAILINI BHANDARKAR MEMORIAL AWARD - Donated by her husband, Shri M. Ramkrishna Bhandarkar.
26. SMT. VIMALA KINI MEMORIAL AWARD - Donated by her husband, Shri K. Narasimha Kini.
27. DAYANAND MANJUNATH BALIGA MEMORIAL AWARD - Donated by Smt. S.S. and Shri S.D. Baliga.
28. SMT. SAROJINI HEGDE MEMORIAL AWARD - Donated by her family.
29. SMT. MANORAMA R. RAO MEMORIAL AWARD - donated by her son, Dr. Rajesh R. Rao.
30. LATE KAPU SATYAVIJAY H. SHENOY MEMORIAL AWARD - donated by K. H. Shenoy & Bros. (Haricane)
31. SMT. SANJIVI AND SHRI D. K. SHENOY MEMORIAL AWARD - donated by their son, Shri Subray Damodar Shenoy.
32. SHRI PUNDALIK U. PAI MEMORIAL AWARD - donated by his family.
33. SANOOR RAMRAYA PAI MEMORIAL AWARD - donated by his son, Dayananda Pai and daughter-in-law, Smt. Vidya D. Pai.
34. ROHINI PANDURANG NAYAK MEMORIAL AWARD - donated by her daughter, Smt. Vidya D. Pai and son-in-law, Dayananda Pai.
35. SHRI MADHAV DURGADAS DHUME MEMORIAL AWARD - donated by his son Shri Pankaj M. Dhume and his daughter-in-law Smt. Asha P. Dhume.
36. SHRI SAMEER BHAT MEMORIAL AWARD, donated by his mother, Smt. Vatsala Bhat.
37. SHRI GURPUR SRINIVAS BHAT MEMORIAL AWARD, donated by his wife, Smt. Vatsala Bhat.
38. SHRI K. G. PAI MEMORIAL AWARD, donated by his children, Dr. Ashok G. Pai & Smt. Asha P. Dhume.
39. SHRI NARAYAN ACHUT PAL (KASARGOD) MEMORIAL AWARD - donated by his son Shri N. N. Pal & daughter-in-law, Smt. Padma N. Pal.
40. SMT. RADHIKA MADHAV DHUME MEMORIAL AWARD donated by her son, Shri Pankaj Dhume & daughter-in-law, Smt. Asha P. Dhume.
41. SMT. GULABI RAMARAYA PAI & SMT. ROHINI PANDURANGA NAYAK MEMORIAL AWARD - donated by their Granddaughter, Dr. Reina Pai Bender & Mr. Jason Robert Bender.
42. SMT. MANJESHWAR SULOCHANI NARAYAN KAMATH MEMORIAL AWARD - donated by her daughter, Smt. Durga Shenoy.
43. SHRI MULKI MADHAV KUDVA AND SMT. NALINI M. KUDVA MEMORIAL AWARD donated by Smt. Geeta G. Bhat, Smt. Radha S. Bhat and Smt. Devyani P. Shenoy.
44. SMT. PREMLATA & SHRI GURPUR SUBRAYA PRABHU MEMORIAL AWARD donated by their daughter, Smt. Deepa S. Prabhu.
45. CANARA HIGH SCHOOL ALUMNI AWARD, donated by Alumni of Canara High School.
46. SMT. B. SARASWATI AND SHRI B. VENKATRAMANA PAI MEMORIAL AWARD donated by Shri B. Srinivas Pai.
47. KARKALA KESHAV JOISHY & SMT. SUSHILA K. JOISHY MEMORIAL AWARD donated by Smt. Mukta and Dr. Suresh K. Joishy, California, USA.
48. SMT. MOHINI GOPALKRISHNA KINI MEMORIAL AWARD donated by her children, Smt. Suchitra Kamath, Smt. Urmila Nayak & Shri Siddharth Kini.
49. SHRI V. R. SHENOY MEMORIAL AWARD, donated by his daughter-in-law and son, Smt. Sadhana & Shri Sunil R. Shenoy.
50. SMT. VATSALA R. SHENOY MEMORIAL AWARD, donated by her daughter-in-law and son, Smt. Sadhana & Shri Sunil R. Shenoy.
51. SMT. KRISHNI VAMAN KINI MEMORIAL AWARD - Donated by her son, Shri Satish Kini.
52. SHRI ANANT (UNCLE) PAI MEMORIAL AWARD, donated by Shri Satish Kini.
53. SMT. LALITA ANANT PAI MEMORIAL AWARD, instituted by G.S.B. Sabha, Mumbai.
54. DR. V. R. PRABHU MEMORIAL AWARD - Donated by his children, Smt. Sushma Shenai, Dr. Suhas V. Prabhu and Shri Jagannath V. Prabhu.
55. SHRI PUTTUR KORAGA KAMATH MEMORIAL AWARD - Donated by his daughter, Smt. Vimala J. Prabhu.
56. SHRI B.R. PRABHU MEMORIAL AWARD - Instituted by G.S.B. Sabha, Mumbai.
57. KUNDAPUR GOPALKRISHNA KAMATH MEMORIAL AWARD - Donated by Smt. Shakuntala Gopalkrishna Kamath and daughters.
58. AWARD INSTITUTED BY SMT. SAVITA AND SHRI S. N. BHAT

## MERIT AWARD APPLICATION FORM

Please attach a photo-copy of your mark-list and submit this completed application form at Sabha's office by Saturday, 6<sup>th</sup> August, 2016. In case more than one form is needed, please use a photo-copy of this form.

Date :

### The Programme Convenors

**G.S.B. Sabha, Mumbai,**  
101 Shree Nidhi CHS, 76, Bhau Daji Road,  
Matunga (C.R.), Mumbai – 400 019

### TO BE FILLED IN BLOCK LETTERS ONLY

1. Name of the Student : \_\_\_\_\_

2. Names of students parent's :

a. Father : \_\_\_\_\_

b. Mother : \_\_\_\_\_

3. Residential Address : \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Contact Details : Telephone Number : \_\_\_\_\_ Mobile Number : \_\_\_\_\_

E-mail id : \_\_\_\_\_

The communication on awards will be sent on this e-mail id only.

5. Which GSB Organization is the student or one of your parents a member of ? \_\_\_\_\_

(The student or one of his parents has to be a member of any GSB organization based in Mumbai or its suburbs. You are also welcome to submit your application form for membership to this Sabha alongwith your application. Application forms can be downloaded from our web-site [www.gsbsabhamumbai.org](http://www.gsbsabhamumbai.org))

6. Membership Number of the member \_\_\_\_\_

(In the absence of membership number, you can request the respective Sabha to affix their stamp in the space above, as affirmation of your membership)

7. Course of Study: \_\_\_\_\_

8. Year of Passing: \_\_\_\_\_

9. Any outstanding achievement such as University / State / National Rank etc.

(Please enclose documentary proof)

10. a) I am a member of the GSB Community  
b) I am enclosing a photo-copy of my Mark List  
c) I certify that all information given by me is correct  
d) I agree to abide by the decision of the Managing Committee as final and binding

Signature of Student



*With Best Compliments from:*



# **KAIVALYA CONSULTANTS PVT. LTD.**

**FINANCIAL- SECRETARIAL & PROJECT CONSULTANTS**

423, Hind Rajasthan Bldg,  
95, Dadasaheb Phalke Road,  
Dadar ( East ), Mumbai 400 014  
Tel No: ( 022 ) 2413 0371/24153887

## **DIRECTORS:**

**MANDAR KAMALAX SARAF**

*Executive MBA (Finance), ACS*

**MAYA KAMALAX SARAF**

**A VISIT TO SHANTIKUNJ SEVASHRAM AND RAM KRISHNAA ACADEMY, PANVEL**

Managing Committee members of the Sabha visited Shantikunj Sevashram, Panvel, managed by Vidyadhiraj Charitable Trust, on 7<sup>th</sup> May, 2016. In a meeting with their Trustees, we understood the efforts being put in by them to make the residents of the old-age home more comfortable. Sabha has offered its support to the needy GSB residents, within the framework of our schemes. Sabha is grateful to the Trustees/volunteers for giving us this excellent opportunity to interact with the residents of the old age home and also get a first hand account of the initiatives in the field of education at Ram Krishnaa Academy, a school managed by the Trust.



**BLESSINGS BY H.H. KAIVALYA MATHADEESH SHRIMAD SHIVANAND SARASWATI SWAMIJI**

Members of Mahila Shakha and Managing Committee were blessed by H H Shrimad Shivanand Saraswati Swamiji, Mathadeesh of Shree Samsthan Gaudapadacharya Kavale Math, during a "bhet" on Saturday, 21<sup>st</sup> May, 2016. Shri Uday Malya, President, and Shri Laxmikant Prabhu, Vice President, had further occasion to be blessed by Swamiji during the Pratishtha Suvarna Mahotsav Celebrations of the Math held on Sunday, 5<sup>th</sup> June 2016.



**SHRI LAXMIKANT PRABHU INAUGURATES 104<sup>th</sup> BRANCH OF NKGSB CO-OPERATIVE BANK**

It was indeed a proud moment for us when **Shri Laxmikant Prabhu**, Vice President of the Sabha, inaugurated the 104<sup>th</sup> branch of NKGSB Co-operative Bank Ltd. at Nahur. NKGSB Co-operative Bank has been a regular support of various GSB community initiatives. We wish them all success as they march into their centenary year.



**FESTIVE DAYS AND DATES AT WADALA SHREE RAM MANDIR:  
JULY TO SEPTEMBER 2016**

Date	Day	Occasion
11.07.2016	Monday	Shreemat Padmanabh Teerth Swamiji Punyatithi
15.07.2016	Friday	Ashadhi Ekadashi, EKKO Bhajan
19.07.2016	Friday	Guru Poornima, Shree Balaji Pratishtha Vardhanti.
24.07.2016	Saturday	H.H. Shreemad Vidyadhiraj Teerth Swamiji's Chaturmaasa Prarambh
07.08.2016	Sunday	Naag Panchami
17.08.2016	Wednesday	Rug-Shravani
19.08.2016	Friday	Mahalaxmi Vrata-Pooja
25.08.2016	Thursday	Shree Krishna Janmashtami
04.09.2016	Sunday	Hartalika, Gauri Pooja
05.09.2016	Monday	Shree Ganesh Chaturthi
06.09.2016	Tuesday	Rishi Panchami, Shreemat Jeevottam Teerth Swamiji Punyatithi
15.09.2016	Thursday	Anant Chaturdashi, Anant Vrata
17.09.2016	Saturday	Pitru Paksha Prarambh
30.09.2016	Friday	Mahalaya Amavasya

**CHATURMAS INFORMATION**

H.H. Shrimad Samyameendra Tirtha Swamiji, Mathadipati of Shree Kashi Math Samsthan, will observe Chaturmas at Sri Lakshmi Venkatesh Temple, Hosdurg, Kanhangad, Kerala, from 24<sup>th</sup> July, 2016.

H.H. Shrimad Vidyadhiraj Tirtha Sripad Vader Swamiji, Mathadheesh of Shree Samsthan Gokarna Partagali Math, will observe Chaturmas at Gokarna Math, Car Street, Mangalore, from 24<sup>th</sup> July, 2016.

H.H. Shrimad Shivanand Saraswati Swamiji, Mathadipati of Shree Kavale Math Samsthan, will observe Chaturmas at Shree Ganapati Narayan Temple, Kasarkod, Honnavar, from 19<sup>th</sup> July, 2016.



**G.S.B. SABHA, MUMBAI**

Presents

# || Bhakti Natya Tarang ||

*"Sangam of Abhang and NatyaSangeet"*



In the holy month of Shravan, closer to the auspicious days of Ashad Ekadashi on 15<sup>th</sup> July and Guru Purnima on 19<sup>th</sup> July, the Managing Committee presents an evening of bhakti and natya sangeet as an offering to the members of G.S.B. Sabha, Mumbai and also to its patrons and well-wishers.

**Time :** 3.30 p.m. to 7.30 p.m. (With a refreshments break)

**Day and Date :** Saturday, 16<sup>th</sup> July, 2016

**Venue :** Pracharya B.N.Vaidya Sabhagraha, 2<sup>nd</sup> Floor (Lift available), Raja Shivaji Vidyalyaya (King George School), Hindu Colony, Dadar, Mumbai - 400 014.

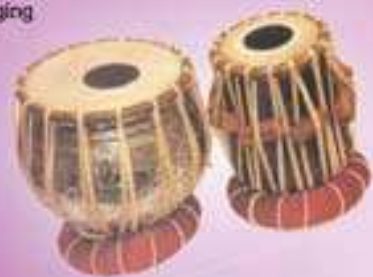
**Performing Artists :** Ramdas Kamat, Vinayak Prabhu, Raghunandan Bhat( Bengaluru), Pooja Gaitonde and Rutuja Lad.

**Accompanying Artists:** Sudhir Nayak (Harmonium), Manoj Acharya (Tabla), Raghavendra Mallya (Pakhavaj) and Ravindra Shenoy (Additional Percussions).

**Anchored by :** Umesh Gautam Nayak, Karkala

**Distribution of Passes:**

- This program is for the members of the Sabha.
- Two complimentary passes will be issued to each member of the Sabha on a "first come" basis.
- Complimentary passes can be collected from the Sabha's office between 2 and 7 p.m. from Wednesday 6<sup>th</sup> July to Saturday 9<sup>th</sup> July 2016.
- Members are requested to check the availability of passes with Office Manager, Mr. Vishwanath Shenoy (Tel. No. 2408 1499) before coming to the Sabha's office.
- Members have to present their photo-identity cards to collect the passes.
- Passes not collected by the given dates will be issued by the Managing Committee to the well-wishers of the Sabha.
- Certain passes are set aside for donors/sponsors/supporters.



Mumbai  
19.06.2016  
Uday V Malya  
President  
98206 98756

Laxmikant Prabhu	98203 16495
K.R.Bhakta	25063212
Mohini Hegde	93228 91391
Bharat Kini	93222 51244
Bharati Bhandarkar	93222 40647
Damodar Mallya	98205 06190
Raghuram Kamath	93223 33393

**Jt. Programme Convenors**

**G.S.B. Sabha's Mahila Shakha celebrates  
Diamond Jubilee Year, 2016-2017**

**G.S.B.Sabha, Mumbai, Mahila Shakha was formed on 5th Sept. 1957, with a  
Shravan Haldi Kumkum in the Sabha's Office.**

**The Mahila Shakha starts the Diamond Jubilee Year (2016-2017)  
with a DURGA NAMASKAR POOJA**

**&  
SHRAVAN HALDI KUMKUM**



**Friday, 5th August 2016, 4.00 p.m. onwards  
Venue: Dwarkanath Bhavan Hall, Shree Ram Mandir,  
Katrak Road, Wadala (W) Mumbai - 400031**

**Programme Details**

4.00 p.m.	Durga Namaskar Pooja starts .
4.30 to 5.30 p.m	Bhajan by GSBS MS Bhajan group
6.00 p.m.	Durga Namaskar and Aarti
6.30 p.m.	Haldi Kumkum and Prasad Vitharane

**Sponsorship and Donations are appreciated.  
Account Payee Cheque may be drawn in favour of "GSB Sabha, Mumbai"  
or NEFT Transfer also accepted.**

For details please contact our Sabha office between 4 to 7 pm (Sunday Closed)

Shravan HaldiKumkum is sponsored by Smt. Namratha Kamath

Note: "Kumkumarchana sevas" can be personally performed and need to be booked at the office / venue by paying Rs 250/- only

**Light refreshments will be served after the Pooja and HaldiKumkum**

PS: Ladies participating in Durganamaskar and Kumkumarchane should abstain from eating Kharkatte, garlic and onions.

**Smt. Durga C. Shenoy  
President  
Tel: 2789 9113**

**Smt.Bina Shenoy & Smt. Amita Kini  
Jt. Hon Secretaries  
Tel: 9820507690 Tel: 9870062476**

WITH BEST COMPLIMENTS FROM :  
Mrs. Lalita Pundalik Pai

# DELTEK EQUIPMENTS

Founder: B. Pundalik U. Pai

Manufacturers of :

## PLATE BAKING OVENS & POLYCARBONATE FORMING

### DELTEK BAKING OVENS FOR OFFSET PLATES



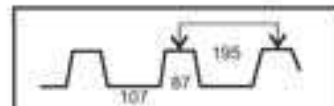
#### FEATURES :

- \* Plate types : For Positive & Negative Pre-Sensitised Plates, Wipe-On plates and Computer-to-Plate (CTP)
- \* Bakes Offset Printing Plates to increase plate life
- \* Memorised Heating Zone
- \* Forced air circulation for uniform heating
- \* Counter closure to avoid heat losses while opening lid
- \* Possibility of cooling after usage
- \* Mounted on castor wheels for mobility

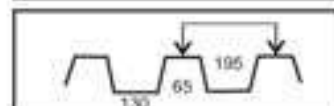
We can manufacture Horizontal and Vertical type Baking Ovens as per specifications

*Forming of all types of Polycarbonate  
Profile Matching to all Prime Metal Profile*

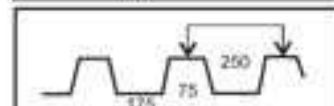
✓ **Ispat**



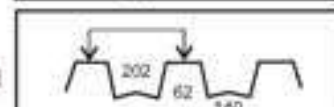
✓ **Lloyddeck**



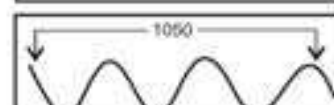
✓ **Century Well**



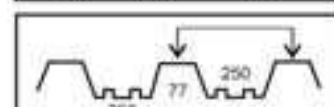
✓ **Tata Bluescope**



✓ **AC Profile**



✓ **Tiger Steel**



✓ **Metacolor**

✓ **Cril-Hispon**

✓ **Finolex**

✓ **Rajmohan**

✓ **Bhushan Steel**

#### Registered Office :

1/209, Himai Niwas,  
R. A. Kidwai Road,  
Wadala (West), MUMBAI 400 031

Telephone : (022) 2414 7362

Fax : (022) 2413 4747

#### Works :

C-1B/4406/1, Plastic Zone,  
G. I. D. C. Sarigam, Via : Bhilad,  
District : BULSAR- 396 155

Telephone : (0260) 2780060

Fax : (0260) 2780160

**E-mail ID : deltekeqp@gmail.com**

*I am not a product of my circumstances. I am a product of my decisions.*

*Stephen Covey*

We often hear our parents say, "Focus on your board exams and everything in life will be easy to achieve." Not true. It is after this that the real game begins. Students go through a phase to come up with a decision of what they want to do in life, what course they should take up and are constantly influenced by people around them.

When choosing the right career path, it should be kept in mind that the career path should be decided solely on the interest of the candidate and the parents should only guide them to take up courses of their choice and motivate them to follow their actual interest.

**Choosing a career involves the following stages:**

**1. Self-Awareness:** The first stage of Career Choice is Self Awareness. This involves looking at your SKILLS, VALUES, INTERESTS and PERSONALITY and analysing where your strengths and weaknesses lie.

**2. Opportunity Awareness:** Once you have done some preliminary self-analysis, the next stage is to gather information on the opportunities open to you. There is a range of resources to help you. **Choose a career which would be in demand 5 years hence.**

**3. Plan B:** It is good to have a Plan B which provides you to pursue an alternate career path aligned to your interest

**4. Long term Goals:** The initial choice of subjects has a major influence in the options available to you in future specialisation

Case: One of my counselees has scored 93% in SSC Board exams and wants to pursue Arts as she wants to join a reputed law school after HSC. Her plan B was to pursue a career in Psychology hence I advised her to take admission in a collage that can offer B.A. (Hons) in Psychology.

**5. Expanding your horizons:** Looking beyond conventional courses and beyond geographical boundaries to acquire the right education and skill set. If one is interested in doing Aerospace Engineering, a student has to complete Mechanical Engineering and then can pursue Aerospace studies in eastern European countries or Russia

**Studying abroad:** It is USA that first comes to mind when we think of studies abroad, but a whole lot of options are now available in countries like Germany or countries of Eastern Europe. The beauty of these courses is that the medium of instruction is English so a basic knowledge of the local language would suffice to take these courses.

In Germany many university do not charge tuition fees they only charge hostel fees that may come to approximately 500 Euros per month

In the last few years there has been a quantum leap in the options available to students some of the lesser known options are mentioned here

**Here are the few disciplines that would be in demand in the next couple of years**

**Mechatronics** is a field of engineering that focuses on the design and production of automated equipment. This industry employs both engineers to design and develop the equipment and technicians to maintain it. Mechatronics engineers are responsible for designing mechanical equipment. Combining their knowledge of computer, mechanical and electrical engineering, they develop various automated products, such as cameras, cars and aircraft. The engineering process typically involves designing and assembling components, testing products in development, making improvements and evaluating finished products. Industrial robotics is a part of this discipline

**Fire & Safety Engineering** This unique program provides students with the prowess to create an atmosphere of safety against fire. Fire & Safety engineering explores various ways of preventing fire. It is a science of designing buildings and fire safety and property protection. Fire engineers design sectors are at the forefront of ensuring that fire safety is maintained and enhanced without exhausting natural resources or damaging the environment. They are posted in various oil fields, oil rigs, major industrial complexes, refineries, fertilizer and nuclear plants. Safety regulations round the world are being implemented stringently and the role of a fire & safety engineer is becoming more and more important.

**B.E Naval Architecture and Offshore Engineering**

This course is formulated to obtain expertise in Naval Architecture and Offshore Engineering so that on completion of the degree, the candidates are eligible to occupy Engineer/managerial positions in various Government and private Shipyards, Ship Design offices, Boatyards, Classification Societies, and Offshore companies within India and abroad

**Graphic, Interior & Fashion Design Careers**

Designers are innately creative people. They then make use of their creativity, artistry, and knowledge of practical skills to turn their creative vision into plans for our Websites, clothes, advertisements, cars, media, and

*I am not a product of my circumstances. I am a product of my decisions.*

*Stephen Covey*

We often hear our parents say, "Focus on your board exams and everything in life will be easy to achieve." Not true. It is after this that the real game begins. Students go through a phase to come up with a decision of what they want to do in life, what course they should take up and are constantly influenced by people around them.

Which choosing the right career path, it should be kept in mind that the career path should be decided solely on the interest of the candidate and the parents should only guide them to take up courses of their choice and motivate them to follow their actual interest.

**Choosing a career involves the following stages:**

**1. Self-Awareness:** The first stage of Career Choice is Self Awareness. This involves looking at your SKILLS, VALUES, INTERESTS and PERSONALITY and analysing where your strengths and weaknesses lie.

**2. Opportunity Awareness:** Once you have done some preliminary self-analysis, the next stage is to gather information on the opportunities open to you. There is a range of resources to help you. **Choose a career which would be in demand 5 years hence.**

**3. Plan B:** It is good to have a Plan B which provides you to pursue an alternate career path aligned to your interest

**4. Long term Goals:** The initial choice of subjects has a major influence in the options available to you in future specialisation

Case: One of my counselees has scored 93% in SSC Board exams and wants to pursue Arts as she wants to join a reputed law school after HSC. Her plan B was to pursue a career in Psychology hence I advised her to take admission in a collage that can offer B.A. (Hons) in Psychology.

**5. Expanding your horizons:** Looking beyond conventional courses and beyond geographical boundaries to acquire the right education and skill set. If one is interested in doing Aerospace Engineering, a student has to complete Mechanical Engineering and then can pursue Aerospace studies in eastern European countries or Russia

**Studying abroad:** It is USA that first comes to mind when we think of studies abroad, but a whole lot of options are now available in countries like Germany or countries of Eastern Europe. The beauty of these courses is that the medium of instruction is English so a basic knowledge of the local language would suffice to take these courses.

In Germany many university do not charge tuition fees they only charge hostel fees that may come to approximately 500 Euros per month

In the last few years there has been a quantum leap in the options available to students some of the lesser known options are mentioned here

**Here are the few disciplines that would be in demand in the next couple of years**

**Mechatronics** is a field of engineering that focuses on the design and production of automated equipment. This industry employs both engineers to design and develop the equipment and technicians to maintain it. Mechatronics engineers are responsible for designing mechanical equipment. Combining their knowledge of computer, mechanical and electrical engineering, they develop various automated products, such as cameras, cars and aircraft. The engineering process typically involves designing and assembling components, testing products in development, making improvements and evaluating finished products. Industrial robotics is a part of this discipline

**Fire & Safety Engineering** This unique program provides students with the prowess to create an atmosphere of safety against fire. Fire & Safety engineering explores various ways of preventing fire. It is a science of designing buildings and fire safety and property protection. Fire engineers design sectors are at the forefront of ensuring that fire safety is maintained and enhanced without exhausting natural resources or damaging the environment. They are posted in various oil fields, oil rigs, major industrial complexes, refineries, fertilizer and nuclear plants. Safety regulations round the world are being implemented stringently and the role of a fire & safety engineer is becoming more and more important.

**B.E Naval Architecture and Offshore Engineering**

This course is formulated to obtain expertise in Naval Architecture and Offshore Engineering so that on completion of the degree, the candidates are eligible to occupy Engineer/managerial positions in various Government and private Shipyards, Ship Design offices, Boatyards, Classification Societies, and Offshore companies within India and abroad

**Graphic, Interior & Fashion Design Careers**

Designers are innately creative people. They then make use of their creativity, artistry, and knowledge of practical skills to turn their creative vision into plans for our Websites, clothes, advertisements, cars, media, and

surroundings. Since designers are needed in so many industries they usually generalize, focusing on one specialized area like interior design, cars, company logos, newspapers, clothing, theatre sets, merchandise displays, medical equipment, or many others. One of the chief benefits of being a designer is that a very large number, almost one third, of all designers are self-employed. That is almost five times the percentage of self-employed people in other fields

The National Institute of Design (NID) offers courses in Animation Film Design, Film & Video Communication, Exhibition Design, Graphic Design, Ceramic & Glass Design, Furniture Design, Product Design & Textile Design. Italy has internationally renowned schools of design

#### **Art Curators and Art Conservationist**

Art curators are employed by museums and art galleries, and they may work in specific areas of concentration like Western, Asian or contemporary art. Acquisitions, development, storage, management, inventory and maintenance of museum collections are part of the art curator's duties. Art curators design new installations and exhibits, put on public events like lectures and workshops, write grants and conduct fundraising activities. In addition, they perform research projects and write papers for publication.

A one year PG Diploma course in Museology and Conservation is now conducted at both the Dr Baudaji Lad Museum and the Chhatrapati Shivaji Maharaj Vastu

Sangrahalaya.

#### **Image Consultant:**

Image consultants help people cultivate a professional or updated appearance. They may work with businesses and/or individual clients to make changes to their looks, communication skills and behaviour. Many consultants specialize in a certain area, such as clothing, social etiquette or public speaking. A large portion of these consultants are self-employed and must spend a great deal of time marketing themselves and finding new clients. People in this position typically have relevant formal training and certifications offered by product vendors and a variety of image consulting associations.

The choice is yours but needs a very careful selection, for once chosen a career; it is not advisable to retrace your steps. While choosing a career one stands at cross roads, with many roads converging on a point and you have to decide which one to take. You have to be practical, logical, rational and shrewd. In this new age with around 40 disciplines in just the field of engineering it is would be wise to take professional advice to help in your selection of your career path.

***Find out what you like doing best, and get someone to pay you for it.***

*Katharine Whitehorn*

*With Best Compliments From*

## **KAMATH TOURS**

*Speciality-*

- \* South & Coastal Karnataka's Ancient Temples Tour.
- \* Heritage & Historical Tour of Hampi, Badami, Aihole, Pattadakal, Kudal Sangama & Bijapur.
  - \* Kashmir Family/Honeymoon Tour.
  - \* Andaman Family/Honeymoon Tour.
  - \* Kerala Family/Honeymoon Tour.



For booking / more information, please contact

**Jagannath Kamath-9821388905 / Dayanand Kamath-9820646408.**

Address- B1/102, Meena CHS LTD, Service Road, Near Nitin Company,  
Panchapakhadi, THANE ( West)-400602.

Email:- [tourskamath@gmail.com](mailto:tourskamath@gmail.com)



**1) Avadhut Rege**

Avadhut received his training in music from stalwarts like Smt. Rekha Date, Pt. Narayanrao Bodas & Shri Kedar Bodas and has been actively involved in the field of music performing since the last 20 years at various Marathi, Hindi musical concerts and events.

He has received more than 35 awards for participating in singing competitions. Avadhut is also the winner of 'Alfa Zee SAREGAMA' in the year 2001. He bagged the second place at the Manali Carnival festival, an interstate music competition. He has given playback for various Marathi films like "Dum Dum Diga Diga" & "Navara Avali Baiko Lavali" "Tuze Geet Gatana" and to more than 25 devotional album like "Kalbhairav", "Akkalkot Mahima", "Shirdi cha Yogi".

Avadhut has composed two devotional albums- "Sadguru Kalpataru" – in which well-known singers like Ravindra Sathe, Ravindra Bijur, Uttara Kelkar, Dr Neha Rajpal have rendered their voices. He has also composed "Panchmantra Pushpanjali"– which is a Namsman CD of Shri Shantaduga, Shri Mangesh, Shri Mahalaxmi, Shri Nagesh and Shri Mahalasa.

He has performed with well-known singers and music directors like Vaishali Samant, Nilesh Mohrir, Ravindra Sathe in various events and concerts and has even established his own institution (Sanstha) "Swarbandish".

**2) Pooja Gaitonde**

Pooja holds a B.Com degree, and at present is learning Sufi & Ghazals from Ustad Munnwar Masoom Sayeed Khan. She has honed her skills learning classical vocal under the tutelage of Late Pandit S.C.R. Bhat, one of the great classical vocal virtuoso of Agra Gharana & also from his disciples Shri. Raja Upasani & Smt. Suniti Gangoli.

Pooja is groomed in light classical by Shri. Vikas Bhatwadekar, Smt. Dhanashri Pandit Rai, Shri. Lalji Desai, Shri. Santosh Kudva, Swamy Chaitanya Swaropji of Shree Vallabh Sangeet Vidyalaya, Sion, Mumbai.

Pooja is also mastering in Harmonium playing from Pandit Tulsidas Borkar. She has been trained by Ustad Ibrahim Durvesh for her Urdu pronunciation which appeals to literate audience. She has also taken guidance from Javed Ahemed Sakhi, NCPUL & Sahab Hasan. With a blessed voice and gifted ability, Pooja comfortably draws attention due to her dedication & passion.

She has received several awards for her talent, notably among them being the "Surjyotsna National Music award" on 22 March 2015 and felicitated by CM of Maharashtra for the "outstanding emerging talent".

**3) Rutuja Lad**

She was initiated into music by her parents Tanuja Lad and Umesh Lad from the age of 5 years and initially took the guidance from Guruvarya Bhalchandra Paatre.

From the past 12 years she getting trained from Gaanayogini Pandita Dhondutai Kulkarni from Jaipur Atrauli Gharana. She also learns Harmonium from Shr Sudhir Nayak and currently she is under the able guidance of Dr. Ashwini Bhide-Deshpande.

She has won prizes in the inter collegiate and state level competitions like Dadar- Matunga Cultural Centre, Mumbai University and S.N.D.T University youth festivals etc. She has also participated in Marathi Idea SAREGAMAPA and reached till top 6.

**4) Siddharth Nityananda Padiyar**

A post graduate in Plant Physiology and Biochemistry from St. Xavier's College of Arts, Science & Commerce, Siddharth got his initial training from renowned teachers like Kishore Patre, Narayan Prabhu and Prashant Pimpale.

He is presently learning Tabla under the guidance of Dr. Aneesh Pradhan since the past 5 years. He has also been performing from the past three years and has experience in providing accompaniment to Hindustani Vocal and instrumental music as well as performing solo tabla.

**This section of VOG will profile promising GSB Talent in arts, sports, business, etc.  
Do send in matter which you feel can make it on this page**

# Boosting progress Benefitting Nation



## CURRENT FACILITIES

1. Operational during the fair Season (October to May)
2. Bulk cargo exports - presently Iron Ore.

## PROPOSED EXPANSION OF REDI PORT

1. All weather multi commodity State-of-the-art port.
2. Bulk Cargo, Liquid Cargo and Container Berths.
3. Oil Storage tanks.
4. Free Trade Warehousing Zone (FTWZ).
5. Sez, Shipyard and many more.



REDI PORT LIMITED

Member of the Earnest John Group of Companies

Earnest House, 10th Floor,  
194, Nariman Point, Mumbai 400 021, India.

**With Best Compliments From :**

**INMAR CORPORATION PVT. LTD.**

**SOURCING AND MARKETING OF MACHINERY, EQUIPMENTS AND TESTING INSTRUMENTS**

**&**

**Inmar Engineering Services Pvt. Ltd.**

**6, Laxmi Nivas, 71, Sion (West),  
Mumbai 400022**

**Tel: + 91 22 65029746  
+ 91 22 24096170**

**E-Mail: [paxcorp@vsnl.com](mailto:paxcorp@vsnl.com)**



**Professionalism**  
ingrained in TRUST

**Relationships**  
bound by TRUST



**Friendships**  
forged by TRUST

**TRUST that endures for**  
**Generations**



A bank that understands the  
true meaning of **TRUST**.  
Because our success has been based on  
the bonds we've created through the years.

Foundation Day: **26 Sept.**  
*A Century of Trust*

 **NKGSB Bank**  
NKGSB Co-op. Bank Ltd.

**100**  
YEARS  
of Banking Excellence  
1917-2017



**NKGSB Bank**  
NKGSB Co-op. Bank Ltd.

Customer Care No.: 022- 2860 2000 | Web: [www.nkgsb-bank.com](http://www.nkgsb-bank.com)

**CANCER IS CURABLE  
WHEN  
DIAGNOSED EARLY**

**WITH BEST WISHES  
FROM**

**TRIUMPH ONCOLOGY CLINIC**

504, OM CHAMBERS KEMPS CORNER, MUMBAI – 400036,

TEL : 022 - 6664 1852

FAX : 022 - 6664 1853

E-MAIL ADD: [triumphoncology@hathway.com](mailto:triumphoncology@hathway.com)



**G.S.B. Sabha's Mahila Shakha  
Future Programmes**



<b>Date</b>	<b>Programme</b>	<b>Time</b>	<b>Venue</b>
Friday 5/8/2016	<b>Durganamaskar and Shravan Haldi Kumkum Sponsored by Smt. Namrata Kamath</b>	4.00 p.m.	Dwarakanath Bhavan Hall, Wadala
Tuesday 9/8/2016 & Thursday 11/8/2016	<b>Saptha Bhajan</b>	4.00 p.m.	Walkeshwar Shri Kashi Math
Sunday 18/9/2016	<b>Bhajan Competition Sponsored by Smt. Shanteri Nayak</b>	3.00 p.m.	Sabha Office
Tuesday 4/10/2016	<b>Navratri Haldi Kumkum Sponsored by Smt. Suman Kini Bhajan by Kum. Brahmi Shenoy</b>	4.00 p.m.	I. M. Pai Hall, Kreeda Mandir
Saturday 22/10/2016	<b>66th get-together of eligible Boys &amp; Girls with their parents Sponsored by Smt Kalyani and Shri Jeetendra Shenoy Release of Master List of eligible boys for marriage</b>	3.30 p.m.	I. M. Pai Hall, Kreeda Mandir

**All are invited for the programmes.**

Bhajan Classes are held at Sabha's Office. For particulars, contact office between 5:00 p.m. - 6:30 p.m.  
**Bhagvad Gita classes are held at the Sabha office. Please contact Sabha office for details**

Marriage Information meetings are held at Sabha's office on 2nd and 4th Tuesday of every month between 4:00 p.m. and 6:00 p.m.

**P.S: From the month of August, Marriage Information meetings will be held at Sabha's office on 2nd and 4th SATURDAY of every month between 4:00 p.m. and 6:00 p.m.**

**Donations are gratefully accepted**

Mahila Shakha gives marriage assistance to the needy. We need your assistance to help them better

**Smt. Durga C. Shenoy**  
**President**  
**Tel: 2789 9113**

**Smt. Bina Shenoy & Smt. Amita Kini**  
**Jt. Hon Secretaries**  
**Tel: 9820507690      Tel: 9870062476**



**SimplyGSB.com**  
*Connecting to Your roots...*

Visit us: [www.SimplyGSB.com](http://www.SimplyGSB.com)

*A site for the community, by the community, of the community*  
Come !! Be Part of this Vibrant Online community!! **Join for Free Now!!**

We thank all our Members & GSB Sabha Dahisar-Borivli for their rousing Support

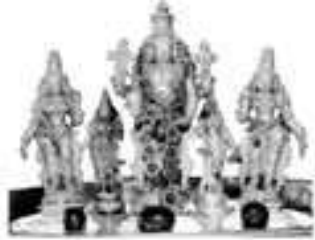
Get to know our History, Culture, Famous people, Events, Young Achievers et al.

<b>Our Mission 3 C's to acts as</b>	<b>Our Future Vision</b>
Connect to our roots	<b>Saffron Pages</b> – Put your Business Info here
Common Platform for all GSB Institutions.	<b>Matrimonial Page</b> – A place for Marriage Alliances
Single source of Community information	<b>Job Portal</b> – Post Resumes & Career Opportunities
	<b>Online Seva Booking</b> for poojas, sevas, donations etc across Sabhas / Institution

Want to advertise, Have a Community Event, Communicate Your Art, Achievements, A story, Recipe, etc. write to [admin@simplygsb.com](mailto:admin@simplygsb.com) or contact:

**Subhash D.Kamath (9322401863) / Nagraj D. Nayak (9892343448)**  
**[www.SimplyGSB.com](http://www.SimplyGSB.com)**

**Bring this Page  
and avail 10%  
Discount on  
our Ad Rates**



## A HISTORIC EVENT Punar-Pratishtha Ceremony In Shri Venkataramana Temple, Karkala

By K.G.Mallya

Shri Venkataramana Temple, Karkala (also unofficially known as Padutirupati as the world famous pilgrimage centre Tirupati is in the East) is believed to be the first temple of Gowda Saraswat Brahmins (GSBs) where the worship of Lord Venkataramana, also known as Shri Shrinivasa and Shri Balaji, had started somewhere in the 14<sup>th</sup> Century A.D. The pioneers had migrated from Goa much earlier than the exodus from Goa during the Portuguese rule. It is believed that taking the land-route they had arrived at Karkala crossing the Western Ghats. According to another account, five families of GSBs were invited from Bhatkal to settle down in Karkala as the local ruler here was impressed by their way of life as they were always honest, hardworking and God fearing. They started, in a humble way, a temple of thatched roof in which they started worshipping their God, Lord Shrinivasa and at that time He was known as Chappara Shrinivasa (In Kannada Chappara means a pandal). Subsequently, in 1537 they constructed a solid temple.

Thus the centuries old Venkataramana Temple was due for reconstruction and reinstallation of the deities was decided by the administration and devotees attached to the temple. Accordingly, on 5<sup>th</sup> June, 2015, they made the auspicious beginning by embedding the 'Nidhi Kalasha' after keeping the sacred idols in 'Balalaya' and bringing down the old temple. On that day it was officially decided to have the Punar Pratishtha on 1<sup>st</sup> May, 2016. By working round the clock, this schedule was maintained and the temple was formally consecrated on Sunday the 1<sup>st</sup> May, 2016 by H.H. Shrimat Samyameendra Tirtha Swamiji of Shri Kashi Math and the deities were formally reinstalled at the auspicious muhurtam of 10.13 a.m., Mithuna Lagnam on Ravivara, Chaitra Bahula Navami of Durmukha Nama Samvatsara of Shalivahana Shaka 1938.

On the Punar Pratishtha Day, the road leading to the temple was freed of vehicular traffic and the volunteers worked round the clock in serving devotees who arrived from far and wide. Near the temple, a huge colourful shamiana was erected with hundreds of red chairs for the comfort of the devotees who could sit down and watch on the close circuit TV the proceedings of the programme taking place inside the temple.

The Close Circuit T.V. definitely reduced the pressure on space both inside and outside the temple--the centre of activities. In respect of the re-installation ceremony, we could see the following on the Screen:

The main door of the "garbhagriha" was covered with a saffron-coloured gold border silk curtain. Shri Swamiji, at the predetermined muhurtam, moved the curtain aside indicating the opening of the 'garbhagriha'. Soon after, He was seen performing the 'artis' to the deities, Shri Shrinivasa and Shri Venkataramana, indicating that the deities were installed on their respective 'peethas' on the new throne, made of gold with very artistic carvings. There were loud cheers by hundreds of devotees in one voice, calling out and hailing, "Shrinivasa, Venkataramana, Govinda, Go-vinda!" accompanied by the chants of Vedic Mantras, beating of drums, ringing of bells and pipes sending out very auspicious notes. (Incidentally the Temple has two idols. The first one is the presiding deity, Lord Shrinivasa--with two consorts Shridevi and Bhodevi--and the second one the 'utsava moorti' or the procession deity is Lord Venkataramana, (with same consorts) though both idols are of one and the same Lord).

After the Pratishtha of the idols, and rituals connected with the reinstallation the temple was thrown open to the people in the evening. In the meantime, the devotees were requested to have snacks and 'paanaka' or bhojana prasada in "Annapoorna Bhojana Shala" in Shri Sudhinda Nagar, near Shesha Tirtha. It is learnt that food was served up to 9.00 p.m. that day and more than 50,000 people had partaken food.

At dusk we could see a delightful scene: The glorious temple edifice presented a grand and memorable view as it was fully illuminated by miniature electric lights of different colours and hues.. The illumination was the added edge and highlight of the rare event of Punar Pratishtha. The road from Shri Venkataramana Temple to Shri Anantashayana Temple was illuminated and buildings were adorned with lights adding to the joy and happiness over the great event that was Punar Pratishtha.

Going round the 'garbha graha' one would definitely feel that though the entire temple has been reconstructed, in dimension and size it was almost equal to the previous temple but now everything was

adorned or made of silver -the walls, the pillars, and even the 'tulasi katte' is covered with silver with artistic designs with the exception of the four pillars of black granite stone standing proudly in Garuda Mantapa with ornamental and intricate carvings by the famous 'Shilpi' Late Shri Ranjal Gopal Shenoy displaying the age-old art and craftsmanship for which Karakala is noted for since centuries. These pillars, it is learnt were made in and around 1942. It may also be recalled that this Master Sculptor had carved 39 feet high monolithic statue of Gomateshwara that is standing in Dharmasthala (1973). He had also carved a gigantic statue of Buddha which was exported to Japan. In the reconstructed temple, the door, the door frames, the throne and other places in the sanctum and sanctorum are adorned with gold. The 'utsav' continued in the night with the drawing of smaller chariot with the deity in it and the enthusiasm and the devotion of people seemed undiminishing!



H. H. Shrimad Samyameendra Tirtha Swamiji unveiling the curtain, symbolizing reinstatement



A view of the temple in the evening.

Befitting the occasion, there was a night-long Yakshagana Bayalata in Kannada depicting the story of Shri Shrinivasa Kalyana (Marriage of the Lord Shrinivasa)

There was a Mahasabha as a part of the Mahotsav and H.H.Shrimat Samyameendra Tirth Swamiji in his benedictory blessings among other things stated...

"...We are enjoying the fruits of the 'punya' earned and accumulated by our forefathers. Only on account of that such a great event like the one we have had today, "Punar Pratishta" could take place flawlessly. For the people of this place today is a great day as the renovation of a temple takes place not frequently but only once in several centuries..."

In every respect the event was memorable and it will remain in our heart and mind for a long time to come.

*(Author's Note: This is the report of the Reinstallation Day though the ceremonies had begun on Monday the 11<sup>th</sup> April, 2016)*



People gathering for the Car festival

### SUTA PUNNAV

This year Suta Punnav falls on Wednesday, 17<sup>th</sup> August, 2016. New Jannuves, blessed by Bhatmaam would be available at our Sabha office from 8 a.m. onwards.

Kindly avail yourselves of this sacred service.



### Achiever – Rohan Kini



Rohan Kini, son of Dr. Rita and Dr. Ameet R. Kini, staying in Chicago, U.S.A., and grandson of Smt. Suman and Dr. R. N. Kini, received the Presidents Award. This award is given to top students who show overall academic excellence, in their entire elementary school performance. We congratulate Rohan and wish him many more for the future. Stay blessed always.



### Achiever – Nidhi Kamath

“Weaves of Maheshwar” a film co-directed by Nidhi Kamath, was awarded the Best Promotional Film at the 63<sup>rd</sup> National Film Awards held on 3<sup>rd</sup> May, 2016. The award was presented at the august hands of the President, Shri Pranab Mukherjee in the presence of Shri. Arun Jaitely, Hon. Union Minister for Finance and I&B and Hon. Union Minister of State for I&B Col. Rajyavardhan Rathod.

The National Film Award for Best Promotional Film is one of the National Film Awards presented annually by the Directorate of Film Festivals, an organisation set up by Ministry of Information and Broadcasting, India. It is one of several awards presented for non-feature films and awarded with Rajat Kamal (Silver Lotus) and a cash prize.

The award was instituted in 1967, at 15th National Film Awards and awarded annually for short films produced in the year across the country, in all Indian languages.

Nidhi is the daughter of Dr. Shobha and Dr. Jagdish Kamath, residents of Vadodara. On behalf of the GSB Sabha and all the community members, we congratulate Nidhi on this achievement and wish her the very best for future endeavors.



### Achiever – Giridhar Pai

Shri. Giridhar Gopalkrishna Pai, IRS officer, was awarded the Prestigious Presidential Award Certificate of appreciation for specially distinguished record of service by Honourable Finance Minister Mr. Arun Jaitley on 24th Feb, 2016 on Central Excise Day Held at New Delhi.

Shri Pai joined the service on 27.01.1998. The exceptional level of performance in his work has earned him 4 commendation certificate from the seniors in the department.



#### Announcement of Winners of 5 Questions asked in previous issue, April to June 2016

The following are the correct answers to the 5 questions which were asked in the April to June 2016 issue of VoG

1. Who were the winners of the 6<sup>th</sup> edition of the V.R.Shenoy Memorial Inter GSB Cricket Tournament held on 25<sup>th</sup> December, 2015?

Ans: Dombivili

2. Since which year is the Sabha conducting a one day carrom tournament for the physically challenged?

Ans: 1995

3. Who was the Chief Guest of the Mahila Shakha Get-together dinner programme held on 20<sup>th</sup> February, 2016?

Ans: Dr. Prabha Sawant

4. Who will be the recipient of the GSB Talent Recognition Award at the Gudi Padva Snch Milan Programme of Sabha to be held on 10<sup>th</sup> April, 2016?

Ans: Ramdas Kamat

5. In which year was the Padmashri award conferred on Late Shri T. N. Shanbhag?

Ans: 2003

The first 5 all correct answers were received from

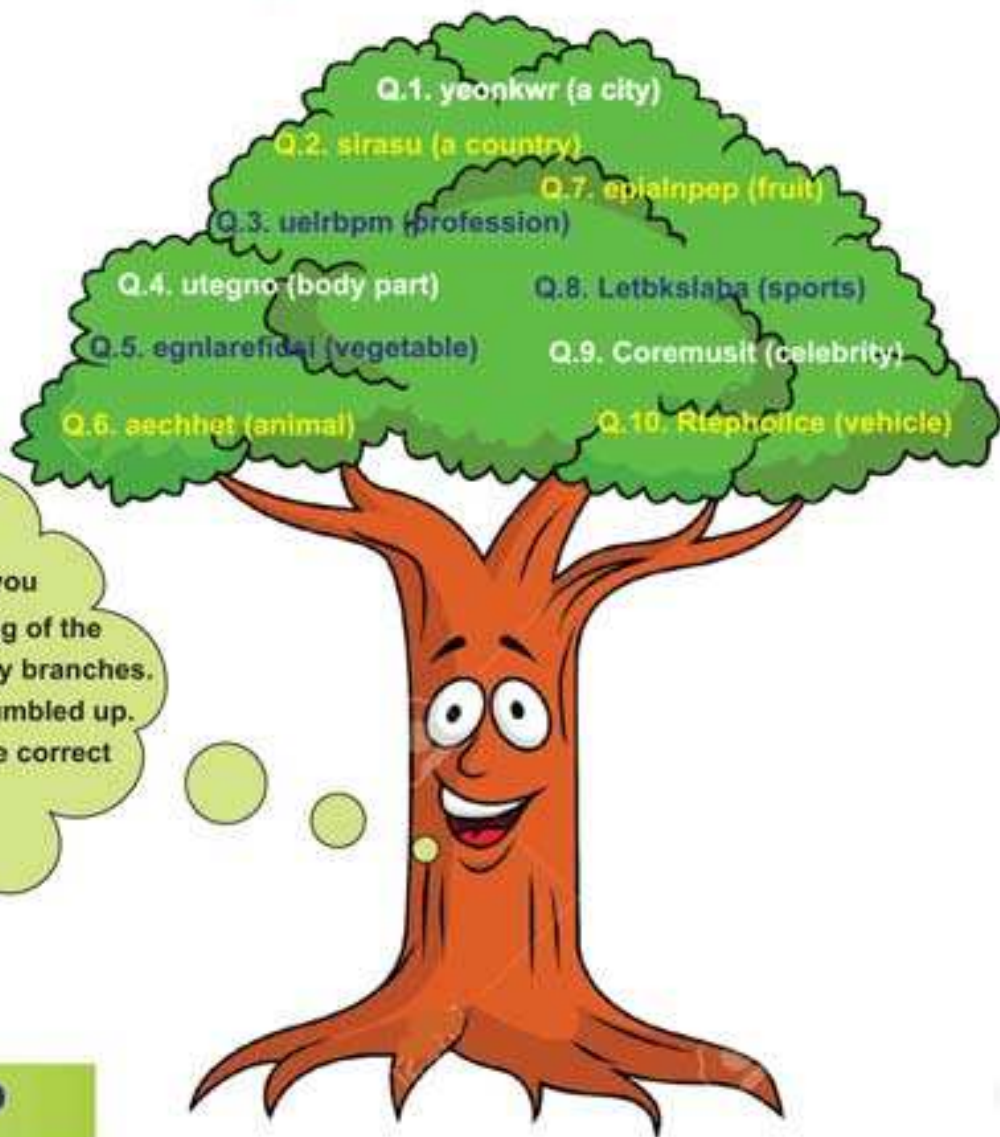
1 Nirupama Pai      2 Aparna Baliga      3 D. S. Prabhu      4 Datta Prabhu      5 Priyalata Prabhu

All correct answers were also received from

6 Tara V. Pai      7 Kalpana Pai      8 Malavika Rao      9 Ramchandra A. Pai      10 Rekha Prabhu

11 Shambhavi R. Shenoy      12 Niranjan Bhat

For 5 questions contest of this issue, please turn to page 26



Friends can you correct the spelling of the given words on my branches. Letters here are jumbled up. Can you guess the correct word?.

**What Am I?**

## Riddles

- 1) I have sharp teeth. I lurk in the rivers and smelly swamps. My skin is rough and bumpy! What Am I?
- 2) I slither and slip across the ground. I hang from tree branches. I use my long forked tongue to smell. My skin is scaly! What Am I?
- 3) Instead of nose I use gills to breathe. I like to hang out in schools. My skin is full of slippery scales! What Am I?
- 4) I have lots of feet on my five arms. I use them to move around the ocean floor. I look like a star. My skin is rough! What Am I?
- 5) I am the biggest mammal in the sea. I blow water through my spout. I might look scary but I am very gentle. You can feel my rubbery skin! What Am I?

**For answers, turn to Page 30**

## GRAND FINALE OF THE PRATISTHAN SUVARNA MOHATSAV

By Ganesh Shanbhag

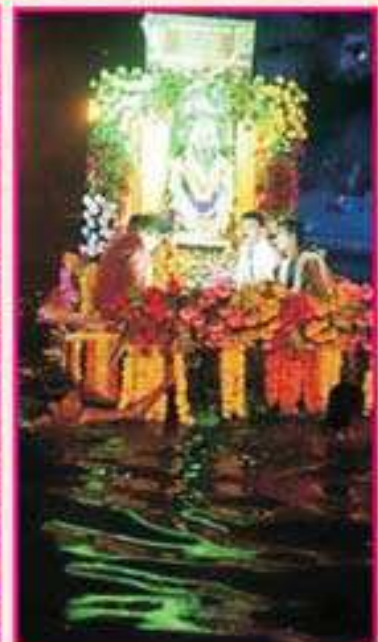
The yearlong celebrations of the Pratisthan Suvarna Mahotsava which took place at Kavale Math at Walkeshwar, Mumbai ended with pomp and splendor.

This Mohatsav was to celebrate 50 years of consecration of Shantadurga Devi at the holy precincts Kavle Math and also to commemorate the completion of 21 years of Diksha as the 77<sup>th</sup> Pontiff of Gaudapadacharya Math Parampara.

On 25<sup>th</sup> May 2016, the seven day finale began with Ganesh Yaag performed in the complex with the assistance of team of sixteen learned Purohits who specially travelled from Goa to oversee the dharmic and vedic aspects of Yadna, Yaag, Havans, Poojas and Aarti constituted in the Anusthan that took place all through the seven days at Kavale Math.

A Tulabhar Seva of H.H. Kaivalya Mathadeesh Shreemad Shivanand Saraswati Swamiji's was performed on 31<sup>st</sup> May, 2016 amidst large number of devotees with sevadhan offerings in form of silver, coins, and gifted Swamiji's with Bhakti and gifts.

Earlier on 31<sup>st</sup> May 2015 Mumbaikars were fortunate to be a part of an unique festivity- Nauka Vihar at the holy Banaganga pond. At dusk on this day, amidst beatings to dhols and tal vadya, the utsava murthi of goddess Shantadurga was taken for three rounds of the pond on boat illuminated with floral decorations. It was a spiritually satisfying experience.



### NKGSB Bank - A Century of Trust

Founded by great visionary Sheth Shantaram Mangesh Kulkarni on 26th September 1917, The NKGSB Cooperative Bank Limited, popularly known as NKGSB Bank, is one of the leading Multi-State Scheduled Co-operative Banks in the country.

The bank has not only grown in size of deposits and advances, but has multiplied its net worth making it financially sound and fundamentally strong. NKGSB Bank today has a network spread of 105 branches across the four states of Maharashtra, Karnataka, Gujarat and Goa. The Bank further plans to expand its network along with the significance increase in the bottom line. With the Business Mix of more the Rs. 10,500 crores, the Bank nurtures a vision of crossing a milestone of Rs. 25,000/- crores Business Mix by March 2022.

Famed for adroit product delivery to suit the end to end financial needs of all the customer segments, NKGSB Bank has an array of the latest product range available to all its customers, making it a "ONE STOP BANK".

The professional & dynamic approach of the Board of Directors, unflinching loyalties of the customers and the integrity of the staff members has created a solid foundation for itself. The Bank takes immense pride in being a part of the success story of numerous industries, firms, traders and professionals with the timely support. NKGSB Bank not only has been awarded "Best Bank" for outstanding performance numerous times but also has received many laurels for excellent rating in the co-operative banking sector.

As its centenary approaches, the Bank would like to express its gratitude towards the unflinching Trust which the customers & stakeholders have nurtured over the past 99 years. With the Zeal to deliver the excellence to the customers and to make all their dreams come true, The bank assures to walk a mile extra and perform even better in the ensuing year.

"A Customer is the most important visitor on our premises," living this value, NKGSB Bank, is committed to delivering excellence to its customers.

Smt Prema Kuloor whom we fondly call Prema-mai, a very premaral, as her name means, lovable and graceful lady actively served our Sabha and its Mahila Shakha and was a staunch supporter of all our activities.

It was a privilege to spend time with her and get to know her. An institution by herself, she believes the Mantra "Don't worry, be happy" helps lead happy and contented life. There is much one can learn from her, especially her grace, charm and sharp memory mesmerised me.



**Q1: Tell us something about yourself, your parents, native place, childhood, education etc.?**

**A:** My maiden name was Premalatha Shenoy. I was born and brought up at Pentland Peth, a suburb of Mangalore town, in a joint family. All in all, thirty people stayed under one roof. My father, Udyavar Lakshman Shenoy was a Mathematics teacher at St. Agnes High School. He was a gentle, lovable, man of few words, and was passionate about teaching. Sunita, my mother an efficient home maker whose tasty sweets, snacks and especially, fish curry, I still remember. She was good at many hobbies like stitching, knitting and embroidery and gardening. In those days, she was one of the few girls to attend Victoria Convent and spoke fluent English. She was fond of reading Barbara Cartland, Lucy Walker and popular Mills and Boons publications. We were four siblings : Madhav, who was called the Mohammad Rafi of Pentland Peth, myself, Hemlata and Vasantha.

I was admitted to Kannada medium school but my strong ambition to learn English drove me to go to the office of Lady Hill High School with the help of a senior student of the school known to my family, fill up admission form and pay, a princely sum those days, of Rs.2 as admission fees. My mother and aunts were stunned by my bravado. I secured a 1<sup>st</sup> class in SSLC, and then passed Intermediate from St. Agnes College with distinction in Physics, Chemistry and Maths. My desire to study further was cut short since my parents fixed my marriage.

**Q2: Please tell us briefly about your life partner and how did your marriage get fixed up ?**

**A** I strongly desired to be an English Professor, anyway, instead of being a Professor, I became the wife of a Chemistry Professor. Marriages are made in heaven, they say, and I was destined to marry this wonderful person known as Lakshman Rao Kuloor, also known by his pet name 'Sadanand'. It was an arranged marriage settled by my mother and my mother-in-law 'Durga-mai'. Every Saturday evening, there used to be bhajans at my in-laws place attended by many people. When I visited, my future mother-in-law requested me to sing "Bhagyada Lakshmi Baramma". Then, she gave out the secret. She wanted this alliance just because I sang sweetly. I felt highly flattered by this compliment and I continued singing bhajans since then.

My husband's career started at Goghte College, Ratnagiri then to Khalsa College, Mumbai and then to Wilson College, Mumbai. Whilst at Wilson, he was granted the Donforth Foundation scholarship to study in USA for 5 years. He then joined SIES College and became Vice Principal. Being a Gandhian, he believed in Nishkama Karma.

I got married on December 29<sup>th</sup>, 1950. I must say, with great humility, he was a handsome guy, tall, fair and pleasant looking – very popular among his adoring students. Compared to him, I was really dark. My friends assumed that it must have been a love marriage. I was able to tell them that it was love after marriage and not love before marriage. I have fond memories of my husband and spent quality lifetime with contentment and happiness.

**Q3 : It is said that at the end of the day it is your family that matters, tell us something about them. ?**

My eldest daughter Vidya, Chemical Engineer from Stanford lives in California. Prabha, my 2<sup>nd</sup> daughter is Head of Gastroenterology and Professor at Sion Hospital, Mumbai. Pragna, my youngest, a Masters in Chemistry and also done Computer Science lives in Chicago. My granddaughter, Durga, was a rank holder in Xth and XIIth standard. Grandsons, Vijay is radiologist in California whilst Pratik is a recipient of Unilever Global Championship. My youngest daughter's twins – Medha, studying medicine and Jaya, Chemical Engineer has research publication to her credit.

**Q4. You belong to the freedom movement era. What memories do you have of that time ? Did the freedom movement impact you and your family ?**

Right at the outset, I would like to announce proudly that I am the daughter of freedom fighters and wife of a freedom fighter. My father was a freedom fighter and a staunch Gandhian. I distinctly remember him with his white Gandhi cap which adorned his bald head. My mother too was a Gandhian. They spun khadi at home and not only wore but also went door to door to convince people to buy khadi.

My husband too, like my father, was a freedom fighter. He was the student leader in the Quit India movement of 1942. He led the revolt at the front gate of Ruia College shouting 'Inquilab Zindabad', 'Vande Mataram', brandishing his fists in the air. He was dragged from Ruia College gates, beaten up and jailed by British. The welts made by the leather belts were on his back till the end. His family urged him to apologize and get release from the jail sentence, but to no avail. This resulted in his losing the Tata scholarship then. I always believed I was brought up on a diet of patriotism. It had a big impact on our lives.

Even after Independence, my husband was against getting any benefits for his participation in the freedom movement. As a true Gandhian, he believed in "Nishkama karma".

**Q5: We would like to know some happy moments of your life.**

**A:** I still remember the celebrations on Independence Day. Indeed, I had tears in my eyes and goose-pimples all over my body, listening to Jawaharlal Nehru's famous independence speech. Ladoos, made from pure ghee, were distributed to one and all. Singing "Saare Jahan se achha" at my school, Lady Hill High School, immediately after Independence in 1947, will remain a special moment in my life.

**Q6: How did you get associated with G.S.B. Sabha, its Mahila Shakha and your activities?**

**A:** Unbelievable as it sounds, I was completely unaware of this wonderful organisation called GSB Sabha until I was enrolled by Smt. Sushila Mallya in September, 1971. My eldest daughter, Vidya encouraged by saying that having done enough for family I should go out and spend time in such activities amongst my friends. I was the Secretary of the G.S.B Sabha's Mahila Shakha for 22 years. Smt. Sanjivi Bhat was guide, philosopher and friend and I achieved many things due to her encouragement. My other friends were Vatsala Shenoy, Indira Pai, Radha Rao and Meenakshi Bhandarkar. I enjoyed compering events, writing impromptu skits, and playing quizmaster.

**Q7: Having been associated with the Sabha and its Mahila Shakha for such a long tenure, what are your observations and advise for us now?**

**A:** Our Sabha is a platform to socialise, exchange ideas and help others spiritually, culturally and through matrimonial services. My message is continue doing the good work with more vigour and enthusiasm. It is our duty to give back to society. The Sabha has progressed by leaps and bounds now.

**Q8: Tell us about your spiritual activities. You were also very active in Satsang, I am told.**

**A:** Satsang is wonderful activity that I thoroughly enjoy. By Lord Krishna's grace, our Sabha has been able to conduct Satsang for so many years through N. G. Paimaam and now V.S. Bhatmaam. Anniversary Programs were an opportunity to have interaction with many great personalities. About spirituality, our Swamiji H.H. Sri Sudhindrateertha's wish was that GSB ladies should study Bhagavad Gita and chant daily. Gopi-maam recommended my name and Mahila Shakha ladies started learning Bhagavad Gita. I can chant Bhagavad Gita fluently. That is why I say the Mahila Shakha became "breath of life" for me. I was very happy being associated with the Mahila Shakha Bhajan class and was able to pen some poems of Goddess Saraswati and Lord Ganesha.

**Q9: Tell us about your favourites?**

**A:** My favourite book: *Malgudi Days* and *A Horse and Two Goats* by R.K. Narayan, favourite film is *Seema* with Balraj Sahni and Nutan, favourite author is Chetan Bhagat and favourite dialogue from the film "Bawarchi" by Rajesh Khanna – "It is so simple to be happy but so difficult to be simple". I have collected all copies of VoG and re-read often.

**Q10: According to you, what are the challenges faced by women in educational, social and professional fields in your younger days and now?**

**A:** In my time women were happy to fulfil family needs and obligations, they were not financially independent and hence were home-makers. In fact many despite having the calibre could not pursue their ambitions. Today, there are many opportunities for women to pursue their desire and career. They are financially independent and good at multi-tasking.

*Thank you, Premmai. For sharing about your life and for your time. The Sabha wishes you many more years of good health and happiness.*

#### **Five Questions of which you will find the answers in this issue of VoG**

Here are 5 questions, the answers of which are embedded in the reports/articles/announcements which are made in this issue of VoG. You have to read the pages carefully and get the correct answers. Please send the answers by e-mail to [gbsbsabha@gmail.com](mailto:gbsbsabha@gmail.com). The names of senders of first 5 all correct answers will be featured in next issue of Voice of GSB. Please send your full name and membership number (you will find this on your address label printed next to your name) in the e-mail.

#### **Five Questions**

- Q1) Which year is being celebrated as the Diamond Jubilee Year by G.S.B. Sabha's Mahila Shakha?
- Q2) On which date is G.S.B. Sabha celebrating its 82<sup>nd</sup> Foundation Day?
- Q3) On which days will G.S.B. Sabha's Mahila Shakha conduct its Matrimonial Information Service from August, 2016?
- Q4) Who has been nominated as G.S.B. Sabha's Trustee to the G.S.B.S. Medical Trust in the Special General Body Meeting held on 24<sup>th</sup> April, 2016?
- Q5) Where is the 104<sup>th</sup> branch of NKGSB Co-operative bank located?

5

## My Holiday in God's Own Country: Kerala Calling

by: *Tanushree Shenoy*

The work culture in India has changed drastically over the last decade. '9 to 5' has become passé. It has been replaced by 9 to... (till the employee is really sleepy and needs to go home). Vacations are a breath of fresh air that not only allow us relief from the fast paced lifestyle and long work hours but also opens our mind to new possibilities and new thinking. My husband and I decided we needed to unwind so we planned a vacation. We zeroed in on Kerala for our April vacation. We planned in advance and made the necessary travel arrangements two months prior and as we were not in mood for any abrupt and rude shocks during our vacation.

**Day One:** We took an early morning flight to Kochi and were greeted by a smiling and friendly Augustine who would be our friend, chauffeur and guide through the trip. Our first destination was Munnar a hilly and scenic terrain situated close to the Kerala Tamil Nadu border. The journey from Kochi to Munnar is beautiful. As we left the plains for the hills, the landscape changed gradually from coconut trees to pineapple farms. Although the time from Kochi Airport to Munnar is 4 hours, we took an hour longer as we decided to stop at two spots. En route to Munnar our first stop was at a Hindustan Spices and Herbs garden at Idukki. The entrance fee was Rs100/person. We hired a female guide to take us through the spice garden. Contrary to our expectation she was very fluent in Hindi. She described to us various benefits of the herbal plantation and spices. The tour lasted for 30 minutes post which the guide led us towards their shop. The shop sells a variety of herbal products and spices. As we found the spice packets expensive we decided to skip shopping at the store. We also stopped by for an elephant ride nearby. The ride cost us Rs 250 per person but was an experience to cherish for a lifetime. I waved my hand out to the commoners who were standing by as their Queen was accepting their salutations. Oops sorry! That was playing out only in my head.

From the sweaty plains of Kochi, the pleasant and cool breeze of the picturesque Munnar was such a welcome change. Munnar is home to tea plantations and we could only see green tea plantations as far as our vision could stretch. We decided to explore the artistic side of Kerala by attending a live performance of Kathakali dance at the Punarjani Traditional Village. This theatre is located at a distance of 8km from Munnar town but was ideally located from the hotel where we were put up. The group holds shows in the evening. It was a riveting

performance where the performers chose to explain the dance form in order to involve the audience onto the happenings on stage. I gesticulated and tapped my feet through the performance and was so swayed away with the music that I would have danced my way through to the stage had it not been for the amused looks of the lady on the right.

**Day two:** We began day two with a visit to the Kanan Devan Tea Museum where we learnt of the history of tea plantation in Munnar led by a team of adventurous British. I recommend you to stop by the shop at the tea museum and explore the variety of tea they sell. I am particularly fond of the rose tea that I bought at the store. We then headed to the Mattupetty dam. I always believed that God is an artist and this was proved right by the scenic Mattupetty Dam and the adjoining lake. Augustine told us about the wild elephants in the area which venture out onto the roads post dusk. I highly recommend tasting pineapple slices which are available at small tea shops en route to the dam. The terrain at Munnar is ideal for sweet pineapples and it would be tragic if one misses out on tasting this fruit at Munnar.

**Day three:** It was day three of our trip and we bid adieu to the hills of Munnar for the backwaters of Kumarakom and Alleppey. The drive from Munnar to Kumarakom took us 5 hours.

**Day four:** The next morning we drove to Alleppey which is an hour drive from Kumarakom. There we hired a boat to enjoy the serene backwaters. Of course Augustine was ever helpful in negotiating the price (charged per hour for the boat). As it was the month of April and the time was 11am we did feel a bit of discomfort due to the humid Kerala weather but surprisingly, the backwater ride was a pleasant one with plenty of breeze for our company. The boat took us into the aquatic lanes where we saw everyday activities of people living on the banks. I found the entire experience idyllic and soothing.

**Day five:** We left the country side for the big city of Kochi. The drive from Kumarakom to Ernakulam took us 2hours. Augustine impressed upon us the idea of visiting private museum in Enrakulam and I can't thank him enough for that. The FolkLore Museum is a treat for any history lover and the painstaking effort of the collector is evident as the collection of traditional artefacts is stupendous and highly impressive.

I have been to Enrakulam/Kochi before and find the city full of life. Kochi is primarily about three parts, the

old town of Kochi, Willington Island and Ernakulam city. We were staying on the Willington Island. Ernakulam has the trappings of any other big city, Malls, traffic, crowd etc. Ernakulam is famous for saree shopping and as I am a saree lover I did not let go my opportunity at saree shopping. We also visited the Lulu mall in Ernakulam. The mall is huge and quite impressive. We were determined to not miss out on Kerala's famous biryani and had our heart's fill at Grand Hotel and Paragon during our visit to Ernakulam. It was a mouthwatering experience and I would highly recommend both these restaurants for anybody visiting this city.

**Day Six:** We decided to visit Fort Kochi or the old city of Kochi. GSBs have a close affinity for Kochi/Ernakulam as our Mathaadipati belongs to this city. Also a sizeable GSB population resides in this city. Hence we decided to return to our GSB roots on our vacation by visiting the Old Tirumala Devasthanam (Old TD temple). The temple is the biggest GSB temple I have ever seen in my life. There is a pond facing the front gate of the temple. The atmosphere at the temple is quite tranquil and peaceful. Although, I must warn my fellow travellers, if you choose to visit the temple do remember they are strict about the dress code.

Kochi has a colonial past and was one of the primary settlements of the Dutch when they landed in India. Fort Kochi is replete with beautiful old colonial architecture and churches. It is a delight for any architecture lover. The traditional Chinese fishing nets are a treat to watch. We also visited the Dutch Palace, an old palace belonging to the Kochi royalty now converted into a museum. It is a must watch for all tourists as it allows us a peek into the Southern Royalty through their various photos, frescos and belongings displayed in the museum. The spice market at Jew Street is also interesting for travellers but I found the market expensive to shop.

By 1pm we were heading towards the Kochi railway station. Our Kerala sojourn was over and we were heading to Mangalore. I truly believe one of the key factors for making our Kerala holiday so memorable and hassle free was our friend Augustine. He made our journey comfortable and a pleasant one.

Tanushree Recommends:

#### **Munnar:**

- ⊙ Kathakali performance at Punarjani Traditional Village
- ⊙ Mattupetty Dam and the adjoining lake
- ⊙ Shop for spices in Munnar town and variety of Tea at the Kannan Devan Tea Museum Shop
- ⊙ Places to Stay: Munnar has many hotels to

choose from although I would recommend Club Mahindra or Sterling Resort

- ⊙ Place to Eat: we had our meals at Sterling Resort where we were staying. Do not miss out on eating pineapple.

#### **Kumarakom/Alleppey**

- ⊙ Backwater ridey:
- ⊙ Places to Stay: Kumarakom has many resorts for lodging, such as the KTDC Lake Resort, Zuri Kumarakom, Cocobay Resort, Taj Kumarakom etc. You could also choose to stay at Alleppey which offers some amazing home stay options as well resorts adjoining the backwaters. We stayed at Taj Kumarakom.
- ⊙ Place to Eat: We had our meals at the resort in Kumarakom and at Hotel Prince in Alleppey

#### **Kochi/Ernakulam**

Ernakulam

- ⊙ Folklore Museum on Pandit Karuppan Road
- ⊙ Saree Shopping at Jayalakshmi Sarees, Seematti, Kalyan Silks
- ⊙ Lulu Mall
- ⊙ Marine Drive
- ⊙ Places to Stay: Ernakulam has many options to choose from depending on your wallet; Crowne Plaza and Gateway Marine Drive are some of my suggestions. Although I would recommend you choose hotels closer to the Marine Drive as it is easy to travel to the other parts of Kochi by ferry (Fort Kochi and Willington Island). You could also stay at Taj-Malabar on Willington Island where we enjoyed a wonderful time. But travel to the other parts of the city is a bit of a strain without a vehicle in case you choose Willington Island.
- ⊙ Places to Eat: Grand Hotel and Paragon at Lulu Mall; if you are a non vegetarian and a fish lover do try the Kerala specialty of Meen Pollichathu and the Malabar Biryani. Also a must try for people with sweet tooth; Kerala's traditional beaten rice payasam with jaggery.

#### **Fort Kochi:**

- ⊙ Old TD temple: a must visit for any true blue GSB
- ⊙ Dutch Palace, Spice market on Jew Street
- ⊙ Chinese Fishing Nets of Kochi
- ⊙ Place to Eat: Continental food and Sea Food at the local cafe and eateries located in the colonial bungalows

**Surmayi Subah – A Treat for Senior Citizens**

'Surmayi Subah' a beautiful and satisfying musical program was presented by Kala Coast Music and Arts Charitable Trust at Shantikunj Old Age Home at Harigram Panvel on Sunday, May 29. This was a special program for the senior citizens and they did full justice to it. Not only did the senior citizens flock the Ram Vithal Temple where the program was held, but they also participated in it by singing and answering quiz questions.

The program began by the traditional lighting of the lamp by two senior citizens of the ashram and was followed by Saraswati Vandana and rhythm games by children where they made melodious sounds like rain water falling etc, a novel concept ushered in by Sudhir Nayak. This was followed by lovely songs by seasoned artists Rutuja Lad, Shubham and Saurabh Wakhare and mandolin performance by Mukesh Gandhi .

One of the surprises and highlights were songs and bhajans sung by the senior citizens themselves. Many talented and good singers came to the fore as these seniors were encouraged and applauded by the audience and by Uday Malya, President, GSB Sabha, who ably compered the whole programme.



### **VIDYADHIRAJ CHARITABLE TRUST ORGANIZES A DAY PICNIC FOR SENIOR CITIZENS OF SHANTIKUNJ SEVASHRAM**

Vidyadhiraj Charitable Trust (VCT), New Panvel is engaged in multifarious humane activities like providing dignified living for senior citizens, education to rural children and basic medical relief.

One of the arms of the VCT viz. the Sevashram Relief Foundation focuses on bringing a smile to the face of our elderly residents.

A day picnic was organised to Sri Durga Parameshwari temple, Karla on June 11th with an almost 100% participation of the physically able residents.

Bhajans, songs, antakshri and games were played. Getting them out of the boundaries of the old age home to a world they once belonged to was the main intent behind this. Kudos to all who put their heart and soul into making the event a great success.

Special thanks to our sponsors who ensured that we did not have to dip into the Trust funds for this event.

What made this really worthwhile was the chorus at the end of the day by the senior citizens - "Ye dil maange more!"





## NEWS FROM OTHER ORGANIZATIONS

### G.S.B. SEVA MANDAL CONDUCTS CAREER AVENUES - 2016

The G.S.B. Seva Mandal, Sion Mumbai organized an unique function for the youth of our Samaj on Sunday the 12<sup>th</sup> of June 2016, called as "CAREER AVENUES – 2016". The objective was to make students, from the tenth to twelfth standards, aware of careers apart from the regularly sought out careers in Medicine, Engineering (mainly Information Technology / Computer Engineering / Communication & Electronics, currently) or Commerce (especially Chartered Accountancy).

The programme started with prayers at sharp 10 am. Shri Shivanand Bhat gave a brief of Seva Mandal and Shri Kashi Math Samsthan.

Dr. Satish Pai, opened the innings and steered the students on "How to Choose a Career". He told the children not to get carried away by what their friends and/or parents/others say, but to think over carefully and find out their own liking for a subject and choose it. He stated that everyone has a special quality but we tend to be afraid to struggle for showing the same and emphasised that that struggle is important for success.

There were presentations on alternative career options. Shri Santosh Sirur, presented on how a person can be a Radio Jockey (RJ) or Video Jockey (VJ) or an Event Manager; Shri Ajit Bhat spoke on Film Making; Shri Sudhir Pai guided the youth on Hospitality Management; Smt. Veena Adige articulated on Journalism and Mass Communication; Ms. Shraddha Waikar narrated Yoga & Wellness; Prof Sarvottam Rege spoke on BMM, BMS and BFM; Lt. Col. (retd.) Manohar Karpe motivated youngsters to take up careers in defence.

Mainly all the speakers said that one's own mind should think on what would be the right career path and carry on, as it is easier today than what it was earlier. Never give up. The path is steep and one has to climb it smilingly. There is no end to learning.



#### FESTIVE DAYS AND DATES AT WALKESHWAR SHRI KASHI MATH: JULY TO SEPTEMBER 2016

Date	Day	Occasion
06.07.2016	Wednesday	Shrimad Varadendra Tirtha Swamiji's Punyatithi
20.07.2016	Wednesday	Shrimad Sukratindra Tirtha Swamiji's Punyatithi
03.08.2016	Wednesday	Sri Laghu Vishnu Havan Prarambh, Sri Venkataramana-Moolmantra-Ashtamahamantra-Vastu-Navagraha Havan
04.08.2016	Thursday	Sri Narsimha Havan, Moolmantra-Ashtamahamantra Havan
05.08.2016	Friday	Sri Vedvyas Havan, Moolmantra-Ashtamahamantra Havan
06.08.2016	Saturday	Sri Krishna Havan, Moolmantra-Ashtamahamantra Havan, Sudarshan and Rakshatraya Havan
07.08.2016	Sunday	Sri Ram – Havan, Moolmantra-Ashtamahamantra Havan. Laghu Vishnu Havan Poornahuti, Srimad Madhavendra Tirtha Swamiji's Punyatithi, Naag Panchami
08.08.2016	Monday	Sri Bhajan Saptaha Prarambh
15.08.2016	Monday	Sri Bhajan Saptaha Mangal
17.08.2016	Wednesday	Righupakarma (Sutta Punav)
24.08.2016	Wednesday	Shri Krishna Janmashtami
15.09.2016	Thursday	Sri Anant Chaturdashi

#### Answers for JUMBLED WORDS and RIDDLES asked in KIDS CORNER on page 23

##### Answer for jumbled words

- |               |                |              |                  |
|---------------|----------------|--------------|------------------|
| 1. New York   | 2. Russia      | 3. Plumber   | 4. Ladies Finger |
| 5. Tongue     | 6. Cheetah     | 7. Pineapple | 8. Basketball    |
| 9. Tom Cruise | 10. Helicopter |              |                  |

##### Answer for Riddles

- Ans: 1 Crocodile,      2 A hissing snake,      3 A fish,      4 A star fish,      5 A giant whale

## KEERLU ANI SAALA KODDEL

### Ingredients:-

- 1/2 cup tender bamboo shoots
- 1/2 cup raw brined jackfruit
- 1 cup grated coconut
- 5-6 dried red chillies
- 8-10 garlic cloves
- Marble sized tamarind
- 1 tbsp oil
- Salt to taste



### Method:-

- 1) Soak the tender bamboo shoots in water for 1-2 days to remove the bitterness.
- 2) Chop the raw jackfruit to 1 inch pieces.
- 3) Slice the bamboo shoots and cook in little water till tender. Drain and keep aside.
- 4) Grind together coconut along with red chillies and tamarind to a fine paste.
- 5) Mix together ground paste alongwith bamboo shoots and jackfruit pieces. Add water to get a gravy consistency. Add salt only if required as jackfruit pieces contain salt.
- 6) Bring the gravy to a boil.
- 7) Heat oil in a small karahi, add lightly crushed garlic cloves, fry till light brown and add to the koddel.

Serve hot with rice.

## TAIKILE AMBADO/DANGAR

### Ingredients:-

- 3/4 cup chana/toor dal
- 1/4 cup raw rice
- 1/4 cup grated coconut
- 8-10 dry red chillies
- 1 cup of chopped taikile leaves
- Marble sized ball of tamarind
- 1/2 tsp of asafoetida powder
- Salt to taste
- Oil for frying



### Method:-

- 1) Soak the dal and rice for 2-3 hours. Drain and keep aside.
  - 2) Grind coconut alongwith red chillies, tamarind and asafoetida without adding much water.
  - 3) Add the drained dal and rice and make a coarse paste without adding water.
  - 4) Remove the paste add salt to taste and the chopped taikile leaves, mix well.
  - 5) Heat oil in a karahi, make lemon sized balls of the mixture, flatten it and deep fry on medium flame till crisp.
- Serve hot.

## Ambada (Hogplum) Pickle

### Ingredients:-

- |                      |                                      |
|----------------------|--------------------------------------|
| 10 - 12 Ambadas      | 18-20 dried red Sankeshwari Chillies |
| 4-5 Bedgi Chillies   | 1/2 cup Mustard seeds                |
| 1 tbsp of Asafoetida | Salt to taste                        |

### Method:-

- 1) Cut the Ambadas into half or four pieces. If not able to cut, lightly apply salt and keep aside for 3-4 hours
- 2) The ambadas will absorb the salt and a liquid will form.
- 3) Grind together the chillies along with mustard, asafoetida and salt to taste to a coarse paste. Add the salt water from the ambada mixture.
- 4) Mix the paste with ambadas, if required add a little water ( boiled and cooled) to get a pickle consistency.
- 5) Check salt, if required add some, mix, bottle in a clean bottle and refrigerate.
- 6) The pickle will be ready in 2- 3 days and can be used for a month if refrigerated.



List of important dates in the quarter July-September, 2016

Dates	Day	Festival
15 <sup>th</sup> July, 2016	Friday	Devashyani Ashadi Ekadashi
19 <sup>th</sup> July, 2016	Tuesday	Guru Purnima
23 <sup>rd</sup> July, 2016	Saturday	Sankashta Chaturdashi
3 <sup>rd</sup> August, 2016	Wednesday	Shravan Arambh,
7 <sup>th</sup> August, 2016	Sunday	Nag Panchami
15 <sup>th</sup> August, 2016	Monday	70 <sup>th</sup> Independence Day
17 <sup>th</sup> August, 2016	Wednesday	Suta Punav
18 <sup>th</sup> August, 2016	Thursday	Narali Purnima / Raksha Bhandhan
21 <sup>st</sup> August, 2016	Sunday	Sankashta Chaturdashi
24 <sup>th</sup> August, 2016	Wednesday	Sri Krishna Jayanti (Janmashthami)
25 <sup>th</sup> August, 2016	Thursday	Gopal-Kaala _ Dahi Handi
4 <sup>th</sup> September, 2016	Sunday	Hartalika Trutiya (Vaijna Puja)
5 <sup>th</sup> September, 2016	Monday	Ganesh Chaturthi
6 <sup>th</sup> September, 2016	Tuesday	Rishi Panchami
15 <sup>th</sup> September, 2016	Thursday	Anant Chaturdashi
17 <sup>th</sup> September, 2016	Saturday	Pitru Paksha Aarambh (Mhaalu)
19 <sup>th</sup> September, 2016	Monday	Sankashta Chaturdashi

**GSB Calendar-cum-Book Mark**

July 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- 9<sup>th</sup> : Monthly Satsang, Sabha Office, 5.30 p.m.
- 12<sup>th</sup> : 2<sup>nd</sup> Tuesday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.
- 16<sup>th</sup> : Bhakti Natya Taranga, B.N. Vaideya Sahbhagraha, Raja Shivaji Vidyalyaya, 3.30 p.m.
- 26<sup>th</sup> : 4<sup>th</sup> Tuesday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 5<sup>th</sup> : Durga Namaskar and Shravan Haldi Kumkum, Dwarkanath Bhavan, Shree Ram Mandir, Wadala, 4 p.m.
- 6<sup>th</sup> : Monthly Satsang, Sabha Office, 5.30 p.m.
- 13<sup>th</sup> : 2<sup>nd</sup> Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.
- 20<sup>th</sup> : 82nd Foundation Day Celebrations, Dwarkanath Bhavan, Shree Ram Mandir Wadala, 4 p.m.
- 27<sup>th</sup> : 4<sup>th</sup> Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 10<sup>th</sup> : 2<sup>nd</sup> Saturday, Marriage Information Service, Sabha Office, 4 to 6 p.m.
- 17<sup>th</sup> : Monthly Satsang, Sabha Office, 5.30 p.m.
- 18<sup>th</sup> : Bhajan Competition, Sabha Office, 3 p.m.
- 24<sup>th</sup> : 4<sup>th</sup> Saturday, Marriage Information Service, Sabha Office, 4 to 6 p.m.

**Please Note :** In case of unforeseen events, the above date, time and venue may be changed

Articles contributed by various members, published in VoG, do not necessarily reflect the views of GSB Sabha & its Editorial Team.

*Birth was not our choice,  
Death is also not our choice,  
But the way we live our life  
is absolutely our choice.....  
So enjoy it, make each day  
Memorable*

Members with e-mail id are requested to send an e-mail to [gsbsabha@gmail.com](mailto:gsbsabha@gmail.com). This will help us to update our membership records. Please include your membership number, which you will find printed against your name on the address label stuck to this newsletter.

In case you know any member of Sabha who is not getting VoG by post, please inform us at [gsbsabha@gmail.com](mailto:gsbsabha@gmail.com) or call Sabha Office (2408 1499 Mon to Sat 5 p.m. to 7 p.m.)

**Information about GSB Sabha and Voice of GSB(VoG)**

**GSB Sabha President:** Uday V. Malya

Website : [www.gsbsabhamumbai.org](http://www.gsbsabhamumbai.org)

Email ID : [gsbsabha@gmail.com](mailto:gsbsabha@gmail.com)

GSB Sabha EFS : [gsbefs@gmail.com](mailto:gsbefs@gmail.com)

**GSB Sabha Office**

Address : 101, Shreenidhi, 76, Bhuu Daji Road, Opp. Bank of Baroda, Matunga (C.R.), Mumbai-400 019.  
Telephone : 2408 1499  
Timings : Monday to Saturday 5 p.m. to 7 p.m. (Sunday closed)  
Manager : Shri Vishwanath K. Shenoy

**GSB Sabha Sports Club (Kreedha Mandir)**

Address : Sujit Gopal Nayak Memorial Kreedha Mandir, Entrance next to SNDT Women's College, R. A. Kidwai Road, King's Circle, Mumbai-400 019.  
Telephone : 2409 6739  
Timings : Tuesday to Sunday (Monday closed) 11 a.m. to 6 p.m.  
Manager : Shri Shrinivas Medar

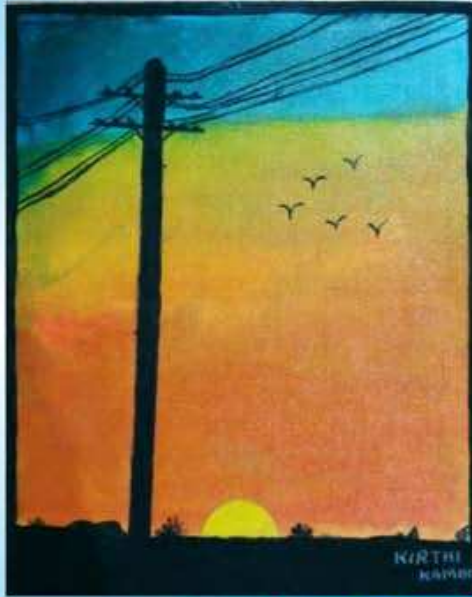
**It is our earnest request to ALL our members, to kindly inform us about any change in their address.**

**Voice of GSB**

Published : Every Quarter.  
This issue No. : 36<sup>th</sup> Issue, July - September, 2016.  
VOG Team : Smt. Sudha G. Pai, Shri Uday V. Malya, Smt. Vidya P. Bhat, Smt. Amita Kini, Shri Amit R. Shanbaug, Shri Subhas Rao & Smt. Tanushree Rao-Shenoy  
Circulated to : About 2500 members of the Sabha

**Advertising Rates:** Front Inside Cover, Back Inside Cover & Back Cover: ₹ 5,000/-; Full Page : ₹ 2,000/-; Half page ₹ 1000/-; Quarter page ₹ 500/-.

# KIDS' ZONE



**by Kum. Kirthi Kamath,  
13 years**



**by Mast. Omkar Uday Shanbhag,  
11 years**



**by Kum. Sachi Kini,  
9 years**

*This page is sponsored by*

## **M/S P. M. ENTERPRISES**

**EXPORTERS OF SUGAR PLANT ACCESSORIES, MACHINERY AND ALL OTHER ENGINEERING ITEMS**

ADDRESS: 427 A, SHAH & NAHAR INDL. ESTATE, A1, LOWER PAREL (WEST), MUMBAI - 400013. TEL : 022 - 66100271 / 24904017 / 2039  
TELEFAX - 022-66612452 E-MAIL : pmentprs@bom5.vsnl.net.in / pmentprs@gmail.com website : www.pmenterprises.org

WITH BEST COMPLIMENTS

FROM



EVERGREEN GROUP OF COMPANIES



Quality  
Endorsed  
Company  
ISO 9002  
Lic QEC 6056/01  
Standards Australia

**M/S EVERGREEN ENGINEERING COMPANY PVT. LTD.**

35/B, MAHAL INDUSTRIAL ESTATE  
MAHAKALI CAVES ROAD,  
ANDHERI (EAST)  
MUMBAI - 400 093, INDIA

Phone : 2687 8877/78/79/80/81. (Direct) 2687 4117.  
Fax: 022-2687 4032. Gram : GREENSHARP.  
Email : garao@evggroup.com

Book Packet Containing Periodical

*If undelivered please return to :*

**G.S.B. Sabha**, Mumbai, 101, Shreenidhi, 76, Bhau Daji Road, Opp. Bank of Baroda, Matunga (C.R.), Mumbai - 400019.