

V O G



————— **Voice of G.S.B.** —————

Inter
G.S.B Instrumental
MUSIC
Competition



The Quarterly Newsletter of G.S.B Sabha, Mumbai

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Dear Members :

Namaskaru !!

At the outset, I thank the Managing Committee for the responsibility bestowed upon me as the President till the next Annual General Meeting. Stepping into the big shoes of our illustrious past Presidents is not an easy task but I assure you that I will do my very best with dedication and commitment.

In January this year, we have embarked upon the task of repairs and renovation of our iconic vastu, Sujir Gopal Nayak Memorial Kreedha Mandir. The building needed some urgent structural repairs and so under the guidance of our Trustees, we decided to also do some work on the interiors renovation. We have appointed a Project Management Consultant to ensure that we have a value proposition and that the quality of work is of the highest standards. This vastu is blessed to have witnessed, on two occasions, the “Chaturmas Vrita” of H.H Shrimad Sudhindra Thirtha Swamiji. We all have an emotional attachment to this vastu having lasting memories of having celebrated our moments of joy and success. The new look and better amenities in the building will help us to get you back there to continue your memorable association. The repairs and renovation cost a good amount of money and as an institution that thrives on your charity and philanthropy the major source of income is donation. Here is an request to each one of you for your generous donations to help us meet the expenses.

As you are aware the benevolent Shri Gurpur Dattanand Bhatmam bequeathed to the Sabha a sum of Rs. 1.50 crores in his will. This was in addition to the Rs. 50 lakhs he donated to us during his lifetime. We salute this noble soul and assure you that we will ensure that the objects for which the monies were given to the Sabha will be met and implemented. A status update has been provided elsewhere in this edition.

The Managing Committee is pooling its creativity to upgrade our website. The intent is to make it vibrant and dynamic to connect and cater to all sections of the community members. We expect to “go live” soon.

The activities of the Sabha are a medium for us to effectively interact with you. Hence, going forward, we need your feedback and suggestions on what you would like us to offer, improvement on what we do currently.

By the time this edition goes to the press you would have celebrated Samsar Padwo and Ramnavami with great pomp and splendor but it’s never too late to wish you all a very Happy New Year.

Our rich cultural heritage keeps us bonded together to serve our community and mankind. Let us together make a difference.

Stay connected.

Regards,

Laxmikant Prabhu

President

G.S.B. Sabha, Mumbai

Please send your feedback and suggestions for your very own newsletter, Voice of GSB, by dropping in a mail to gsbsabha@gmail.com.

Thank you. Happy Reading !!!!!

In order to be of better service to our members, the Sabha has subscribed to a bulk SMS service and will start sending updates about our activities / programmes by SMS to the members.

We request all our members to contact our Office Manager, Shri Vishwanath Shenoy, on 022-2408 1499 (Mon. to Sat. 2 to 7 p.m.) and update your mobile number in our records. Kindly quote your membership number which you will find on the address label on the back cover of VoG.

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78th ANNUAL GENERAL MEETING OF GSB SABHA, MUMBAI HELD ON 28th JANUARY, 2018



The 78th Annual General Meeting of G. S. B. Sabha, Mumbai was held on Sunday, 28th January, 2018, in the Sabha's office at Kings Circle.

The President, Shri. Uday Malya, welcomed members and gave a brief report of the activities conducted by the Sabha. The members present expressed their views on the occasion and appreciated progress made by Sabha.

Along with other items of the agenda, the 82nd Annual Report of the Sabha and Accounts for financial year 2016-2017, audited by Sabha's Hon. Auditor, Shri Shrikant Prabhu, were adopted.

The newly constituted Managing Committee selected Shri. Laxmikant T. Prabhu as President for forthcoming year. The following members constitute the Managing Committee:

1. Shri Laxmikant T. Prabhu	President	11. Shri Bharat Kini
2. Smt. Shanteri Nayak	Vice President	12. Shri Subhaschandra R. Rao
3. Shri S D Shenoy	Vice President	13. Smt. Tanushree Shenoy
4. Shri K R Bhakta	Vice President	14. Shri Dinesh M. Bhandarkar
5. Smt. Amita A. Kini	Jt. Hon. Secretary	15. Smt. Shilpa (Chitra) Kamath
6. Smt. Bina Shenoy	Jt. Hon. Secretary	16. Shri Damodar Mallya
7. Shri Satish V. Manel	Jt. Hon. Secretary	17. Smt. Bharati Bhandarkar
8. Smt. Mohini Hegde	Jt. Hon. Treasurer	18. Ms. Ajita Kini
9. Shri Uday V. Malya	Jt. Hon. Treasurer	19. Shri Prakash Pai
10. Smt. Pratima Pai	Jt. Hon. Treasurer	

The incoming President, Laxmikant Prabhu, and the Managing Committee members expressed their gratitude to the outgoing President Shri Uday Malya for his diligent and dedicated work. "GSB Connect", an initiative to get all GSB organizations in and around Mumbai on one platform for the purposes of medical and educational assistance, was kick started by Mr. Malya.

M. R. PAI MEMORIAL CARROM TOURNAMENT – A REPORT



The G.S.B. Sabha, Mumbai, held its annual M. R. Pai Memorial Carrom Tournament for the Physically Challenged on Sunday, 21st January 2018. As in the earlier years, the tournament was sponsored by Bank of Baroda and was held under the auspices of the Mumbai District Carrom Association. This year the tournament was held in the premises of Little Angel's School in Sion because Sabha's own premise at Kings Circle is under repairs and renovation.

The tournament was inaugurated by Shri M. M. Shah, Branch Head of Bhaudaji Road Branch of Bank of Baroda. About 100 participants from various institutions for the welfare of the physically challenged participated in the tournament.

There were 5 Categories viz. Physically Challenged, Wheel Chair, Mentally Challenged, Hearing Impaired and Women. 3 prizes were given in each category at the hands of the Chief Guest Shri M. M. Shah at a prize distribution function held in the evening

Lunch and refreshments were provided to all the participants during the day-long event which was thoroughly enjoyed by all.

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SABHA'S SENIOR CITIZEN'S PICNIC, 2018 - A REPORT



Picnic attended by four generations of a family

The Sabha's Annual Senior Citizens picnic, with accompanying non-senior citizens, for 2018 was on Sunday, 25th February, 2018, to Vasai, with the highlight being a visit to the Vasai Fort. The Vasai fort is a monument of national importance and is protected by the Archaeological Survey of India.

Two buses, with about 65 participants, mostly senior citizens with accompanying non senior citizens, left from Mumbai early morning for the picnic. Breakfast was arranged in the premises of Balaji Seva Samiti, Vasai.



A Guided Tour of Vasai Fort

After breakfast, our guide Mr. Shridutt Raut, a historian, took us all for a guided tour of Vasai fort. All participants were impressed with the ramparts of the fort and its history. Mr. Raut and his team take active part in conservation of the fort and further details of their activities are available on their blogspot, killevasaimohim.blogspot.com. Please visit the same and extend your support to the conservation activity.

All participants returned to the Balaji Seva Samiti where lunch and post lunch activities were arranged. There was whole hearted participation from one and all in the spiritual quiz and fun games conducted.

It was indeed a delight to watch the Senior citizens participate with zest and vigour, the highlight being the participation of 4 generations from one family.

Post tea and hot snacks, we returned to Mumbai with wonderful memories of Vasai Fort and have gained a bit of knowledge of its history.

We are extremely grateful to Smt Roopa and Vishnu Prabhu for sponsoring the buses, Shri V. S, Bhat for conducting the Spiritual Quiz, Balaji Seva Samiti, Vasai & Gowd Saraswat Samaj Seva Sangh, Vasai Par Naka for their arrangements

The Annual Senior Citizens Picnic is a much looked forward to activity of the Sabha and we feel privileged that we could offer a day of fun to our senior citizens.

G.S.B. SABHA, MUMBAI, ORGANISED THE 8th EDITION OF ITS V.R.SHENOY MEMORIAL INTER GSB CRICKET TOURNAMENT



Womens Winning Team

The 8th Edition of Sabha's V. R. Shenoy Memorial Inter G.S.B Cricket Tournament was held on Monday, 25th of Dec 2017, at our Kreedha Mandir grounds. A unique feature of this year's tournament was the inclusion of ladies cricket, with 4 ladies teams participating in that category.

The tournament was inaugurated by Shri Rajan Bhat, Chairman of Vidyadhiraj Charitable Trust. There were a total of 11 boy's teams representing 1) GSB Sabha, Andheri 2) GSB Seva Mandal, Sion 3) GSB Sabha, Kalyan 4) GSB Sabha, Dombivili 5) GSB Sabha, Mira Bhayander 6) Balaji Seva Samiti, Vasai 7) Gowd Saraswat Samaj Seva Sangh, Vasai Par Naka 8) GSB Seva Mandal, Virar 9) GSB Sabha, Khar Danda 10) Shree Walkeshwar Kashi Math and the host team 11) GSB Sabha, Mumbai. The four ladies teams were representing 1) GSB Seva Mandal, Sion 2) GSB Samaj, Vasai 3) GSB Seva Mandal, Dombivili and 4) GSB Sabha, Mumbai.



Mens Winning Team

All the matches were played with true sportsman spirit. The women's final was played between the teams from Dombivili and Seva Mandal and Seva Mandal emerged winners. Niti Rajadhyaksha and Vinayshree Gaonkar were awarded Best Batsman and Best Bowler respectively of the tournament in the ladies category.

The men's final was a high voltage game played between GSB Sabha, Mumbai and GSB Sabha, Dombivili. The match went till the last ball and eventually Dombivili held their nerves and won the title. Mayuresh and Vinay were awarded Best batsmen and Best bowler respectively of the tournament.

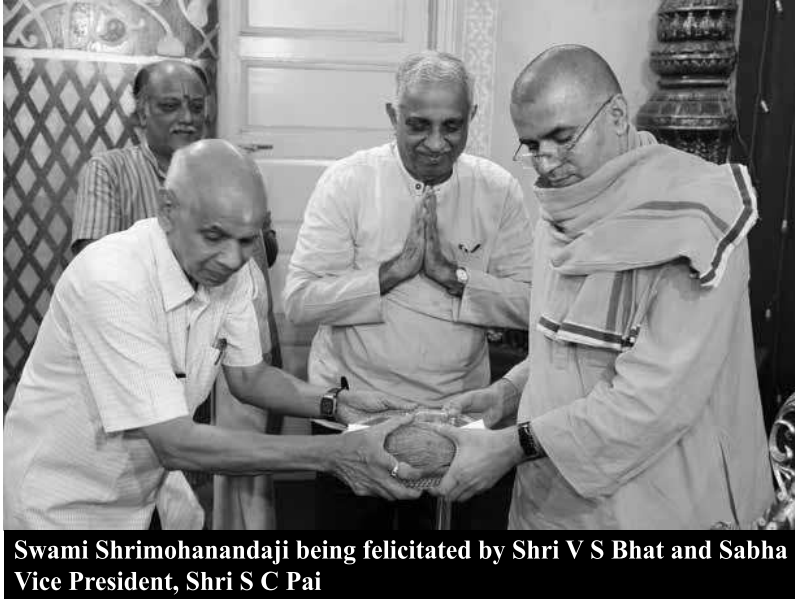
Financial Support for the tournament was extended by NKGSB Co-op. Bank and Union Bank of India. The trophies and medals were sponsored by Shri Sunil Shenoy, USA, son of late Shri V. R. Shenoy.



ANNUAL PUJA AT WALKESHWAR KASHI MATH : 7th JANUARY, 2018

The Annual Puja of G.S.B. Sabha, Mumbai, at Shree Kashi Math Samsthan, Walkeshwar, was held on Sunday, 7th January, 2018. Our Mahila Shakha Bhajana group rendered bhajana seva before the puja. Bhat maam prayed for the all round wellness of the Sabha and its members.

G.S.B. SABHA, MUMBAI, ORGANISED ITS ANNUAL ADHYATMIK PROGRAMME ON 17th DECEMBER, 2017



The annual Adhyatmik programme in English of the Sabha was organised on the 17th of December, 2017 at Dwarkanath Bhavan Hall, Shree Ram Mandir, Wadala, Mumbai. The speaker for the event was Swami Shri Mohananandaji from the Ramakrishna Math and Mission Khar, Mumbai

The program began at 5.30 p.m. with bhajans rendered by members of our Mahila Shakha Bhajan Group. Thereafter, Swamiji conducted an interactive session on Bhakti yoga. He not only answered all the questions put to him in a spiritual way but also in a way relevant to the present times. His answers were sometimes questions that made the whole audience ponder and take a look at their own paradigms. He carried a message, to make religion and its teachings more pragmatic, and only then it will be more applicable and acceptable to the youth.

Swami Shrimohanandaji being felicitated by Shri V S Bhat and Sabha Vice President, Shri S C Pai

Shri V. S. Bhat also spoke on the occasion and gave many scientific and health benefits of the common

rituals which we practice on a day to day basis. His talk was peppered with mythological stories.

The programme ended with a delicious bhojan Prasad which was enjoyed by all.

Sabha is grateful to the founder sponsor of this program, Smt. Sanjivi Bhat and generous co-sponsors. We also thank the Sevadars of the programme who were given personal blessings by Swamiji.



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Our Mission 3 C's to acts as	Our Future Vision
Connect to our roots	Saffron Pages – Put your Business Info here
Common Platform for all GSB Institutions.	Matrimonial Page – A place for Marriage Alliances
Single source of Community information	Job Portal – Post Resumes & Career Opportunities
	Online Seva Booking for poojas, sevas, donations etc across Sabhas / Institution

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Subhash D.Kamath (9322401863) / Nagraj D. Nayak (9892343448)

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REPORTS ON G.S.B. SABHA'S MAHILA SHAKHA PROGRAMMES HELD IN THE RECENT PAST

Jan 15th 2018

Sankranti Haldi Kumkum, sponsored by Smt. Vijaylaxmi Shenoy, was held at Dwarkanath Bhavan Hall, Wadala. An Elocution competition was held on the subject –“**Is our traditional food more healthier than today's diet food ?**”. The judges were Smt. Seema Prabhu and Smt. Tanushree Shenoy. 1st prize was bagged by Smt. Rajani Pai, 2nd prize was bagged by Smt. Jyoti Shenoy and 3rd prize winner was Smt Anuradha Kamath.



Winners of 1st Prize For Elocution Competition

Feb 2nd & 6th 2018

Performed Bhajan seva at Shri Wadala Math on the occasion of visit of H H Shrimad Vidhyadhiraj Teerth Shripad Vader Swamiji of Shree Samsthan Gokarn Parthagali Jeevotham Math with their Patta Shishya HH Shrimad Vidyadheesh Teerth Swamiji.

Feb 11th 2018

G.S.B. Sabha, Mahila Shakha's Annual Get-together was held at The Little Angels School, King Circle, **venue courtesy : Angels Education Trust**. This programme was sponsored by Smt. Kripa Kamath in memory of her mother, Late Smt. Vatsala R. Shenoy. (Past President of MS & Past Vice – President of Sabha)



Winners of cookery competition with Judges Smt. Mugdha Nadkarni and Smt. Pratima Acharya, and Trustee Shri. B. T. Mallya

Cookery Competition of making any savoury using Sooji (Bombay Rava) as main ingredient was held. Smt. Pratima Acharya and Smt. Mugdha Nadkarni were the judges. Smt. Usha Kamath won 1st prize. 2nd prize was bagged by Smt. Sandhya Mallya and there was a tie between Smt. Anuradha Kamath and Smt. Chitra Kamath for the 3rd prize. Special attraction of the day was a talk on “Cancer Awareness”, in general and for women in particular by Dr. Shravan Shetty and his team from Asian Cancer Institute. After the talk, an introduction to health care package offered by insurance companies was done. Information about Cancer care policy which covers risks associated with cancer, both at early and advanced stages, was provided by Shri Jagdish Kamath who specialises in health insurance.



Dr. Shravan Shetty of Asian Cancer Institute

The event was graced by the presence of Shri B. T. Mallya, our Sabha's Trustee. Shri B. T. Mallya has created an endowment in memory of his wife Late Smt. Pratima Mallya, to conduct a cancer awareness programme once a year. The programme was appreciated by all.

G.S.B. SABHA'S MAHILA SHAKHA FUTURE PROGRAMMES

Date	Programme	Time	Venue
Sunday 15-04-2018	PARICHAY, Eligible boys and girls get together with their parents, sponsored by Smt. Sujata and Ghanshyam Laxminarayan Kamath. Release of Supplementary list	3.30 PM	Dwarkanath Bhavan Hall Shree Ram Mandir Katrak Road, Wadala
Wednesday 25-04-2018	Mahila Shakha Picnic for ladies to Plush Retreat, Dombivili Please read the picnic circular for more details	7.30 AM	Plush Retreat, Dombivili

All are invited for the programmes.

Bhajan Classes are held at Sabha's Office. For particulars, contact office between 5:00 pm and 6:30 pm

Marriage Information meetings are held at Sabha's office on 2nd and 4th Saturday of every month between 4:00 pm and 6:00 p.m.

Please contact Sabha's office for details.

Mahila Shakha extends marriage assistance to the needy. We need your assistance to help them better. Donations are gratefully accepted.

Smt. Durga C. Shenoy

President

Tel: 97730 52199

Smt. Bina Shenoy & Smt. Amita Kini

Jt. Hon Secretaries

Tel: 98205 07690 / Tel: 98700 62476

G.S.B. Sabha, Mumbai
MAHILA SHAKHA'S LADIES PICNIC
(Limited seats)

It's time for Fun N Frolic for ladies

Sabha's Mahila Shakha is pleased to announce details of fun packed Ladies Picnic.

- Date and Day : Wednesday, April 25, 2018.
- Venue : Plush Retreat, Dombivili
We will also be visiting one or two old temples near the retreat.
- Bus Arrangements : One bus has been organized. The bus will start from Mancherji Joshi Chowk, Jame Jamshed Road, Entrance of Dadar Parsi Colony, Near Dadar T. T. Khodadad Circle and will be crossing through Chembur to Dombivili. En-route bus pick-up points will be informed later.
- Timing : The bus will leave at 7.30 a.m. sharp from start point. In the evening, we should be leaving from the picnic spot at about 5 to 5.30 p.m. Seats are not allotted at the time of booking. Seats are allotted on day of picnic on first come-first served basis.
- Registration fees : Registration fees is Rs. 800/- (Inclusive of Breakfast, Lunch, and evening refreshments)
Only one bus (35 seats) is organized, so book early.

Booking open till 18th April 2018.

Hurry up!!! Please grab your seats at the earliest

Please send the following registration form duly filled in at the office of the Sabha, along with the registration fee in cash (**non refundable**). Registration forms are also available at Sabha office.

(Monday-Saturday, timing 4 p.m. to 7 p.m. Tel: 2408 1499)

Mumbai	Smt. Durga Shenoy	Smt. Chitra Kamath
March 14, 2018	President	Programme Convenor
	Tel. : 97730 52199	Tel. : 93229 87688

REGISTRATION FORM

To
G.S.B.Sabha,
101, Shreenidhi,
76, Bhau Daji Road,
Matunga, Mumbai 400019

I/We would like to participate in the Picnic. Registration fees are paid as under.

_____ @Rs.800/- per person Rs. _____

Name : _____

Address : _____

Tel.No. : _____

(Please give accurate phone number /alternative contact number where we can contact you)

Signature



**The Managing & Mahila Shakha Committees of
G.S.B. Sabha, Mumbai**

Presents

**Inter GSB Instrumental Music Competition
(For Emerging Talent)
On Sunday, 27th May, 2018**

After successfully conducting Inter GSB Singing and Dance Competitions in the past, the Sabha is pleased to announce an Inter GSB Instrumental Music Competition.

Our aim is to encourage emerging talent and provide them a platform to showcase it. Eminent personalities will judge the competition.

Detailed Rules and Regulations governing the competition and Application-cum-Nomination Form for participating in the same are given in the following pages. Last date to receive applications is 25th April 2018.

Program details are:

Venue : Pracharya B.N. VaidyaSabhagruha,
2nd Floor (Lift available)
Raja Shivaji Vidyalaya (King George School)
Hindu Colony, Dadar,
Mumbai 400 014

Date : Sunday, 27th May, 2018

Program details

3.00 pm to 6.30 pm Instrumental Music Competition

6.30 p.m. onwards Formal Program

- a. Welcome Address by the President of Sabha
- b. Presentation of GSB Talent Recognition Award (Founder Sponsor of this award is Shri K.M. Kamath)
- c. Presentation of Vatsala Shenoy Memorial GSB Woman Entrepreneur Award (Founder Sponsor of this award : Smt. Sadhana and Shri Sunil Shenoy)
- d. Prize Distribution

This program is complimentary to GSB Music Lovers. Please do attend the programme and support the Sabha in this initiative.

Mumbai	Laxmikant T. Prabhu	Durga C. Shenoy	Bina N. Shenoy	98205 07690
22.03.2018	President	MS Committee President	Uday V.Malya	98206 98756
	98203 16495	97730 52199	Jt. Programme Convenors	



RULES AND REGULATIONS GOVERNING INTER GSB INSTRUMENTAL MUSIC COMPETITION TO BE HELD ON SUNDAY, 27th MAY, 2018

1. This competition is open to members of GSB community and is being held in the solo instrumental category only.
2. The following age groups have been decided upon :
a. 7 to 12 b. 13 to 25 c. 26 to 40 d. Above 40

This will be the completed age of the applicant on the date of the competition i.e. 27th May, 2018., Please submit proof of age along-with the application.
3. In all the age groups put together, a total of 20 participants will be allowed. This is in view of the fact that we have time for that many performances only. In case of more than 20 entries received, elimination will be done, for which the method, date and time will be announced later. In case any of the groups have less than 3 participants, that group may stand cancelled.
4. The nomination of the participant has to be done by a GSB organization which is based in Mumbai and its suburbs. The form must be endorsed by the nominating organization.
5. Participants are expected to perform within the stipulated time of 5 minutes. Participants may get negative marking if their performance exceeds this limit. Each performance must not be less than 3 minutes of duration.
6. It is important to memorize the music that would be performed by the participants. If it is not, this will result in immediate disqualification.
7. Participants must get their own instruments. The Sabha takes no responsibility of your instruments in case they are lost, stolen or damaged in any way, if left unattended or unsupervised by the participants.
8. Participants would be provided a maximum of three accompanying musicians by the Sabha - Tabla, Harmonium, and Keyboard. The participants cannot get their own accompanying artistes.
9. The Participants will have to reach the venue by 2 p.m. The details of the music piece to be performed with the participants name and details must be furnished for the judges on the day of the competition.
10. Only participants are allowed in the competition Green Room and Stage area. No parents, teachers or coaches will be allowed, unless absolutely necessary and with prior consent of the Sabha committee.
11. Each participant is allowed to participate in one category (Instrument) only.
12. The number of prizes to be awarded in each competition will be decided by the Sabha at their discretion.
13. Artists who are already concert performers or on the All India Radio/ Doordarshan list, are not eligible to participate in this competition. This competition is open to Amateurs only.
14. The Competition will be judged by a panel of judges nominated by the Sabha. The decision of the judges would be final and binding on all participants, notwithstanding any of the rules stated above.
15. For participating, the completed application-cum-nomination form should reach Sabha by Wednesday, 25th April, 2018.
16. GSB Sabha, Mumbai, reserves the right to add/alter the rules of the competition.

Intending participants need to fill the application form, and get it endorsed by a Mumbai based GSB organization and send it to Sabha office at the following address by hand-delivery / post / courier by Wednesday, 25th April, 2018 :

G.S.B. Sabha, Mumbai
101, Shree Nidhi CHS,
Opp. Bank of Baroda,
76, BhauDaji Road,
Matunga (C.R.), Mumbai – 400019.
Office Timings : Monday to Saturday : 5 to 7 p.m. Tel. : 2408 1499.

**APPLICATION-CUM-NOMINATION FORM FOR G.S.B. SABHA, MUMBAI'S
INTER GSB INSTRUMENTAL MUSIC COMPETITION**



To,
G.S.B. Sabha, Mumbai
101, Shree Nidhi CHS,
Opp. Bank of Baroda,
76, BhauDaji Road,
Matunga (C.R.), Mumbai – 400019.

Dear Sirs,

I would like to participate in the Inter GSB instrumental Music Competition, being organized by G.S.B. Sabha, Mumbai, on 27th May, 2018. I give below my details:

Full Name: _____

Date of birth: _____ (please attach documentary proof)

I would be participating in the following age group (Please tick in the appropriate box)

7-12: 12-25: 25-40: 40 and above:

Address: _____

Mobile no : _____

Email : _____

Musical Instrument : _____

Category: Hindustani/Carnatic/ Western/ Religious/Folk and Tribal/ Film/ Sugam Sangeet/ Other

Details of Training: _____

Accompanying musicians required:

- 1.
- 2.
- 3.

The above information provided by me is true to my knowledge. I am liable and responsible in case the information provided by me is incorrect in any way whatsoever and will agree to the decision taken by the Sabha committee in this regard to remove or disqualify me for the same.

I also give Sabha the permission for recording my performance in the program.

SIGNATURE OF PARTICIPANT

**Name and address of
Nominating GSB Organization :** _____

Signature with stamp (showing name and address) of GSB Organization nominating the participant.

Signature, Name and designation of signatory

**IN MEMORIAM
ON YOUR FOURTH DEATH ANNIVERSARY**



Vasanthi Venkatesh Bhat
(17.12.1927 – 20.5.2014)

**WITH FOND & EVERLASTING MEMORIES OF OUR LOVING
AND KINDHEARTED MOTHER**

*It's Four Years Since You Have Gone Away
But We Feel Your Presence Everyday
Can Never Forget That Lovely Smile
And Your Loving And Tender Care
We Miss You And Think Of You Always.
You Will Live In Our Hearts Forever.*

CHILDREN: NIRANJAN, PUSHPA AND USHA

SONS-IN-LAW: SURENDRA & SURESH

DAUGHTER-IN-LAW: NAMRATA

GRAND CHILDREN: MAHESH, ASHWIN, SATYA & VINEET

GRAND DAUGHTER-IN-LAW: SAYALI

GRAND SON-IN-LAW: ADVAIT

GREAT GRANDSON: TAKSHEEL

GREAT GRANDDAUGHTER: AADHYA

Email: nvbhat@iitbombay.org

IMPORTANT UPDATE

The Benevolent Late Shri. Gurpur Dattanand Bhat.

Dear Members,

At the outset we would like to provide you with the following information.

Our largest donor, Shri Gurpur Dattanand Bhat, bequeathed to the Sabha a sum of Rs.1.50 crores in his will. Shri G D Bhat passed away in February, 2016, and after completion of legal formalities, the Sabha received the amount in July 2017, The directions on utilization were given in the will as under:

- A) a sum of Rupees One Crore (Rs.1,00,00,000) only for establishing an endowment for extending financial support to needy students for pursuing higher education. The interest earned by investing this sum is to be utilized by the Sabha to provide scholarships to meritorious students (boys and girls) belonging to economically backward sections of the Gowd Saraswat Brahman community for pursuit of higher education in any field.
- B) A sum of Rs. Fifty lakhs (Rs.50,00,000/-) only for establishing an endowment for providing medical assistance. The interest earned by investing this sum is to be utilized by the Sabha for providing financial assistance forwards medical emergencies, hospitalization, or surgery to economically backward members of the Gowd Saraswat Brahman Community residing in and around Mumbai.”

Thus, the guidelines for giving educational assistance has laid down four parameters

- to be given to meritorious students (boys and girls)
- belonging to economically backward sections
- of the Gowd Saraswat Brahman community
- for pursuit of higher education in any field.

Now, here is an update. We are pleased to inform you that we formed a committee of experts from the field of education to help us draft the detailed guidelines to implement the scheme. The members of the elite panel are Dr. Roshan Bhakta- Honorary Secretary of The Angels' Education Trust; Smt. Gita R. Pai – Chairperson, The G.S.B. Scholarship League; Dr. Kavita Rege, former Principal of Sathaye College and Smt. Medha Lotlikar, Special Educator. These experts came out with a first cut of the guidelines which were discussed in our monthly meeting held on 4th March. The comments/feedback of the members are being reviewed/incorporated. The policy will soon be issued for implementation and we intend publishing it in our next edition. The financial support is scheduled to be given for Academic year 2018-19. The Guidelines and the Applications Form will be made available soon.

We once again pray to the Almighty to grant eternal peace to the benevolent and philanthropic soul of Datta Bhatmam.

Managing Committee

OUR ACHIEVER



Priyanka Prabhu, daughter of Smt. Revati and Shri Pundalik Prabhu, residents of Chembur, Mumbai, was awarded the title of “Outstanding Student of the Year 2018” for her performance and excellence in the field of management education by the Bombay Management Association, at Courtyard by Marriott on February 21st 2018. She was nominated from her college for this award category and had the privilege of accepting the award from Mr. Ravi Venkatesan, Chairman, Bank of Baroda.

Ms. Priyanka Prabhu



After graduating with a degree in B. A Economics from St Xavier's College, Mumbai, she decided to pursue an MBA degree specializing in Rural Management from Welingkar Institute of Management, Mumbai. Her experience in managing leadership roles for college festivals and various events in her undergraduate course, enthusiasm for dance, painting and travelling helped shape her career at Welingkar. Currently as a final year MBA marketing student, she has portrayed the role of General Secretary and is also the Student brand ambassador for her college.

She received a pre-placement offer from Pidilite Industries Limited and will be joining the company soon after her MBA. Priyanka hopes to contribute to the development of the rural sector, and continue her passion for learning and expanding her capabilities.

Sabha wishes her all the very Best !!!!!

THEY MAKE US PROUD

THE GSB LEGEND SERIES: SHRI U. SRINIVAS MALLYA

Hailed as the ‘Architect of Modern Dakshina Kannada District’, Shri. U. S. Mallya was a prominent political leader of his times – a freedom fighter, a member of the Constituent Assembly of India and the district’s first MP.

If one should be judged by one’s deeds and not by words, only one man seems to pass the litmus test as the ideal MP - Ullal Srinivas Mallya, the very first MP of the Mangalore-Udupi region. In his public life spanning almost 45 years, he donned many mantles. Prior to Indian independence, he was a dedicated freedom fighter and post independence, he was an esteemed member of the Constituent Assembly of India which was formed to draft the Constitution of India. After India formally declared itself a republic on 26th January 1950, he successfully contested the First Lok Sabha elections in 1952 and then again in 1957 and 1962, to earn the distinction of being the first MP of Mangalore-Udupi region. He might have continued further if death had not claimed him at the age of 63 on 19th December 1965.

He helped build vital infrastructure and glorious institutions. These include the Karnataka Regional Engineering College (now National Institute of Technology, Karnataka), New Mangalore Port, Bajpe airport, initiating the Mangalore–Hassan –Bangalore Railway Line, facilitating national highways like NH-17 (Mumbai-Kochi) and NH-48 (Mangalore-Bangalore) Road, building Ullal Bridge on the River Nethravathi as also many other river bridges, the Circuit House, Mangalore Town Hall and setting the ball rolling for establishing the All India Radio Station in Mangalore.

Ullal Srinivas Mallya was born on 21 November 1902, into a Gowda Saraswat Brahmin (GSB) family. His father was Ullal Manjunath Mallya and mother Rukma Bai. He did his primary education at St. Aloysius Primary School, and completed his high school at Canara School. Intermediate



Mallya with Jawaharlal Nehru, Justice K.S. Hegde, K.S.N. Adiga, A. B. Shetty and others

studies were pursued at Government College. At 18, Srinivas Mallya’s restive spirit reached out to Gandhi’s call for joining the freedom movement.

He progressed from being the secretary of the South Kanara District Congress Committee, to a member of the State Congress Committee, then to a member of the All India Congress. Jawaharlal Nehru, Subash Chandra Bose and Kamaladevi Chattopadhyaya (also a Mangalorean) supported his ascent in the party hierarchy. In the Mysore Pradesh Congress Committee, he came to be known as the ‘King Maker’.

In 1946, when the British government named Nehru as prime minister of the interim government, Kamaladevi Chattopadhyaya suggested Srinivas Mallya’s name for the Delhi House of Representatives. Thus Mallya first became a member of the Lok Sabha.

Post independence, Mallya’s political activism saw him being appointed to the Constituent Assembly. He had the privilege of associating with the President of the Constituent Assembly, Dr. Rajendra Prasad as also stalwarts like Nehru, Vallabhbhai Patel, Maulana Azad and of course Dr. Ambedkar. In 1951, then Congress President, Pandit Nehru, appointed Mallya General Secretary to the All India Congress Party, a post he shared with former Prime Minister, Lal Bahadur Shastri. Mallya became a household name in Karnataka due to this posting.



US Mallya with Minister Gopal Reddy and Kudpi Srinivas Shenoy

He had the tenacity to pursue his tasks relentlessly. When the Netravathi Bridge was under construction at Ullal, once there arose shortage of cement and the contractors had almost suspended the works. Mallya, who had arrived in his

hometown during this time, summoned the engineer who explained the problem. As soon as Mallya returned to Delhi, he approached the Secretary of the Finance Department and arranged for release of sufficient funds, transportation of two wagons of cement on priority basis and directed the officials to go ahead with the works.

The KREC's genesis holds that when Lal Bahadur Shastri was the Education Minister, he had proposed setting up of 17 RECs across the nation including one at Bagalkot. Mallya approached Shastri and demanded an REC for Mangalore instead of Bagalkot, citing that the district had several meritorious students who had to migrate elsewhere for higher education. Shastri agreed to the demand. The same night Srinivas Mallya is said to have telephoned ML Shrestha, the PWD engineer in Mangalore, and asked him to inspect a vacant plot of land at Suratkal for the proposed engineering college. He even instructed the engineer to get a temporary shed constructed at the site with the help of VS Kudva, a leading industrialist. As promised, Mallya got the KREC, now one of the prestigious engineering colleges, which was inaugurated by Lal Bahadur Shastri. Mallya proved his words when the first batch of the students bagged 105 out of the total 109 ranks given by the Mysore University.

In 1962, while on an official visit to the region, Lal Bahadur Shastri, the then Transport Minister, along with Raj Bahaddur, then Tourism Minister, were taken by Mallya on a road trip from Mangalore to the pilgrim town of Kollur.



US Mallya With Lal Bahadur Shastri

The tiresome travel took exactly ten hours as they had to cross five rivers en route. When they finally reached Kollur it was 10 pm and the temple had closed its doors. The leaders offered prayers to the Goddess the next morning and returned by the Karkala route to Mangalore, which took just two hours. Shastri was taken aback and when he questioned Mallya, Mallya replied: "Sir, you might have faced this hardship just once, but the people here have to endure this every day. It was just my humble effort to make



US Mallya planting a sapling in Car Street on the occasion of his 60th Birthday

you understand their plight in the absence of bridges." That was it. All five bridges were immediately sanctioned.

In 1963 when Mallya completed 60 years, his admirers arranged a celebration at the KMC Auditorium. After speeches by many eminent personalities the gathering was eagerly waiting to hear their leader speak. When his turn came, Mallya stood up and gave a smile and said humbly: **"Please do not ask me to give a speech any time. Please let me know if you want me to work for development of your town and area. Namaskar."** The crowd was dumb struck by the anticlimax, but was nevertheless impressed by the simplicity and sincerity of the man.

The end came rather suddenly on 19 December, 1965. On that fateful day, Mallya who was on way to the airport in Delhi to return to Mangalore, suddenly developed chest pain. The car was immediately diverted and he was rushed to Ram Manohar Lohia Hospital where despite the best efforts doctors could not save his life. Prime Minister and Mallya's close friend, Lal Bahadur Shastri, who was in Uttar Pradesh, cut short his visit and rushed to Delhi to pay his last respects to Mallya. Shastri even arranged his personal jet 'Megha Dhoot', to take the mortal remains of Mallya to his home town. A sea of humanity including a host of friends and admirers of Mallya had gathered and took part in the funeral procession which began from his residence and reached Bolur crematorium via Urva, Lalbagh, K S Rao Road, Light House Market Road and Car Street. The slogan 'Srinivas Mallya Amar Rahe' reverberated and touched the skies. Tears rolled down many cheeks as the mortal remains of the great son of the soil were consigned to flames, thus bringing to end a glorious life that was dedicated for the cause of the society.

Adapted for the Voice of GSB by the editorial team based on an article by Mahesh Nayak and Jayashree Sudhir for "Mangalore Today" with inputs and Photo Collection: Kasturi Balakrishna Pai



Hi friends!

This issue we have an interesting quiz on books and English language.

Did you know reading is the best form of self educating oneself? And, there are no limits or boundaries to what one can learn and become!

Reading offers one a form of relaxing and learning at the same time. So why not let books feed you? It helps you to become better, wiser and smarter. There is a World Book Day celebration! It's a celebration of authors, illustrators, books and (most importantly) it's celebrates reading. In fact, it's the biggest celebration of its kind, designated by UNESCO as a worldwide celebration of books and reading. It is celebrated in over 100 countries in the world. This is the 21st year of World Book Day. On 1st March 2018, children of all ages will come together to appreciate and enjoy reading.



Here are some different types of books . Find the answers which is given in jumbled form .

1. A book that tells us how to do or use something
2. A book of words in alphabetical order and their meaning is known as
3. A book that contains list of people's telephone numbers
4. A book to keep photographs is called.....
5. A book which has list of books
6. A book which has a published collection of poems, stories, excerpts etc.
7. Books that tell story made up by author.....
8. A books of maps is called an
9. A book with blank pages to write about what happens every day is a
10. A book that contains names of all the students in a class is called the

Homonyms are words that sound the same, but are spelled differently, and have different meanings. Let's explore some of them.

1. Did you _____ that _____ dogs are allowed in the park? It's not a dog park. (no, know)
2. I can't wait to _____ Neha, when she is _____ in concert. (here, hear)
3. _____ are you ever going to _____ that ridiculous shirt? (wear, where)
4. The businessman _____ his flight so he had to call his office. (mist, missed)
5. Mother _____ whenever I ask her to do something. (size, sighs)
6. The _____ around the castle was full of crocodiles. (moat, mote)
7. The pulmonary _____ carries blood from the lungs to the heart . (vain, vein)
8. The _____ of her dress had lace trim. (yolk, yoke)
9. The orchestral piece ending with a loud _____ crash. (symbol, cymbal)
10. A deer can also be called a _____. (heart, hart)
11. The dictator wanted to _____ power. (seize, seas)
12. Mind _____ language. (yore, your)
13. Please say "Cheese" _____ now for a beautiful picture. (altogether, all together)
14. Lack of oil made the engine _____. (sees, sieze)
15. Ravi heard his team mates _____ when his shot missed the goal. (grown, groan)

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LT. COL. AJIT BHANDARKAR – A MARTYR

“To an understanding wife to understand the army better” - read the inscription on the book that was my last birthday gift from my husband.

January 1990. I first met Lieutenant Colonel Ajit Bhandarkar. It was a typical boy-meets-girl situation. He told me that the army unit was a family, and sometimes a dozen officers may show up at 10:30 at night, and I would have to cook and serve them dinner.. When my dad heard of our conversation, he started shopping for large dinner sets!



Remembered by his wife,
Shakunthala Bhandarkar

When we got married, he was posted at Ferozpur in Punjab and that is where I went. I learnt what it was to be an army wife there. In the years that followed, we had travelled across the country — Pune, MHOW, Sikkim, Tamil Nadu and Delhi - and I used to be with him in all peace locations. He encouraged me to study further so that I could be independent and occupied. But I only had one complaint with him - that we never spent enough time together. He would tell me I should be glad he at least gets his annual leave.

In 1998, he was posted in 25 Rashtriya Rifles as a second in command after a tenure at the MS Branch, Delhi. He never used his position to get a peace /soft field posting. When I asked him why he couldn't opt for peace field postings, his answer was simple. "If everyone did that, who will then go to hard field and tough areas??" He left, and I stayed in Delhi, joining a school as soon as I finished my B.Ed. In 1999, the Kargil war was announced. He was upset and disturbed by the casualties Indian army faced. I would send pictures drawn by our children to cheer him.

On October 29th, 1999, he called and spoke to the kids. I took the phone and started jabbering about everything that was happening. On 30th October, around 6:30 pm an officer walked into my home and told me my husband was martyred. I was in denial. I said someone from the Unit, had to call me for me to believe it. Around 8:30 PM, I got the call from an Unit officer, he said, "Lieutenant Colonel Ajit Bhandarkar was martyred fighting militants at Faizalabad. Though he was injured he continued to fight and eliminate three militants. But during the act, he suffered gun shot wounds in the head and attained martyrdom."

When I saw his body, I was still in denial. He looked like he was asleep. I could not believe my eyes. I could not accept the fact that a few bullets would take someone's life, after all Aamir Khan lived in "Sarfaroosh", which was also the last movie I saw with Ajit. But reality is different to what we see in movies. I broke down. When his luggage arrived, I never opened it for a long time. I used to run away from reality. In 2000, he was posthumously presented the Shaurya Chakra Award.

Our kids were too young to know the magnitude of what happened. For a long time, I never told people that my husband was martyred. Society views a single lady with two kids differently. I was sure I did not want pity. So for a long time, I never put his pictures or his medals on the wall. I continued to be an army wife whose husband was in the battle field.

Over the years, I met so many people whose lives Ajit touched. One officer even named his daughter Ajitha in gratitude after Ajit saved his life.

Today, both our sons are in the forces. People asked how I could send them both to the forces, but I believe that death is unpredictable and inevitable. More so it is an honour to die for the country. For our tomorrow, he gave his today!

G.S.B. SABHA'S SPORTS CLUB INSTALLS A BOWLING MACHINE



G.S.B. Sabha's Sports Club is very happy to have on its ground a cricket Bowling Machine. We have purchased a New Tiger 4 Pro Bowling Machine. The machine has straight, spin and swing options, can bowl at a speed of 10-90 mph and has auto-feeder included.

We are very sure this machine will add great value to the cricket camps and practice happening on Sabha's Sports Ground.

CANCER AWARENESS

The word cancer itself brings fear and anxiety in the minds of people. Cancer is a difficult journey, both for the one who is suffering as well as their caregivers. This is further compounded by incorrect notions and incorrect ideas in the minds of the people related to cancer and its treatment. My endeavor is to provide the right guidance and correct knowledge on everything related to cancer.

Cancer is a disease caused by uncontrolled division of abnormal cells in any part of the body. 90% of cancers are caused by our habits while 10% of cancers are inherited from our family. The most common habits leading to cancer are tobacco and alcohol consumption. The other risk factors for cancer include infection, diet, physical activity and obesity. 3 most commonly occurring cancers in India are breast, cervical and oral cancers. The cost of cancer treatment is high and this could lead to financial catastrophe as well as psychosocial stress for the patient and his family. Fortunately, all the 3 tumors can be prevented, if detected early.

Oral cancer is the most common cancer among the men in India. Tobacco use and alcohol are the major risk factors for development of oral cancer in India. It has been well established that all oral cancers are preceded by some visible clinical changes in the mouth in the form of a white or red patch (precancerous lesions). Most of these lesions are asymptomatic and the main aim of treatment is to prevent or detect cancer development early. Avoiding tobacco, tobacco products and alcohol, maintaining good oral and dental hygiene, discouraging children and young adults from consuming tobacco and tobacco products and getting regular dental checkups are some ways to prevent oral cancer. Self-examination of the oral cavity or oral visual examination by a doctor helps to detect precancerous conditions or oral cancer early.

Breast cancer is the most common cancer in women in India, more common in urban compared to rural population. 1 in 22 Indian women can be diagnosed with breast cancer in their lifetime. Maintaining a healthy weight, no smoking, regular physical activity and no alcohol use are some factors that can help lower the risk of breast cancer. Regular breast self-examination may help to discover any changes in the breast early. It is advisable to get a mammography done regularly once you are above the age of 40 years.

Cervical cancer is the 2nd most common cancer in Indian women, with the incidence higher in rural women. It is most commonly caused by an infection with specific high risk types of human papilloma virus (HPVs). A Pap smear is recommended for women between 21 and 29 years once every 3 years. In case a woman is between 30 and 65 years, a Pap smear + HPV test is recommended once every 5 years.

Early detection is the key to prevention in all these cancers. It can save many precious lives and improve the quality of life of many patients.



by Dr. Shravan Shetty
Of Asian Cancer Institute

PUTTING WOMEN IN THE DRIVERS SEAT - SNEHA KAMATH



Awarded as the
"First Lady"

Sneha being a staunch believer in egalitarianism always felt that she should do something for the empowerment of women. She Can Drive was born from this same belief. She Can Drive is the only training institute in India that teaches only women to drive.

The institute was founded in the year of 2012 and has successfully trained over 650 women to drive until now. Sneha has single handily been able to train these women. She feels that if you love what you do and are passionate about your work then nothing in this world can stop you from achieving your goals in life. She has trained women with all kinds of challenges related to driving. The most common challenge that she has to overcome is the fear of driving in bumper to bumper traffic and the lack of confidence in oneself. Sneha not only has the technical expertise and the know how to drive but also has great counselling skills that work well with her students who don't just become good drivers at the end of the training session but also gain self confidence in doing whatever they want to do in life. The training course duration is of 10 days consisting of an hour each day however most of her students learn to drive even before the completion of 10 sessions and drive on their own.

Sneha has made a great impact on the lives of several hundred women by making them independent in true sense from their spouses, relatives and drivers on whom they were depending to be driven around for things of necessity. Sneha has taught them a skill that they will remember for lifetime. Sneha now plans to expand the She Can Drive team of trainers in order to be able to train more women to drive. For this she has already identified and trained a couple of women. One of them is a house maid and the other is a woman from the slums of Dharavi. Sneha wants to train more of such less privileged women from the lower income strata, help them with their licensing and support them at her own expenses. Sneha wants to empower these women so they can stand on their own feet and make a decent living for their families. For others, she will give them all assistance in securing driving jobs at women oriented cab companies and other organisations needing women drivers. With She Can Drive, Sneha is on a mission to see more and more women driving on Indian roads!

Awarded as the "First Lady" in the event in Delhi from the President Mr. Ramnath Kovind for being a one of its kind driving school for women which is run by a woman and the founder for India's first car driving training center for women. It was organised by the Ministry of Women and Child Development, Government of India.

Also felicitated by Member of Parliament. Mr. Gopal Shetty for the unique concept.

Been a Panelist in the US embassy in a talk show called "Success stories of emerging entrepreneurs" an event organised by FICCI and felicitated by the FICCI Vice President Mrs. Monica Chaturvedi.



Awarded as the "First Lady"
in the event in Delhi from the
President Mr. Ramnath Kovind

TRULY INDIAN

'You cannot be a South Indian,' said my Kannadiga neighbour in Bengaluru, 'Your language doesn't resemble ours, nor do your food habits. You say you are Brahmins but eat fish,' she ended wrinkling her nose.

'You are a South Indian' said my friend in Delhi, 'your silk saris and gold and diamond jewellery shows that you from down under, you cannot be a North Indian. You do not have the flamboyance nor the style.'

And when we were in Nagpur, they said that our pujas and jewellery were like the South but our colour and food habits were of the North. Our language Konkani was 'todki modki Marathi' and some of the words in our language were like in Bengali.

So I, a Gowda Saraswat Brahmin, decided to find out for myself what we actually were. My thesis was on Konkani language while doing my post-graduation and I traced our language and the words in it to Kashmir, meandering south western on the banks or the now extinct Saraswati river (hence Saraswats) and going eastwards towards Bengal (Gowda desh so Gowda Saraswat Brahmins) Probably that's how we incorporated fish in our diet despite being pure Brahmins. From there we are said to have crossed over the Vindhyas, settled in Goa and fled Southwards towards Karnataka and Kerala to save ourselves from the persecution of the Portuguese. GSB pockets are in Mangalore, Kochi, Belgaum, Konkani and other places.

Some GSBs went up to Dwaraka and by ship they sailed to Goa. For their stay in Dwaraka, the Gowda Saraswats are nicknamed as Dorkes also. Some Bengali words, some Bihari words, a tradition from one state and a habit of another state, we Gowda Saraswat Brahmins are truly and complete Indians as we have a bit of every state in us.

We use coconuts and coconut oil in our cuisine. We use rayi (sarson) in almost every dish. We have unique items like pathrado (another version of aloo wadi in Marathi, or patra in Gujrati), bamboo shoots like in Assam, dal like in the upper half of our country, rice like the south and a long variety of wheat items like appos, and shevayi.

Our jewellery includes diamonds in the nose and ears like Tamilians, while our mangalsutra is like the black beads of Maharashtrians. In fact we have two mangalsutras, one of black beads given by the parents and one of corals brought by the in laws.

We have unique festivals (I have yet to find out which region they have come from). One is the vayna puja, performed a day before Ganpati. While Maharashtrians celebrate hartalika puja, we observe vayna Puja. This consists of five, seven, nine or multiples of coconuts being decorated like Gowri's face. Haldi, Kumkum, Kaajal, sindoor (a relic of Gowda desh, perhaps) are used to make it and after the puja these coconuts are given to elder ladies along with a diya lit on it. It is an elaborate puja, handed from mother in law to her daughter in law (not her daughter) and only a selected few perform this puja. Chudi puja doesn't mean puja of bangles. It is a tulsi puja done with bouquets



By Dr. Veena Adige

of colourful flowers tied together and given to all married ladies on every Friday and Sunday of the month of shraavan. At this time the countryside is full of wild flowers and these are the ones used along with the simple durba (grass blades). It is said that these flowers went to God and complained that while roses, lilies, jasmines and other flowers were used in His puja, they were neglected. And God is said to have said that the GSB ladies will use only these wild flowers for the chudi puja. These chudis are now sent by post, pictures by emails or WhatsApp unlike in the earlier days when they were given personally by going to the elder's houses. And now instead of every married lady performing it, samuhik (joint) pujas are done, which means all can exchange the bouquets, meet and have a nice time.

Interesting anecdotes are told about the GSBs. It is said that while our ancestors were living on the banks of the river Saraswati, there was a famine of sorts when no grains or vegetables were available. And the community head is said to have told us that we could fish, cook the body without the head and the tail which were to be thrown back into the river. He is said to have used his miracle powers to make these fish alive again joining the head and the tail. That is why Mangaloreans do not eat the complete fish.

The GSBs have four religious maths-Kashi, Gokarn, Chitrapur and Kawle. And our temples are found in Goa, one even in Assam. Kuladevatas are mainly in and around Goa and every GSB family visits its kuladevata at least once in his lifetime, wherever he is. Our wedding customs are unique, probably picked from various places from where our ancestors passed through. Our brides wear the silk saree in a nine yard fashion with a white cloth in the shape of a V covering the blouse, like the fisherwomen of Maharashtra. We have a nose stud but not a nath. We wear toe rings but they are different from the ones of other communities. We use kumkum, not haldi or sindoor. We have the traditional kanyadaan, the exchange of garlands, the saptapadi but we also have Ganga puja, and a unique ceremony called uddhada muhurat which is an important part of the wedding. Here the boy and the girl grind udid dal and moong dal with the help of their close relatives. In olden days (and now repeated by some) our weddings lasted five days. But all the rituals were compressed into one day and hence the girl changes at least four saris during the function. We do not have ghodi, baraat or doli but we have a ceremony where the ladies of both the sides stand facing each other, then five ladies of the girl's side go forward and offer kumkum, betel leaves, rice, and flowers to the bridegroom's side who accepts them and reciprocates. Then both parties mingle and go together into the wedding venue. What a sweet custom!! Originally the girl's side bought only two saris for the girl while the boy's mother brought five for her. The girl's parents presented the boy with a 'sanduk' which consists of silver plate, a silver matka, a silver glass and a spoon, five 'mudras' which are used by every Brahmin to decorate himself during the sandhyavandan (ritual

done every day after the brahmopadesh ceremony performed when he is around eight to fifteen years old). He starts to go to kashi with an umbrella in his hand and the bride's father brings him back, offering him his daughter, silver and other gifts and makes him the bridegroom.

Our community people are called Saraswatiputras as we are highly qualified and hardly venture into business. Literacy is almost hundred per cent. We are mild in nature, broadminded and quite modern in our thinking. We have eminent people like Uncle Pai of Amar Chitra Katha, M V Kamath, well known journalist, K V Pai, BSD Baliga, Amemal Subbaraya Pai, Manipal Pais, to name a few in our community. Finance, Medicine, Engineering, Journalism, Art, Theater, Movies, Business, Restaurants, GSBs are found everywhere and now quite a few are in USA and Australia, New Zealand.

Finance and Banking are our forte. The Canara Bank was established by Amemal Subraya Pai at Mangalore in 1906, the Syndicate Bank was founded by Padmashri T M A Pai, Upendra Pai and Vaman Kudva in Udupi in 1925, and the Corporation Bank a public-sector banking company is headquartered in Mangalore. T. A. Pai and then K. K. Pai brought quite a few GSB youth into the arena of banking and finance. During the year 2000 A.D., five out of twenty governments owned giant banks had GSBs to head them as Chairman & Managing Directors. They are Andhra Bank- B. Vasanthan, Bank of Baroda - P. S. Shenoy, Canara Bank - R. J. Kamath, Syndicate Bank - D. T. Pai and Union Bank of India - V. Leeladhar. K. V. Kamath, MD & CEO of ICICI, one of the largest financial institutions of Asia, is another great name for innovations in the financial sector.

The GSBs from Udupi and Mangalore have the credit of starting the Udupi restaurants across the country. Some of them are still successfully running. Rama Nayaks, Madras Cafe, Mysore Cafe and Anand Bhawan in Matunga in Mumbai are all run by GSBs. Vijay Mallya, Sunil Gavaskar, Sachin Tendulkar, Prakash Padukone, Deepika Padukone, Girish Karnad, Amrita Rao, Shyam Benegal, Vitthal Kamath, Gurudas Kamat, Pandit Jeetendra Abhisheki, Suman Kalyanpur to name just a few are also GSBs.

All the above mentioned shows that we, GSBs are truly complete Indians and cannot be compartmentalized into any one community.

A THING I CANNOT DO WITHOUT – SUMMER HOLIDAYS

The word 'Summer Holidays' attracts sheer delight for children inclusive of me. I have a special liking for vacations. In the vacations, I always strive and actually live the period to the fullest leaving no stone unturned. I am on top of the world during vacations. For me, sheer delight, pleasure and excitement are synonymous with vacations.

I just can't imagine life without vacations. Although I give first priority to studies, I love this period of enjoyment. Examinations come as a barrier and a period of burning the midnight oil for me. The desires to enjoy my mind. But I at that time with head and my wish happy and proud the exams. At the "enjoy" studies an hour. Although satisfaction which

The holidays are quality time with new people golden opportunity which will refresh native or pay a visit results in finding,



Written by -

SHREYA S SHENOY

STANDARD – VI (2015-16)

keep bubbling up in can't afford to do so loads of work on my to make my parents of me for excelling in same time my caring Mother encourages me to and at the same time gets me to play for at least I get a chance to play, I don't get the same I usually do during vacations.

the best times to travel and share some good our family. It is said that "Travelling and meeting enhances your knowledge." This short break is a for a perfect getaway to a pleasant tourist spot us. Our Usual summer ritual is to either visit our to a tourist spot. Apart from all this, travelling new memories to cherish and remember.

Well, if you ask me for me, vacations are a time to bond over my hobbies, doing what I want to, developing good habits be it reading, writing and so on. Being an avid reader, I search for new books to read and try to enrich my vocabulary and speaking skills. Vacations thus help me in my overall growth. Therefore these facts prove that I cannot do without summer holidays.

To encourage our young minds to take up writing and unleashing the creativity in them, VOG would like to start a series on Articles written by school going children. If your child is a writer, kindly send us his/her article on our email address gsbsabha@gmail.com and we shall be proud to print it in our publication. Sabha's decision to print will be final.

DID YOU KNOW???

NKGSB CENTENARY SKILL DEVELOPMENT CENTRE INAUGURATED AT WORLD KONKANI CENTRE



MANGALURU: World Konkani Centre (WKC) doubled space for its residential flagship training programme - Kshamata and Kshamata UGetin imparted to students at its Shaktinagar premises. Inauguration of NKGSB Centenary Skill Development Centre by Kishore Kulkarni, chairman, NKGSB Bank on Saturday now means WKC has classroom space to simultaneously train 160 students. The bank handed over a cheque for Rs 11 lakh to WKC towards setting up the centre.

WKC has organized 104 camps for Vishwa Konkani Student Scholarship Fund beneficiaries under Kshamata programme benefitting 5,088 students involving 15264 camp man-days of training. It has also organized 43 other training camps for students under Kshamata UGetin programme and those from Kudubi and Kharvi communities benefitting 1942 students entailing 9982 camp man-days, noted Giridhar Kamath, convener of the Kshamata training programme.

Citing transformational episodes that these training programmes have brought about among the beneficiaries, Giridhar said core team of trainers play their parts to perfection to infuse much-needed life skills among the students and made them market ready. With these programmes residential in nature, WKC has put up the necessary infrastructure to ensure that students get the maximum benefit during their stay on the Shaktinagar campus for the duration of training.

Assuring to support WKC in future as well, Kishore Kulkarni said the Mumbai-based bank that originated in Karwar and in the midst of its centenary year celebration is happy to be associated with this venture of the Centre. Rajan Bhat, director of the bank advised the students to use what they learn at the training programme in their actual lives. PG Kamath, deputy MD of the Bank, Basti Vaman Shenoy, president of WKC, Pradeep Pai, secretary, VKSSF were present.

OBITUARY



Shri Surendranath V. Shenoy

Date of Birth : 19th December, 1942

Date of Demise : 26th January, 2018

Shri Surendranath Venkataraya Shenoy, General Secretary of Kinnigoli GSB Association for the last 50 years, that owns and manages Shri Rama Mandir at Kinnigoli, has left for his heavenly abode on 26th January, 2018 after a very brief illness. He has left behind his wife, three daughters and grand children besides a large numbers of relatives, friends and well wishers. He was also dedicated to social service through the Rotary Club of Kinnigoli and contributed significantly to the establishment of the Rotary English Medium High School. He was a very good singer of Bhajans and Kirtans and led the "Santa Mandali" of Kinnigoli Shri Rama Mandir.

We share with the sadness of his family Members who bear the irreparable loss and also pray to the Lord Almighty for the departed Soul.

-K. G. Mallya

ANSWERS FOR KIDS CORNER

ANSWERS FOR JUMBLED WORDS

1. MANUAL,
2. DICTIONARY
3. DIRECTORY
4. ALBUM 5. CATALOGUE
6. ANTHOLOGY 7. FICTION
8. ATLAS 9. DIARY
10. REGISTER

ANSWERS FOR HOMONYMS

1. KNOW, NO 2. HEAR, HERE
3. WHERE, WEAR
4. MISSED
5. SIGHS 6. MOAT 7. VEIN
8. YOKE 9. CYMBAL 10. HART
11. SEIZE 12. YOUR
13. ALL TOGETHER
14. SEIZE 15. GROAN

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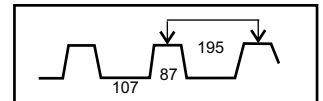
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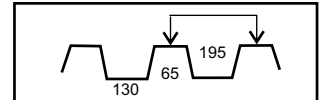
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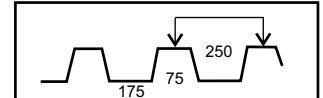
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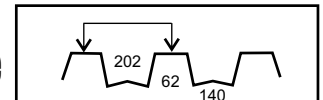
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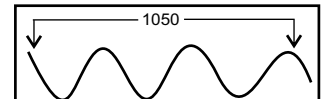
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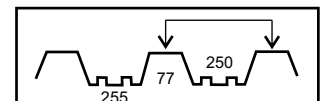
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MUSICAL INSTRUMENTS OF INDIA SERIES 4: TANPURA- THE MYSTICAL DRONE IN INDIAN MUSIC

Aficionados of Indian music who were fortunate to have attended the legendary vocalist Bhimsen Joshi's concert, would have never failed to hear the resonant sound that the strings of his Tanpuras (at times, four Tanpuras playing together) would create, when plucked in lilting rhythm, setting the right mood for unfolding the layers of the Raag, that even the lay listener could guess the Raag that would follow, transcending the audience to a state of absolute bliss. Bhimsenji would not strike his first note, unless he heard this sound that was closest to his heart, ringing in the ambience in absolute tune and perfect balance for a few moments, as if he was bowing down to invoke the Swara Devata, pleading him to let his music merge with this mystical sound. This was never compromised with, since this profound sonic structure provided him the perfect canvas to embellish his music on, with the best possible freedom of expressing its various elements.

Why Bhimsenji alone, every serious student of music or any performer of the highest calibre, would swear by this instrument, which has been a constant companion through their journey in music, be it in their daily Riyaz or in a performance, making them comprehend the nuances and subtlest layers of intricate intonation, in search of the 'Saccha Sur' embedded with the intermediate 'Shruti s', while following the path of attaining 'Swar-Siddhi', which is the ultimate aim of every Sangeet Saadhak.

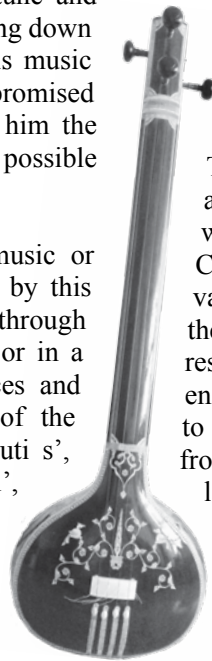
Whether it is a Mehfil of Hindustani Raag Sangeet or a Carnatic Kacheri, the instrument commonly seen in these is the Indian Tanpura or called by different names such as the Tambora, Tambura, Tanpuri, Tamburi etc. by some, depending the lineage or tradition that that particular student or artiste belongs to.

Often, this long-necked string instrument, due to its resemblance in shape and size, is confused with the Sitar, but like the Sitar, it doesn't have frets neither can any melody or tune be played on the Tanpura independently. Rather, it provides a continuous drone sustain of the tonic or reference note (Aadhaarswar) of the singer or performer. The Tanpura is plucked following a continuous cyclical loop, seldom changing through the performance, not matching the rhythm of the soloist or accompanying percussions. Nevertheless, the dynamic sound of the strings played in unison with their spectrum of subtle overtones, is rich and vibrant and the interactive harmonic resonances and responses amalgamate with the tones and expressions sung or played by the artistes on stage, adding lustre to the music.

The history of the derivation of the name of this instrument has many origins, one being from the Persian tanbūr. In Hindu mythology, Narada is seen playing an instrument smaller in size but having a similar structure, more like what we call a 'Tanpuri' today, being a smaller version of the Tanpura. We can even find references of the Tanpura in Raagmala paintings or miniature Mughal paintings.



By Sudhir Nayak



The size of a Tanpura is generally between 3 and 5 feet in length, small or big, depending on its pitch for female vocalists and male vocalists respectively, and a smaller version called 'Tanpuri' as mentioned earlier, is used for accompanying instrumental solo recitals. The shape of the Tanpura is beautifully designed with a straight, long piece of seasoned and kiln-dried hollow wood (usually varieties of Tun better known as Spanish Cedar or at times Teak) called the 'Dandi' with a selected variety of a hollow dried pumpkin Gourd (Bhopla), called the Tumba forming the lower chamber at the other end to resonate the sound of the strings attached on the lower end of the Gourd. A particular variety of gourd supposed to be appropriate for this purpose, used to be imported from Zanzibar at one point of time. Nowadays, it is grown locally in Pandharpur, coincidentally, known as the 'Naad-Brahma Kshetra' of our country. Covering the open end of the gourd is a piece of flat pear-shaped resonator plank of wood known as the Tabli, which follows a traditional carving and finely ornamented inlay work, or is at times carved and designed as per the aesthetic needs of the buyer. The surface of the Tanpura is smoothed by using sandpaper and then polished by hand, preferably with the French Sheller in a spirit base. The strings (usually 4, to a maximum of 6), hooked to the bottom of the Tumba on one side, pass over a small, table-shaped Bridge with a slightly curved top (previously made of Ivory or Stag Horn, now even made of fibre) and are attached to another end to wooden pegs called Khuntis. These Khuntis are twisted to stretch and tune the Tanpura to the desired pitch. Ivory or plastic beads rest on the short space between the attached lower end of the strings and the bridge, which are moved to increase or loosen the tension of the strings while fine-tuning the instrument. There are different styles of tuning the Tanpura to a particular pitch where usually the two middle strings are tuned to the upper tonic or 'Sa', the last string to the base 'Sa' and the first string to the 'Pa', 'Ma' or 'Ni', corresponding to the notes in a particular scale or Raag to be performed. Usually the middle octave strings are made of steel wire, and the last strings of brass.

Once tuned, the inner resonance and tonal variations of each string is enhanced by a sustained buzz, called the Jivari, the tone of which is controlled by shifting a cotton thread (No. 40 being the preferred thickness) positioned between the bridge and the strings, thereby making its harmonic interplay clearly audible. When a string is plucked, it vibrates, moving up and

down gaining amplitude and the sound thereby produced is conveyed, amplified and projected through the air cavity inside the resonating gourd.

The Tanpuras are made mostly in Miraj, Kolkata or Tanjore, each having variations of their own style, design and sound. Performers of Hindustani music usually prefer the Miraj or Kolkata Tanpuras. For Dhrupad-Dhamaar singers, the Tanpura is the only accompaniment for their music since they don't usually have any instrument like the Sarangi or Harmonium for melodic accompaniment, which is why they are totally dependent on this instrument. Interestingly, while engaged in conversation with Balasaheb Mirajkar, a veteran master craftsman from Miraj revealed that their forefathers who later discovered and researched the craft of making Tanpuras along with other musical instruments, were originally bought in and employed at the Adilshahi Kingdom of Bijapur, to manufacture arms and ammunition for their forces. So the history of their journey from 'Sangeen' to 'Sangeet' is remarkable. The Tanjore style Tamboras are usually preferred by Carnatic music performers. In the Tanjore style, the spherical part is scraped out of a block of solid wood (usually Jack) instead of the gourd.

Despite the elaborate process involved in making the Tanpura, the skilled artistry that it requires, the umpteen craftsmen involved in its making for a living and the exquisite sound and tone that it provides, satisfying the numerous artistes who use it, the Tanpura-making industry is suffering heavily. One of the prime reasons is a decline in the demand for the instrument due to its cumbersome structure and delicate body, which makes it difficult for artistes to transport it to different places. Although artisans have modified and come out with small-sized flat-shaped models which are suitable for travel, the acceptance of the technological age by the musicians, shifting to electronic versions of Tanpuras and nowadays even the pocket-friendly Tanpura Apps on their cell phones which are much more handy and convenient to use, to the traditional acoustic Tanpuras, has vastly affected the business. But the master craftsman always would vouch anytime that the genuine artist would always prefer the acoustic Tanpura as their instrument of choice....so much so, that they are convinced that it would make their artistic Tan(thirst)...Pura (complete) in the real sense.

FORM IV
(See Rule 8)

Statement about ownership and other particulars relating to Voice of GSB to be published in the first issue every year after the last day of February

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I, Laxmikant T. Prabhu, hereby declare that the particulars given above are true to the best of my knowledge and belief.

Date : 22nd March, 2018

Sd/-
Laxmikant T. Prabhu
Signature of the publisher

NEWS FROM OTHER GSB ORGANISATIONS

GSBS MEDICAL TRUST- VARIOUS HEALTH CAMPS

Report by Smt. Gita R. Pai,
Trustee – Secretary, GSBS Medical Trust



GSBS Medical Trust has been organizing camps at various places and as a result, health awareness as well as the Medical Trust's activities are getting more popular. It is a matter of honor as GSB Sabha, Mulund, invited the Medical Trust to hold a camp on December 2nd 2017 to commemorate the sixtieth year of Datta Jayanthi which is very popular activity in Mulund. Excellent arrangements were made and it was smooth camp even though there was a long queue of patients for examination.

Another camp was held at Mahim Centre for the residents of neighbouring societies in December. Patients were waiting for the camp to start, which was a happy sign for the GSBS Medical Trust. This gives a signal of the popularity of the centre.

January 21st 2018 camp was held at Dharavi and was sponsored by Lodge Fulchand, an NGO to commemorate their 150th year. As they believe in the medical health of poor people they made a special visit to the camp site and said 'the camp is well organized and an excellent one'.

GSBS Medical Trust was invited to hold one more camp in Wadala Mutt as part of their Annual Day program on the 26th of January 2018. The Mutt authorities fully sponsored the program and saw that all arrangements are made for a successful camp.

For each of these above Camps more than 150 patients took advantage of meeting the specialists and got advice for their personal health problems. On the spot check ups like, random blood sugar, blood pressure, eye, dental, ENT Skin check-ups, orthopedic, BMD test, Gynaec and also ECG was taken and above all a Physician's meet was also organized.

Thanks to the enthusiasm of the GSBS Medical trust's doctors and the staff members who are well trained for this exercise.

GSB PREMIER LEAGUE (GPL) 2018 MUMBAI PALTANS CLINCH TROPHY PLAYING FOR THE FIRST TIME.

The Kodial Sports Association organized the GSB Premier League (GPL) 2018 on 3rd and 4th February, 2018, at the Sahyadri College Grounds, Adyar, Mangalore. In spite of being an absolute unknown commodity in the tournament and debuting in the same, the Mumbai team took everyone by shock by winning the coveted trophy and the winners prize money of Rs 2,22,222/-.

The Paltans fielded a well balanced team with some iconic names in the Mumbai GSB cricket circles - skipper Prasad Nayak and destructive batsman Arjun Bhat. The young but experienced lot of players included Chirag Shanbhag, Mandar Mahale, Rohan Nayak, Prathik Prabhu, Deepesh Nayak, Gurudas Shenoy, Sameer Shanbhag and Mayur Padiyar. The team also had some Mangalorean flavor in its ranks with Sandeepa Nayak, Deepak Kamath and Srinivas Bhat completing the 13-man squad.



One of most important things for the team was about acclimatizing to conditions at Mangaluru. The team reached the city on the day of tournament and understanding the alien conditions was a big task. The softer tennis balls and the evening dew meant players had to rely more on rotating the strike and big hits were rare.

After some exciting league matches, the Paltans were pitted against the formidable team of KBC, Karkala, in the finals. The crowd was in for a classic nail-biting final as the exciting game reached the last over of the match before Prathik Prabhu sealed it for his side with a boundary. The Prasad Nayak-led side, debuting in the tournament, showed some really tough spirit as they recorded 4 wins out of the 5 matches played including the final.

Mumbai Paltans team was efficiently managed by Varad Mallya, Nagendra Bhat, Prashant Puranik, Ganesh Kini, Ajith Bhat with help and support from others including its owner Shri Raghunandan Kamath, Co-owners – Harish Bhat and Dilip Kamath.

NEWS FROM OTHER GSB ORGANISATIONS

GSB YUVA SAMMELLAN – 10th & 11th FEBRUARY, 2018

**At Nasik Sri Kashi Math
A report by Shri R G Bhat.**

About 160 boys and girls of Mumbai joined together with jai jaikar of VEDVYASA BADARAYANA GOVINDA GOVINDA!!! SHRIMAD SUDHINDRA THIRTHA SWAMI MAHARAJ KI JAI SHRIMAD SAMYAMINDRA THIRTHA SWAMI MAHARAJ KI JAI GANAPATHY BAPPA MORYA!!!!

One bus left on 9th February at 7 pm from Dadar then to Vashi. Two buses left from Dahisar Kashi Math to Thane, Dombivili and Kalyan which met at Bhiwandi point with lot of enthusiasm, happiness and togetherness under the leadership of Prashant Puranik, Varad Mallya, Krishna Pai, Vishnu Kamat, Nagendra Bhat, Sooraj Nayak, and Nitin Prabhu. The buses reached Nasik at 1.30 am on 10th February.

GSB Nasik team welcomed all the delegates and accompanied us to our respective accommodation. All the delegates checked in and were asked to get ready at 5.30 am to have darshan of Lord Trimbakeshwar, along with our Swamiji.

All were ready with enthusiasm at 5.30 am and went in their respective buses to have a glimpse and darshan of the Lord. After which Phalahar was arranged at Kashi Math. Post which everyone joined for snana at the Ramkund at the Godavari river.

A grand welcome was given to our Swamiji with jai jaikar by all the delegates and samaj Bhandawas.

Swamiji performed pooja of Pavitra Ganga Godavari and then with Sankalp took 24 dips in the Ramkund. The men took dip in RAMKUND with Swamiji. This experience was memorable to one and all.

Swamiji then performed Japa and all youngsters performed the Sandyavandan. All the lady delegates then got in RAMKUND for prokshan, and then visited famous Kapaleshwar Temple and Kalaram Temple for darshan.

All returned to the Math with lot of happiness in their mind and joined in for the Madhyana Pooja to Vyasraghupati. After Samaradhana everyone assembled for the Sannellan.

The Sannellan was inaugurated by garlanding the portrait of Param Poojaniya SHRIMAD SUDHINDRA THIRTHA SWAMIJI, and lighting of lamp by the Senior members of Mumbai and Nasik samaj.

Introduction of the need and reason for sannellan was briefed by Shri R G Bhat. Shri Mohandas Mallya narrated his experience. Vedmurthy and Principal of Nigamagam Patashala Mangalore, Shri Sudhakar Bhat mam guided the Youth about our Dharma and Culture. Shri Deepak Shenoy of Vashi briefed everyone present on the need for youth to hold and participate in Sannellans like this.

Then there a Game of Housie with our Dharmic names, which were then discussed for the knowledge of youth. All enjoyed the game, and the winners were given prizes.

Later there was quiz program, with 7 teams named after our Saptarishis. Various questions related to the Vedas, our history, our temples were asked. There were lot of young audience from Nasik and Mumbai who appreciated this interesting quiz. After seven different rounds, the ultimate winning team was Vashishtha Team represented by Dhirti Shenoy, Priya Prabhu of Mumbai and Shreya Gadiyar of Nasik. 2nd prize was won by team Atri represented by Prashant Shenoy, Ashwini Shenoy and Rakesh Kamath and the 3rd prize was won by team Jamdhagni represented by Preeti Bhandarkar, Samiksha Nayak and Atmika Kini. The Housie game and Quiz was moderated by Shri Nand Mohan Shenoy and coordinated by Shri Shivanand Bhat.

After the Rathra pooja and the Rathra Bhojan, was the Mahasabha, which started with prarthana by Vedmurthis and swagatha with garland to Swamiji. Swamiji blessed all the youth



with Pravachan. Swamiji replied to the questions raised by delegates, some of the questions related to the importance of Sandhyavandhan, difference between Upasana and Vritha, the significance of watering of Tulsi plant by ladies and why it should be done before 12 noon, the importance of Gauri Or Vyana Pooja and the significance and who and why all should take Taptha Mudradharana. Also about how to do Namasmarna in an effective manner.

At the end, Swamiji gave Palamantraksata to all delegates and also distributed Momentos consisting of Skybags, CDs, and a paper weight brick containing images of Lord Rama and Swamiji. The Mahasabha concluded at 11.30pm.

Next day, ie 11th February, all offered Usha Pooja to Lord Vyasraghupati and got blessings and prasad from Swamiji. They also participated in the Taptha Mudradharana, and in a tree plantation program, received from the august hands of Swamiji,

There was a unique exhibition of Amchigele food items that many had never heard or eaten, which was relished by all.

At the end all were happy and said they will never forget these golden moments at Yuva Sannellan held at Nasik Sri Kashi Math.

JAI JAI GURU MAHARAJ KI !!!

Our special thanks to GSB Nasik team, led by Shri Nagesh Bhat, Shri. Rajesh Kudva, Baligamam. and the Mahila Vibhag of Nasik, who worked very hard to make this Sannellan a grand success.

Thanks to our Youth Aditya Bhat and his team who captured glimpses of this Sannellan to remain in our memories.

NEWS FROM OTHER GSB ORGANISATIONS

GSB SCHOLARSHIP LEAGUE – INTERACTIONS WITH STUDENTS



GSB Scholarship League is an over 100 years old organization. It's only aim is to financially support the poor and needy students. Our beneficiaries are mostly, children of labourers, tailors, hotel workers, coolies, riksha drivers, small temple archaks, road side tea vendors, farmers etc. Those children are intelligent, but cannot afford the education.

Some intelligent, Mumbai students, were encouraged to study higher courses and the financial assistance to them was given through Prabhu Charitable Trust on the 26th of January 2018.

An interactive session of these Mumbai beneficiary students took place in Mumbai and the CEO of the Trust, Mr.Suresh, was present. Each student, spoke about their dream and how the student wants it to get materialized. It was an interesting program.

Sri S. S. Bhat, welcomed the students, Smt. Gita R Pai conducted the program, Sri Ganesh Shanbhag proposed a vote of thanks.

Sri Vinayak Shanbhag was thanked for providing delicious refreshments.

On February 18th a similar program of MEETING the outstation student beneficiaries was organized for which Mr. Ajit Prabhu of Prabhu Charitable Trust, and his family members were present.

KONKANI UTSAV 2018

Konkani Triveni Kala Sangam, Mumbai (KTKS) presented **Konkani Utsav** on Saturday 27th January, 2018, at Yogi Sabhagruh, Dadar, Mumbai, to celebrate 50th year of Sanyas Sweekar of our beloved **H. H. Shrimad Vidyadhiraj Teerth Shripad Vader Swamiji** of Sri Samsthan Gokarn Partagali Jeevottam Math.

By **Mukund Kamat**
Vice President-Hotels Div Kohinoor group
Konkani Kala Utsav



Both **H. H. Shrimad Vidyadhiraj Teerth Swamiji** & their **Patta Shishya Sri Vidyadheesh Teerth Swamiji**. were brought to Yogi Sabhagruh, by a procession, in a florally decorated "Ratha" from Shri. Ram Mandir, Wadala. After the Ved Ghosh and lighting of the lamp, Shri. Ulhas Kamat, President – KTKS welcomed the gathering. After conducting the Padya Pooja of **H. H. Swamijis** and offering Gaurav Vandana, the programme went ahead with honouring eminent personalities and guests of honour.

Among the 34 dignitaries who were honoured with **Konkani Ratna Award** were Eminent Scientist Padma Vibhushan Shri. Anil Kakodkar, Legendary Singer Smt. Suman Kalyanpur, Marathi Superstar Shri. Ashok Saraf, Shri. Harish Bhat - Chairman - Tata Coffee, Shri. Ulhas Kamat, M. D. - Jyothi Laboratories, Shri. Raghunandan Kamath, Founder & Director – Natural Ice-

cream, Shri. Shyamsunder Keshkamat, Commissioner of Income Tax – Goa & Karnataka, Shri. S. K. Sakhalkar, Vice Chairman – Saraswat Bank, etc.

The Programme concluded with beautifully rendered Sangeet performance by eminent music director Shri. Ashok Patki & his team.

The programme was conducted by Shri. D. M. Sukthankar, Retd. I.A.S. Officer as the Chief Convenor along with Shri. K. Shrinivas Prabhu and Shri. Pradeep Pai as Jt. Convenors.

FOUNDER'S DAY AND ANNUAL DAY AT RKA PANVEL.

A Report by Dr Veena Adige



Ram Krishnaa Academy of Vidhyadhiraj Charitable Trust celebrated the School Annual Day and Founder's Day on February 11 in a glittering ceremony. Smt Kishori Udeshi, former Deputy Governor of RBI and daughter of GSB Sabha's veteran founder member Smt. Sanjeevi Bhat was the chief guest. Shri Sudheendra Hegde, Trustee Chairman conducted the proceedings. Shri Rajan Bhat, Trustee and Chairman welcomed the guests while Shri Mohan Adige, CEO of the school briefed the gathering on the achievements and progress of the school. Shri Mohan Phansekar, Chief Academic officer of IES, addressed the gathering as also the Guest of Honour, educator Smt Shilpa. The Panchayat chiefs of the villages around the school were felicitated while the Chief Guest gave away the prizes to the winners of several competitions. The Best student of every class and the Best Boy and Best Girl of the school were awarded. This year several students have won

prizes in inter school and district level sports and English Marathon.

The program began with a prayer by Sri V S Bhat, lighting the lamp and garlanding the portrait of Shri V R Kamath, founder of the school. Dr Giri Bhat inaugurated the Talent Search exhibition. The third issue of school magazine Expressions was released by Smt Kishori Udeshi. RKA has now established a large library, has an excellent playground for Basketball and football, will have digital classrooms, will go in for science laboratory II for starting Junior college and Kala Vikas auditorium for promotion of art and culture.

A unique bridge has been formed by the students of RKA with the senior citizens of Shantikunj Sewashram and bonding has been done through regular visits, celebrations of festivals and participation in programs. Continuous and intensive Teachers' Training is being conducted by Parisar Asha, an NGO sponsored by Larsen and Toubro through their CSR funding which has also helped build the playground.

In keeping up with the Government's 'Beti Bachao, Beti Padhao' slogan, the management has announced a ten per cent reduction in fees for all the girls of the school from this year. The first batch of SSC students have appeared for their Board Exams this year. The students put up lovely programs ranging from tiny tots dancing to Krishna's pranks, to the latest 'Ghoomar' song from the film Padmavat to the coronation of Chatrapati Shivaji Maharaj. Beautifully choreographed by the teachers, the program was a beautiful poem in culture, history and tradition. The principals and teachers for the school worked hard for the success of the program.

Radhakrishna Kamath

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RECIPES

Nonche

Nonche or pickles are an integral part of our amchi meal. It adds a zing to your meals and our pickles are oil free which is an advantage. As summer is here and tender mangoes and raw jackfruit are in plenty, presenting a few amchi pickles.



by Smt. Anuradha Prabhu
anuradhaprabhu49@gmail.com

KADGI MHAVA ADGAI

In konkani cuisine raw jackfruit(kadgi) is an favourite. Many dishes like chakko, phodi, ghassi are made from tender jackfruit. Normally the inner pith(mhava) of tender jackfruit is thrown away, but it can be used to make a tasty pickle known as adgai. It as an good accompaniment with rice and dalitoi.

Ingredients

- 1/2 cup of chopped jackfruit pith
- 10-12 dry red chillies
- Marble sized ball of tamarind
- 1/4 tsp asafoetida powder
- 1/2 tsp mustard seeds
- Few Curry leaves
- Oil for frying
- Salt to taste

Method

- 1) Wash and cut the jackfruit pith to small pieces.
- 2) Heat oil and fry the pieces till crisp.
- 3) In the same oil fry the chillies lightly but don't burn them or the pickle will be bitter.
- 4) Grind together fried chillies, tamarind, asafoetida and salt to a fine paste adding little water.
- 5) Mix the paste with the fried pieces, check salt and add if required.
- 6) Season the pickle with mustard and curry leaves fried in a little oil. Serve.

PS- This adgai can be kept for a few days. The amount of chillies can be adjusted according to ones spice level.



- 1/2 inch asafoetida cube
- Salt if required.

Method

- 1) Prepare the karambi as per instructions given above.
- 2) Drain the salt water from the cup of karambi, it is to be used for grinding.
- 3) Grind chillies, mustard seeds and asafoetida to a semi coarse paste with the help of the salt water.
- 4) Mix with the karambi, check for salt, add if needed. Transfer to a clean glass jar.
- 5) Can be served in a day or two.

PS:- Chillies can be adjusted as per ones taste, can add more spicy ones if needed.

AMBULI HINNDI

Another variety of green mango pickle is hinndi, this is a slightly dry variety of aromatic pickle. Has a longer shelf life and a great accompaniment with curd rice.



Ingredients

- 1 cup coarsely chopped green mangoes
- 8- 10 bedgi chillies
- 8-10 dry red spicy chillies
- 1/4 cup mustard seeds
- 1/2 tsp fenugreek seeds
- 1 tsp asafoetida powder
- Salt to taste

Method

- 1) Apply salt to the chopped mango pieces and keep aside for few hours.
- 2) Heat a karahi and dry roast the mustard till they splutter, keep aside.
- 3) Dry roast the asafoetida till it changes colour, keep aside.
- 4) Similarly dry roast the fenugreek seeds for a few minutes, keep aside.
- 5) Roast the chillies till it changes colour and becomes crisp. Keep aside.
- 6) Powder all the roasted ingredients to a semi coarse powder.
- 7) The mango pieces would have oozed some water due to the added salt, do not discard the water. Add the powder to the mango pieces, mix well.
- 8) Transfer to a clean jar bottle. The pickle will be ready in a day or two for serving.

KARAMBI NONCHE

With the arrival of summer, tender green mangoes are available in plenty. Clean and cut it into small cubes, apply salt and store in clean glass jar bottles, preferably refrigerate it and we can make karambi nonche whenever desired.

Ingredients

- 1 cup karambi
- 8-10 bedgi chillies
- 8-10 spicy dry red chillies
- 3/4 cup mustard seeds



LAST BUT NOT THE LEAST

GSB Sabha, Mumbai Calendar April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

14th : 2nd Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

15th : 'PARICHAY' Eligible boys and girls meet with their parents and release of supplementary list of eligible boys at Dwarkanath Bhavan Hall, Katrak Road, Wadala.

21st : Monthly Satsang , Sabha Office, 5.30 p.m.

25th : Mahila Shakha Picnic only for ladies, Plush Retreat, Dombivili.

28th : 4th Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

12th : 2nd Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

19th : Monthly Satsang , Sabha Office, 5.30 p.m.

26th : 4th Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

9th : 2nd Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

16th : Monthly Satsang , Sabha Office, 5.30 p.m.

23rd : 4th Saturday, Marriage Information Service, Sabha Office, 4 p.m. to 6 p.m.

List of important dates in the quarter April-June, 2018

Dates	Day	Festival
3 rd April 2018	Tuesday	Anarak Sankashta Chaturthi
18 th April 2018	Wednesday	Akshay Tritiya
1 st May 2018	Tuesday	Maharashtra Day
3 rd May 2018	Thursday	Sankashta Chaturthi
16 th May 2018	Wednesday	Purshottam/Adhik Masarambh
2 nd June 2018	Saturday	Sankashta Chaturthi
13 th June 2018	Wednesday	Adhik Massamapti
23 rd June 2018	Saturday	Nirjala Ekadashi
27 th June 2018	Wednesday	Vatpurnima
1 st July 2018	Sunday	Sankashta Chaturthi

Articles contributed by various members, published in VoG, do not necessarily reflect the views of G.S.B. Sabha & its editorial team.

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Kirthi Kamath, 16 Years



Siddhant Sunil Nayak, 10 Years



Saanvi Sachin Nayak, 11 Years



Saachi Kini, 11 Years



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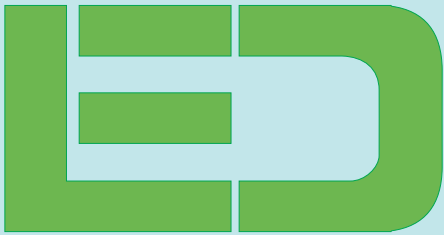
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